OFFICIAL TITLE: Secondary Intention Wound Healing, in Patients Subjected to Surgical Resection of Pilonidal Cyst, Using Alginate Dressings With Silver and High-G Cellulose, Compared to the Use of Simple Gauze Dressings: Examination of the Quality of Life.

BRIEF TITLE: Alginate Dressings Versus Gauge Dressings After Pilonidal Cyst Resection: Examination of the Quality of Life

UNIQUE PROTOCOL ID: Pilonidal QoL
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**Informed Consent Form**

**Research Protocol: Secondary Intention Wound Healing, in Patients Subjected to Surgical Resection of Pilonidal Cyst, Using Alginate Dressings With Silver and High-G Cellulose, Compared to the Use of Simple Gauze Dressings: Examination of the Quality of Life.**

1. **Purpose of the trial**
   The purpose of this study is to compare the application of alginate dressings with silver and high-G cellulose and the use of simple gauze dressings in patients submitted to surgical resection of pilonidal cyst. The present trial will focus on the postoperative quality of life during the secondary intention wound healing.

2. **Procedure**
   Participants will be admitted in the Department of Surgery of the University Hospital of Larissa in order to be operated for pilonidal cyst. Randomly, each patient will be allocated to one treatment group. In the first group Alginate dressings with silver and high-G cellulose will be applied to the wound, while in the second group, simple gauze dressings will be used. Postoperatively, the patient will be hospitalized in the clinic. On both patient groups the same surgical procedure will be performed. The pathological region will be resected, with the use of a scalpel and then hemostasis will be performed with diathermy. The patient will be discharged from the hospital directly postoperatively provided that no major hemorrhage will be present. Wound care will be performed in a specific way each time that the dressings will be removed. The wound will be irrigated with normal saline and betadine solution and finally without pressure the trauma will be dried. Photographic evidence will be taken each week to record the healing process. Maximum follow up will be 1 year.

3. **Hazards and Adverse effects**
   Possible adverse effects include contamination, erythema and haematoma at the operative site. Other complications that may occur include recurrence of the disease or delayed healing. Nevertheless, providence for the treatment of complications has been included.

4. **Expected Benefits**
   The resulting data will help to determine the effect of alginate dressings on the secondary wound healing rate and the quality of life after pilonidal cyst resection.

5. **Publication of Data**
   The participation in this research project implies that you consent to the future publication of the trial results, provided that this information will be anonymous and the individual data of each participant will not be disclosed. The data that will be collected, will be encoded with a serial number and as a result, your name will not appear anywhere.

6. **Information**
   Do not hesitate to ask questions about the purpose or the procedure of the trial. If you have any doubt or question, please ask us for further information.

7. **Consent**
   Your participation in this trial is voluntary. You are free not to consent, or terminate your participation whenever you wish.

8. **Informed Consent**
   I read this form and I understand the procedures that I will follow. I agree to participate in this research trial.
   Date: ___/___/
   Participant Name and Signature
   Investigator Signature

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