

Can You Reduce Diabetes Symptomatology by Becoming Your 'Best Possible Self': The Role of  
Stress and Resilience

Informed Consent Form

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# LIVERPOOL JOHN MOORES UNIVERSITY CONSENT FORM

**Can You Reduce Diabetes Symptomatology by Becoming Your ‘Best Possible Self’?: The Role of Stress and Resilience**

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1. I confirm that I have read and understood the information provided. I have had the opportunity to consider the information, ask questions, and have had these answered satisfactorily.

2. I understand that my participation is voluntary and that I am free to withdraw at any time, without giving a reason and that this will not affect my legal rights.

3. I understand that any personal information collected during the study will be anonymised and will remain confidential.

4. I agree to take part in this study.

Name of Participant

Date

Signature

Name of Researcher

Date

Signature