

1 **Consent Form**

2 **University of Oklahoma Health Sciences Center (OUHSC)**  
3 ***Title: A Device to Prevent Female Urinary Stress Incontinence***  
4 ***Sponsor: Watkins-Conti Products, Inc***  
5 ***Robert E. Hurst, PhD, Principal Investigator***  
6

7 This is a clinical trial (a type of research study). Clinical trials include only patients who choose  
8 to take part in them. Please take your time to make your decision. Discuss this with your family  
9 and friends.

10  
11 **Why Have I Been Asked To Participate In This Study?**

12 You are being asked to take part in this trial/study because you have been diagnosed as having  
13 stress urinary incontinence (SUI), which is that you sometimes leak urine when you move in  
14 certain ways, exercise, laugh, cough or engage in actions of daily living.

15  
16 **Why Is This Study Being Done?**

17 The purpose of this study is to test whether the Yoni.Fit device will prevent or at least  
18 substantially reduce SUI in women and whether women will wish to use it.

19  
20 **What is the Status of the Device Involved in this Study?**

21 The Yoni.Fit is an investigational device that is not approved by the US Food and Drug  
22 Administration.

23  
24 **How Many People Will Take Part In The Study?**

25 About 50 people will take part in this study, all of whom will participate at this location.

26  
27 **What Is Involved In The Study?**

28 When you appear for your appointment, you will be asked to void and will be given a liter bottle  
29 of water that you will need to drink over the course of the next 15-20 minutes. You will then fill  
30 out 4 short questionnaires that we will use to determine how severe your incontinence is. You  
31 will also fill out a short health questionnaire that mostly will be used to confirm that you are  
32 eligible for the study.

33 An hour after you have finished drinking your bottle of water, you will be shown how to use the  
34 Yoni.Fit. You will then be given the device and a pad, both of which you take to a restroom  
35 where you will insert the device as instructed and slip the pad into your underwear. In a private  
36 room, you will then perform the following challenges. (a) Stand from sitting 10 times. (b) Cough  
37 vigorously while standing. (c) Bend down to pick up small object. (d) Perform ten jumping jacks.

38 You will then return to the restroom, remove the pad and place it into a sealable plastic bag,  
39 place in a new pad, remove the Yoni.Fit and return it and the used pad in its sealed bag to the  
40 study coordinator. You will then repeat the challenges without the Yoni.Fit in place and return  
41 the second pad in the sealed bag to the Study Coordinator. Half of the patients will perform the  
42 challenges in the opposite order without the Yoni.Fit in place first and with the device in place  
43 second. You will then fill out a short exit questionnaire. Following this, you are done and will  
44 receive a gift card worth \$100 as compensation for your time.



45 **How Long Will I Be In The Study?**

46 We think that you will be in the study for an hour and a half to two hours. There may be  
47 unanticipated circumstances under which your participation may be terminated by the  
48 investigator without regard to your consent, including if you are unable to perform the physical  
49 challenges. You can stop participating in this study at any time. However, if you decide to stop  
50 participating in the study, you will no longer be eligible to obtain the gift card.

51

52 **What Are The Risks of The Study?**

53 The risks of the study are minimal. It is possible you may experience some discomfort from  
54 inserting the Yoni.Fit. There is a very small risk that you could develop a urinary tract infection.

55

56 **Are There Benefits to Taking Part in The Study?**

57 If you agree to take part in this study, there likely will not be direct medical benefit to you. We  
58 hope that the information learned from this study will help the sponsor to manufacture an  
59 effective device to prevent or minimize incontinence. If you are interested, we will put your  
60 name on the list for more extensive trials in the future in which you will be allowed to use the  
61 Yoni.Fit for an extended period of time.

62

63 **What Other Options Are There?**

64 Your only other option is not to participate.

65

66 **What about Confidentiality?**

67 Efforts will be made to keep your personal information confidential. You will not be identifiable  
68 by name or description in any reports or publications about this study. We cannot guarantee  
69 absolute confidentiality. Your personal information may be disclosed if required by law. You  
70 will be asked to sign a separate authorization form for use or sharing of your protected health  
71 information.

72

73 There are organizations outside the OUHSC that may inspect and/or copy your research records  
74 for quality assurance and data analysis. These organizations include the US Food & Drug  
75 Administration and other regulatory agencies, Watkins-Conti Products, Inc. The OUHSC Human  
76 Research Participant Program office, the OUHSC Institutional Review Board, and the OUHSC  
77 Office of Compliance may also inspect and/or copy your research records for these purposes.

78

79 **What Are the Costs?**

80 There is no cost to you if you participate in this study.

81

82 **Will I Be Paid For Participating in This Study?**

83 You will receive a gift card worth \$100 at the completion of the study to compensate you for  
84 your time.

85

86 **What Are My Rights As a Participant?**

87 Taking part in this study is voluntary. You may choose not to participate. Refusal to participate  
88 will involve no penalty or loss of benefits to which you are otherwise entitled.

89 If you agree to participate and then decide against it, you can withdraw for any reason and leave  
90 the study at any time.



91  
92 You have the right to access the medical information that has been collected about you as a part  
93 of this research study.

94  
95 **Whom Do I Call If I have Questions or Problems?**

96 If you have questions, concerns, or complaints about the study or have a research-related injury,  
97 contact the Principal Investigator, Dr. Robert E. Hurst (405-271-3930). If you have a medical  
98 question related to your incontinence, you may call either of the referring physicians, Dr.  
99 Gennady Slobodov, Department of Urology (405-271-6452) or Dr. Lieschen Quiroz, Department  
100 of Obstetrics and Gynecology (405-271-9493).

101  
102 If you cannot reach the Investigator or wish to speak to someone other than the investigator,  
103 contact the OUHSC Director, Office of Human Research Participant Protection, at 405-271-  
104 2045.

105  
106 For questions about your rights as a research participant, contact the OUHSC Director, Office of  
107 Human Research Participant Protection at 405-271-2045.

108  
109 **Signature:**

110 In the future, researchers involved with this project may need more information about you, or  
111 may ask if you are willing to participate in other research studies. Please check below to indicate  
112 whether or not you may be contacted within the next few years by the investigator conducting  
113 this study. If you agree to be re-contacted, you may still change your mind about providing  
114 additional information, or in participating in other research studies in the future.

115  
116 \_\_\_\_\_ I may be re-contacted for information or a future study.

117  
118 \_\_\_\_\_ I may not be re-contacted for information or future study.

119  
120  
121 Subject Signature: \_\_\_\_\_ Date: \_\_\_\_\_

122  
123 By signing this form, you are agreeing to participate in this research study under the conditions  
124 described. You have not given up any of your legal rights or released any individual or entity  
125 from liability for negligence. You have been given an opportunity to ask questions. You will be  
126 given a copy of this consent document.

127  
128 I agree to participate in this study:

129  
130  
131 \_\_\_\_\_ Printed Name \_\_\_\_\_ Date \_\_\_\_\_  
132 PARTICIPANT SIGNATURE (age ≥18)  
133 (Or Legally Authorized Representative)

134  
135 \_\_\_\_\_ Printed Name \_\_\_\_\_ Date \_\_\_\_\_  
136 SIGNATURE OF PERSON  
OBTAINING CONSENT

