

## Clinical Trial Protocol

<b>Document Number: c15273597-01</b>	
<b>EudraCT No.:</b>	2017-000425-12
<b>BI Trial No.:</b>	1361-0003
<b>BI Investigational Product:</b>	Empagliflozin/linagliptin/metformin extended release fixed dose combination
<b>Title:</b>	Bioequivalence of a fixed dose combination tablet of empagliflozin/linagliptin/metformin extended release compared to the free combination of empagliflozin, linagliptin, and metformin extended release tablets following oral administration in healthy male and female subjects (an open-label, randomised, single-dose, two-period, two-sequence crossover study)
<b>Lay Title:</b>	This study tests whether taking the medicines empagliflozin, linagliptin, and metformin together in 1 pill is the same as taking them in separate pills. The study is done in healthy men and women and measures the amount of each medicine in the blood
<b>Clinical Phase:</b>	I
<b>Trial Clinical Monitor:</b>	<p style="text-align: right;">Phone: Fax:</p>
<b>Principal Investigator:</b>	<p style="text-align: right;">Phone: Fax:</p>
<b>Status:</b>	Final Protocol
<b>Version and Date:</b>	Version: 1.0 <span style="float: right;">Date: 28 JUN 2017</span>
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## CLINICAL TRIAL PROTOCOL SYNOPSIS

<b>Name of company:</b> Boehringer Ingelheim		<b>Tabulated Trial Protocol</b>	
<b>Name of finished product:</b> Not applicable			
<b>Name of active ingredient:</b> Empagliflozin, linagliptin, metformin HCl			
<b>Protocol date:</b> 28 JUN 2017	<b>Trial number:</b> 1361-0003		<b>Revision date:</b> Not applicable
<b>Title of trial:</b> Bioequivalence of a fixed dose combination tablet of empagliflozin/linagliptin/metformin extended release compared to the free combination of empagliflozin, linagliptin, and metformin extended release tablets following oral administration in healthy male and female subjects (an open-label, randomised, single-dose, two-period, two-sequence crossover study)			
<b>Principal Investigator:</b>			
<b>Trial site:</b>			
<b>Clinical phase:</b> I			
<b>Objective:</b> To establish the bioequivalence of one fixed dose combination (FDC) tablet of 25 mg empagliflozin/5 mg linagliptin/1000 mg metformin extended release (XR) versus the free combination of one 25 mg empagliflozin tablet, one 5 mg linagliptin tablet, and two 500 mg metformin XR tablets administered as a single dose under fed conditions.			
<b>Methodology:</b> Randomised, open-label, two-way crossover design with 2 treatments (T and R) and 2 treatment sequences (TR or RT)			
<b>No. of subjects:</b>			
<b>Total entered:</b> 30			
<b>Each treatment:</b> 30			
<b>Diagnosis:</b> Not applicable			
<b>Main criteria for inclusion:</b> Healthy male and female subjects, age of 18 to 55 years, body mass index (BMI) of 18.5 to 29.9 kg/m <sup>2</sup>			
<b>Test product:</b> 25 mg empagliflozin/5 mg linagliptin/1000 mg metformin XR FDC film-coated tablet			
<b>Dose:</b> 1 FDC tablet in treatment period T			
<b>Mode of admin.:</b> Oral with 240 mL of water after a high-fat, high-calorie breakfast			

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<b>Protocol date:</b> 28 JUN 2017	<b>Trial number:</b> 1361-0003		<b>Revision date:</b> Not applicable
<p><b>Comparator products:</b> The comparator products consist of an empagliflozin immediate release tablet, a linagliptin immediate release tablet, and multiples of a metformin extended release tablet.</p> <p><b>Comparator product 1:</b> Empagliflozin 25 mg film-coated tablet (Jardiance<sup>®</sup>)  <b>Comparator product 2:</b> Linagliptin 5 mg film-coated tablet (Tradjenta<sup>®</sup>)  <b>Comparator product 3:</b> Metformin XR 500 mg film-coated tablet (Glumetza<sup>®</sup>)</p> <p><b>Dose:</b> 1 x 25 mg empagliflozin + 1 x 5 mg linagliptin + 2 x 500 mg metformin XR administered together in treatment period R</p> <p><b>Mode of admin.:</b> Oral with 240 mL of water after a high-fat, high-calorie breakfast</p>			
<b>Duration of treatment:</b> Single dose for each treatment separated by a washout phase of at least 35 days			
<b>Criteria for pharmacokinetics:</b> Primary endpoints: AUC <sub>0-tz</sub> and C <sub>max</sub> for empagliflozin and metformin, AUC <sub>0-72</sub> and C <sub>max</sub> for linagliptin Secondary endpoints: AUC <sub>0-∞</sub> for empagliflozin, linagliptin, and metformin			
<b>Criteria for safety:</b> Adverse events (AEs) including clinically relevant findings from the physical examination, safety laboratory tests, 12-lead electrocardiogram (ECG), vital signs (blood pressure [BP], pulse rate [PR])			
<b>Statistical methods:</b> The assessment of bioequivalence will be based upon two-sided 90% confidence intervals (CIs) for the ratios of the geometric means (test/reference) for the primary endpoints using an acceptance range of 80.00-125.00%. This method is equivalent to the two one-sided t-tests procedure, each at the 5% significance level. The statistical model will be an ANOVA on the logarithmic scale including effects for 'sequence', 'subjects nested within sequences', 'period', and 'treatment'. CIs will be calculated based on the residual error from ANOVA. Descriptive statistics will be calculated for all endpoints.			

## FLOW CHART

Period	Visit	Day	Planned time (relative to drug administration) [h:min]	Approximate clock time of actual day [h:min]	Event and comment	Safety laboratory	PK <sup>blood</sup> (empagliflozin, linagliptin, and metformin)	12-lead ECG	Vital signs (BP, PR)	Questioning for AEs and concomitant therapy <sup>6</sup>	
SCR	1	-21 to -1			Screening (SCR) <sup>1</sup>	x		x	x	x	
1/2 (two identical periods with a washout of at least 35 days)	2/3	-7 to -1			Ambulatory visit (in Visit 3 only)	x				x	
		-1	-12:00	20:00	Admission to trial site <sup>7</sup>	x <sup>5,7</sup>				x <sup>7</sup>	
	1	-1:30	06:30	06:30	Allocation to treatment <sup>2</sup> (Visit 2 only)		x <sup>2</sup>				x <sup>2</sup>
		-0:30	07:30	07:30	High-fat, high-calorie breakfast						
		0:00	08:00	08:00	Drug administration						
		0:30	08:30				x				
		1:00	09:00				x				
		1:30	09:30				x				
		2:00	10:00		240 mL fluid intake		x				
		2:30	10:30				x				
		3:00	11:00				x				
		4:00	12:00		240 mL fluid intake		x				
		5:00	13:00		Lunch <sup>3</sup>		x				x
		6:00	14:00				x				
		7:00	15:00				x				
		8:00	16:00				x				
		10:00	18:00		Dinner <sup>3</sup>		x				x
		12:00	20:00				x				
	2	24:00	08:00	08:00	Discharge from trial site, breakfast (voluntary) <sup>3</sup>		x				x
34:00		18:00		Ambulatory visit		x				x	
3	48:00	08:00		Ambulatory visit		x				x	
	72:00	08:00		Ambulatory visit		x				x	
EOT	4	8 to 14			End-of-trial (EOT) examination <sup>4</sup>	x		x	x	x	

- Subjects must be informed and written informed consent obtained prior to starting any screening procedures. Screening procedures include physical examination, check of vital signs, ECG, safety laboratory (including drug screening and pregnancy test), demographics (including determination of body height and weight, smoking status, and alcohol history), relevant medical history, concomitant therapy, and review of inclusion/exclusion criteria. Pharmacogenetic samples will be collected if needed.
- The time is approximate; the procedure is to be performed and completed within 3 h prior to drug administration.
- If several actions are indicated at the same time point, the intake of meals will be the last action.
- End-of-trial examination includes physical examination, vital signs, ECG, safety laboratory, pregnancy test, recording of AEs and concomitant therapies.
- Only urine drug screening and alcohol breath test, and pregnancy test in women.
- AEs and concomitant therapies will be recorded throughout the trial, but will be specifically asked for at the time points indicated in this Flow Chart.
- The time is approximate; admission is to be performed no later than 10 h prior to scheduled drug administration.

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## **ABBREVIATIONS**

ADME	Absorption, distribution, metabolism, and excretion
AE	Adverse event
AESI	Adverse event of special interest
ANOVA	Analysis of variance
AUC	Area under the concentration-time curve of the analyte in plasma
AUC <sub>0-72</sub>	Area under the concentration-time curve of the analyte in plasma over the time interval from 0 to 72 h
AUC <sub>0-∞</sub>	Area under the concentration-time curve of the analyte in plasma over the time interval from 0 extrapolated to infinity
%AUC <sub>tz-∞</sub>	Percentage of AUC <sub>0-∞</sub> obtained by extrapolation
AUC <sub>0-tz</sub>	Area under the concentration-time curve of the analyte in plasma over the time interval from 0 to the last quantifiable data point
BI	Boehringer Ingelheim
BLQ	Below limit of quantification
BMI	Body mass index (weight divided by height squared)
BP	Blood pressure
CA	Competent authority
CI	Confidence interval
C <sub>max</sub>	Maximum measured concentration of the analyte in plasma
CML	Clinical Monitor Local
CRA	Clinical research associate
CRF	Case report form
CTSU	Clinical Trial Supplies Unit
CV	Cardiovascular
DEDP	Drug exposure during pregnancy
DILI	Drug induced liver injury
DKA	Diabetic ketoacidosis
δ	Bioequivalence margin
DNA	Deoxyribonucleic acid
DPP-4	Dipeptidyl-peptidase 4
ECG	Electrocardiogram
EDTA	Ethylenediaminetetraacetic acid
eGFR	Estimated glomerular filtration rate
EOT	End of trial
FDC	Fixed dose combination
gCV	Geometric coefficient of variation

GIP	Glucose-dependent insulintropic polypeptide
GLP-1	Glucagon-like peptide 1
H <sub>0</sub>	Null hypothesis
H <sub>a</sub>	Alternative hypothesis
HPC	Human Pharmacology Centre
IEC	Independent Ethics Committee
IRB	Institutional Review Board
ISF	Investigator site file
λ <sub>z</sub>	Terminal rate constant of the analyte in plasma
LC-MS/MS	Liquid chromatography with tandem mass spectrometry
LLA	Lower limb amputation
MedDRA	Medical Dictionary for Regulatory Activities
NOA	Not analysed
NOP	No peak detectable
NOR	No valid result
NOS	No sample available
PK	Pharmacokinetic(s)
PKS	Pharmacokinetic parameter set
p.o.	Oral
PR	Pulse rate
QT	Time between start of the Q-wave and the end of the T-wave in an electrocardiogram
R	Reference treatment
RDC	Remote data capture
REP	Residual effect period
RS	Randomised set
SAE	Serious adverse event
SCR	Screening
SGLT-2	Sodium-dependent glucose co-transporter 2
SOP	Standard operating procedure
T	Test treatment
T2DM	Type 2 diabetes mellitus
TMF	Trial master file
t <sub>1/2</sub>	Terminal half-life of the analyte in plasma
t <sub>max</sub>	Time from (last) dosing to the maximum measured concentration of the analyte in plasma
t <sub>z</sub>	Time of last measurable concentration of the analyte in plasma
TDMAP	Trial Data Management and Analysis Plan

TS	Treated set
TSAP	Trial statistical analysis plan
ULN	Upper limit of normal
XR	Extended release

## 1. INTRODUCTION

### 1.1 MEDICAL BACKGROUND

Diabetes mellitus is characterised by either the pancreas not producing enough insulin (type 1 diabetes) or increased peripheral insulin resistance and an insulin-secretory defect that varies in severity leading to raised blood glucose levels (type 2 diabetes). Type 2 diabetes mellitus (T2DM) accounts for 90 to 95% of all cases of diabetes and is an increasingly prevalent disease with over 300 million people estimated to be affected worldwide. Complications associated with T2DM, e.g. cardiovascular (CV) disease, lead to a significant reduction of life expectancy and are a major cause of morbidity. The risk of CV death and death from any cause is increased approximately 2-fold in patients with diabetes [R11-5199]. Diabetes-related vascular complications are currently the most common cause of adult blindness, renal failure, and amputation and lead to a 2- to 4-fold increase in CV disease risk [R06-0179]. T2DM is now a common and serious global health problem, which for most countries has evolved in association with rapid cultural and social changes, ageing populations, increasing urbanisation, dietary changes, reduced physical activity, and other unhealthy lifestyle and behavioural patterns.

Currently available oral antidiabetic drugs are efficacious, but still fail to achieve optimal blood glucose control in many patients. Modern T2DM therapy includes the combination of multiple drugs with complementary modes of action to achieve improved glycaemic control. Besides, most of the currently available antidiabetic agents have significant side effects such as hypoglycaemia, weight gain, oedema and gastrointestinal discomfort.

Empagliflozin, linagliptin, and metformin are orally available antidiabetic drugs with different modes of action approved for the treatment of T2DM. When used in combination they are expected to show improved efficacy as compared to single treatment in terms of glucose control. Boehringer Ingelheim has now developed a triple fixed dose combination (FDC) tablet for once daily dosing containing empagliflozin, linagliptin, and metformin extended release [c01678844-09, c01838725-17].

### 1.2 DRUG PROFILES

#### 1.2.1 Empagliflozin

Empagliflozin is an orally administered, potent, and selective inhibitor of the renal sodium-dependent glucose co-transporter 2 (SGLT-2). Empagliflozin lowers both the saturation threshold and the transport maximum of SGLT-2 for glucose, resulting in increased glucosuria, insulin-independent reduction of plasma glucose levels with a low risk of hypoglycaemia, and a negative energy balance with weight reduction. Empagliflozin was developed by Boehringer Ingelheim Pharma GmbH & Co. KG, Biberach, Germany, and has been approved as an adjunct to diet and exercise to improve glycaemic control in adult patients with T2DM in more than 70 countries including Europe, US, and Japan. The preferred brand name is Jardiance®. In a dedicated CV outcome trial (EMPA-REG OUTCOME®, [P15-09840]), empagliflozin showed a 38% risk reduction in CV death compared to placebo in patients with T2DM and established CV disease. In consequence, the indication for empagliflozin was extended to the reduction of the risk of CV death in patients

with T2DM with established CV disease. The standard therapeutic dose is 10 or 25 mg once daily [[c01678844-09](#)].

Empagliflozin shows mainly linear pharmacokinetics in humans reaching peak levels at approximately 1.5 h with a biphasic decline and a terminal elimination half-life of 12.4 h. Following oral administration of [<sup>14</sup>C]-empagliflozin, approximately 41.2 and 54.4% of drug-related radioactivity was excreted in faeces and urine, respectively. None of the detected metabolites were major. Empagliflozin tablets can be administered with or without food. Empagliflozin exposure increases with hepatic and/or renal impairment; however, no dose adjustment is recommended as the observed changes in exposure are not clinically meaningful. No clinically relevant pharmacokinetic interactions have been observed [[c01678844-09](#)].

In completed clinical studies, empagliflozin was well tolerated in both normal healthy subjects and patients with T2DM up to the maximum treatment duration of 208 weeks. The frequency of overall adverse events (AEs), AEs leading to discontinuation, and serious AEs (SAEs) were comparable to placebo. There was no significant increase in the frequency of hypoglycaemia with empagliflozin compared to placebo except when used in combination with a sulphonylurea or basal insulin. Treatment with empagliflozin was associated with a higher frequency of genital infections, increased urination, and increased thirst. There was a small increase in total cholesterol, low density lipoprotein cholesterol, and high density lipoprotein cholesterol but no significant changes in triglycerides. In addition, increases in haematocrit, haemoglobin, and red blood cells were observed with empagliflozin. No changes in heart rate and no QTc prolongation have been observed [[c01678844-09](#)].

In the recently performed cardiovascular EMPA-REG OUTCOME<sup>®</sup> study [[P15-09840](#)], the overall safety profile of empagliflozin was comparable to its previously known safety profile [[c01678844-09](#)].

Empagliflozin is non-genotoxic. In a mouse carcinogenicity study, renal adenoma and carcinoma occurred in male mice upon exposures corresponding to approximately 45- and 113-fold the exposure associated with the 25 and 10 mg doses in humans, respectively, but were considered irrelevant for humans based on the mode of action for these tumours. Likewise, benign vascular tumours (haemangioma) of the mesenteric lymph node occurred in rats but are considered secondary to severe body weight loss and have little, if any, relevance to humans.

Based on post-marketing experience, cases of diabetic ketoacidosis (DKA) have been reported in patients treated with empagliflozin, including fatal cases. DKA presentation was not always accompanied by typical hyperglycaemia. Very low carbohydrate diet, acute illness, insulin deficiency or dose reduction, alcohol abuse, severe dehydration, and a history of ketoacidosis may be DKA risk factors while taking empagliflozin.

Based on an increase in lower limb amputations (LLA) with the use of canagliflozin, a review of all completed Phase II and III clinical trials involving empagliflozin was performed to rule out a class effect of SGLT-2 inhibitors with regard to LLA. The incidence of LLA in patients treated with empagliflozin was not higher compared to patients treated with placebo or other comparators.

For a more detailed description of the drug profile of empagliflozin refer to the current Investigator's Brochure for empagliflozin [[c01678844-09](#)].

### 1.2.2 Linagliptin

Linagliptin inhibits dipeptidyl-peptidase 4 (DPP-4), an enzyme which rapidly degrades the incretin hormones glucagon-like peptide 1 (GLP-1) and glucose-dependent insulinotropic polypeptide (GIP) [[c01838725-17](#)]. Both hormones are secreted from intestinal cells after the ingestion of meals and exert glucose-dependent insulinotropic actions thereby contributing to postmeal glycaemic control. Linagliptin was developed by Boehringer Ingelheim Pharma GmbH & Co. KG, Biberach, Germany. Linagliptin has been approved in over 90 countries and is marketed in the US under the brand name Tradjenta<sup>®</sup> (brand names in other countries: Trayenta<sup>®</sup>, Trazenta<sup>®</sup>, Trajenta<sup>®</sup>). The standard therapeutic dose is 5 mg once daily.

Linagliptin shows non-linear pharmacokinetics, both after oral and intravenous administration in the therapeutic dose range, with a less than dose-proportional increase in plasma concentrations. Clearance, volume of distribution, and amount excreted unchanged in urine increase with increasing doses, which is assumed to be a result of non-linear protein binding in the therapeutic plasma concentration range. Linagliptin is predominantly excreted unchanged in faeces. Renal excretion is considered to be a minor elimination pathway of linagliptin at therapeutic dose levels. The long terminal half-life of >100 h does not reflect the effective half-life, as steady state is reached within 2 to 7 days. The accumulation factors of peak plasma concentration and area under the curve range from 1.2 to 2 upon multiple dosing. No adjustment of linagliptin dosage based on the intrinsic factors age, BMI, weight, gender, or race is considered necessary. The absolute bioavailability of linagliptin is approximately 30%. Because coadministration of a high-fat meal with linagliptin had no clinically relevant effect on the pharmacokinetics, linagliptin may be administered with or without food. Linagliptin had no clinically relevant effect on the pharmacokinetics of metformin, glibenclamide, simvastatin, pioglitazone, warfarin, digoxin, or oral contraceptives [[c01838725-17](#)].

Up to the date of the most recent version of the Investigator's Brochure for linagliptin, more than 1200 healthy subjects and more than 6700 patients with T2DM had been administered linagliptin in a total of more than 35 clinical trials [[c01838725-17](#)].

The pooled safety data from completed Phase I studies in healthy subjects did not indicate any potential concern regarding subjects' safety with headache (17.0%), nausea (2.9%), and nasopharyngitis (2.2%) being the most frequent AEs with linagliptin monotherapy, and headache (17.5%), diarrhoea (7.9%), and nausea (4.3%) being the most frequent AEs when linagliptin was given in combination with metformin. The higher rate of gastrointestinal disorders, particularly diarrhoea, is in line with the known safety profile of the metformin component. The relatively high frequency of headache is not unusual for Phase I studies in healthy volunteers and possibly resulting from lack of caffeine and nicotine during the study.

In a pooled safety analysis of Phase I to III trials in T2DM patients receiving either 5 mg linagliptin or placebo, the percentages of patients with AEs were comparable between treatments (63.3% placebo, 59.1% linagliptin 5 mg). The number of patients with SAEs was low in both treatment groups (5.7% placebo, 4.9% linagliptin 5 mg). The most frequently reported AEs in either treatment group were nasopharyngitis (5.3% placebo, 5.8% linagliptin

5 mg), hyperglycaemia (9.4% placebo, 5.8% linagliptin 5 mg) as well as hypoglycaemia (8.7% placebo, 8.7% linagliptin 5 mg). Drug-related AEs had comparable frequencies in the placebo and linagliptin group (14.2% placebo, 12.5% linagliptin 5 mg).

In the Phase III studies, an overall assessment of cumulative evidence was performed in order to identify any side effects that are possibly associated with linagliptin treatment. For monotherapy (and all backgrounds) with linagliptin nasopharyngitis, cough, hypersensitivity, pancreatitis, and increased lipase in clinical laboratory have been identified as possibly related AEs. Hypoglycaemia was identified as an AE related to linagliptin only when added to a background treatment of metformin plus sulphonylurea. Hypertriglyceridaemia was identified as a possibly related AE only on a background of sulphonylurea. Hyperlipidaemia and weight increased were AEs possibly related to linagliptin when used in combination with pioglitazone. Constipation was identified as a possibly related AE only on a background of insulin. The safety of the combination of linagliptin with metformin plus pioglitazone was comparable to the profile defined for linagliptin, linagliptin plus metformin, and linagliptin plus pioglitazone. Based on post-marketing data, angioedema, urticaria, rash, mouth ulceration, and bullous pemphigoid are listed as side effects for linagliptin (any background) [[c01838725-17](#)].

No effect on the QT interval was observed in a thorough QT study following single-dose administration of 5 and 100 mg linagliptin [[c01838725-17](#)].

For a more detailed description of the drug profile of linagliptin refer to the current Investigator's Brochure for linagliptin [[c01838725-17](#)].

### **1.2.3 Metformin**

Metformin is a biguanide with antihyperglycaemic effects, lowering both basal and postprandial plasma glucose. Unlike sulphonylureas (such as glyburide), metformin alone does not increase insulin secretion and is not associated with hypoglycaemia in either patients with T2DM or healthy volunteers. The most common adverse reactions of metformin are gastrointestinal disorders such as nausea, vomiting, diarrhoea, abdominal pain, and loss of appetite [[R17-0574](#)].

The absolute bioavailability of metformin is 50 to 60% under fasting conditions. The intake of food decreases the extent of absorption. A 40% lower peak plasma concentration and a 25% lower area under the curve were reported following a single-dose administration of 850 mg metformin with food. Studies using single oral doses of 500 to 1500 mg metformin indicated that there is a lack of dose proportionality with increasing doses due to decreased absorption. Metformin is negligibly bound to plasma proteins. The drug partitions into erythrocytes, most likely as a function of time. Intravenous single-dose studies in healthy subjects demonstrated that metformin is excreted unchanged in the urine and undergoes neither hepatic metabolism nor biliary excretion. Following oral administration approximately 90% of the absorbed drug is eliminated via the renal route within the first 24 h, with a plasma elimination half-life of approximately 6.2 h [[R15-4930](#)].

Metformin is available as immediate release and extended release (XR) tablets. The maximum recommended daily dose is 3000 mg for the immediate release tablet [[R17-0574](#)].

or 2000 mg for the XR tablet [R17-1647]. The standard therapeutic dose is 500 to 2000 mg once daily for metformin XR.

For a more detailed description of the drug profiles of metformin and metformin XR refer to the summary of product characteristics for Glucophage® [R17-0574] and the prescribing information for Glumetza® [R17-1647].

#### 1.2.4 Fixed dose combinations of empagliflozin, linagliptin, and/or metformin

Fixed dose combinations of empagliflozin and linagliptin (Glyxambi®), empagliflozin and metformin (Synjardy®), and linagliptin and metformin (Jentaduetto®) have been developed by Boehringer Ingelheim and have been approved for treatment of T2DM in many countries. Furthermore, FDCs of empagliflozin and metformin XR (Synjardy XR®) and linagliptin and metformin XR (Jentaduetto XR®) have been approved in the US. For information about the drug profiles of these FDCs refer to the Investigator's Brochures for empagliflozin [c01678844-09] and linagliptin [c01838725-17].

The newly developed FDC tablet containing all 3 antidiabetic agents (empagliflozin, linagliptin, and metformin XR) was administered to healthy subjects for the first time in study 1361.1 that investigated the relative bioavailability of 2 strengths of the FDC tablet compared with the free combination of the 3 components under fed and fasted conditions [c12820904-01]. In this study, the administration of empagliflozin (10 or 25 mg), linagliptin (5 mg), and metformin XR (1000 mg) was well tolerated either as FDC or as free combination with the most frequently reported AEs being headache, nausea, diarrhoea, dizziness, and upper abdominal pain. All AEs were of mild or moderate intensity and no serious AEs were reported. The relative bioavailability of the 3 drugs was similar when administered as FDC or as free combination with the exception of linagliptin  $C_{max}$  (at the 25 mg empagliflozin dose), which was approximately 17% higher when administered as FDC under fasted conditions.



## 2. RATIONALE, OBJECTIVES, AND BENEFIT - RISK ASSESSMENT

### 2.1 RATIONALE FOR PERFORMING THE TRIAL

The aim of combination drug therapy in T2DM is to improve compliance and provide improved glycaemic control. This can be achieved by combining drugs with different mechanisms of action which work together to have an additive or synergistic antidiabetic effect. The orally available antidiabetic drugs empagliflozin, linagliptin, and metformin XR are commonly administered together and it is expected that providing the 3 drugs in a single FDC tablet for once daily dosing will make medication intake easier for patients and reduce the risk of medication errors.

The purpose of the present study is to establish the bioequivalence of a newly developed 25 mg empagliflozin/5 mg linagliptin/1000 mg metformin XR FDC tablet compared with the free combination of empagliflozin (Jardiance<sup>®</sup>), linagliptin (Tradjenta<sup>®</sup>), and metformin XR (Glumetza<sup>®</sup>) tablets under fed conditions.

### 2.2 TRIAL OBJECTIVES

The primary objective of this trial is to establish the bioequivalence of a 25 mg empagliflozin/5 mg linagliptin/1000 mg metformin XR FDC tablet (Test, T) compared with the same doses of the individual components given in separate tablets (Reference, R) when administered together after a high-fat, high-calorie meal.

A description of the endpoints to be determined, and the observations along with specific information as how to collect the data for that information, is provided in [Section 5](#).

### 2.3 BENEFIT - RISK ASSESSMENT

Participation in this study is without any (therapeutic) benefit for healthy subjects. Their participation in the study, however, is of major importance to the development of a triple antidiabetic drug FDC that is expected to facilitate medication intake for patients with T2DM, to minimise the risk of medication errors, and to improve patient compliance. The participating subjects are exposed to the risks of the study procedures and the risks related to the exposure to the trial medication.

#### Procedure-related risks

The use of an indwelling venous catheter for the purpose of blood sampling may be accompanied by mild bruising and also, in rare cases, by transient inflammation of the wall of the vein. In addition, in rare cases a nerve might be injured while inserting the venous catheter, potentially resulting in paraesthesia, reduced sensibility, and/or pain for an indefinite period. The same risks apply to venipuncture for blood sampling.

The total volume of blood withdrawn during the entire study per subject will not exceed the volume of a normal blood donation (500 mL). No health-related risk to healthy subjects is expected from this blood withdrawal.

## Drug-related risks and safety measures

### *Empagliflozin*

Empagliflozin was well tolerated when administered to healthy subjects in the dose range from 0.5 to 800 mg per single dose and up to 50 mg in multiple dose studies [[c01838761-13](#)]. In healthy subjects, the most frequently reported AEs with empagliflozin were headache, nasopharyngitis, nausea, and diarrhoea. Only 1 subject had an SAE (migraine with aura with empagliflozin 25 mg) that required hospitalisation and 2 subjects had AEs leading to discontinuation (gastroenteritis with empagliflozin 50 mg, migraine with empagliflozin 5 mg).

In patients who received empagliflozin in placebo-controlled clinical studies the following adverse reactions were reported [[R17-1650](#)]:

- Very common ( $>1/10$ ): hypoglycaemia when empagliflozin was used in combination with sulphonylurea or insulin
- Common ( $\geq 1/100$  to  $<1/10$ ): genital infections, urinary tract infection, generalised pruritus, increased urination, and thirst
- Uncommon ( $\geq 1/1000$  to  $<1/100$ ): volume depletion, dysuria, increased blood creatinine, decreased glomerular filtration rate, increased haematocrit, and increased serum lipids
- Rare ( $\geq 1/10\ 000$  to  $<1/1000$ ): diabetic ketoacidosis (DKA). DKA was reported infrequently and at similar rates in the empagliflozin and placebo treatment groups [[c01678844-09](#)]; for more information refer to [Section 1.2.1](#).

No cases of ketoacidosis have been reported in studies with healthy subjects and ketoacidosis is unlikely to occur after single-dose administration of empagliflozin.

### *Linagliptin*

In a single rising dose study in healthy subjects [[U05-2072](#)], linagliptin was very well tolerated up to and including the highest administered dose of 600 mg. The pooled safety data from 511 healthy subjects treated in Phase I trials with linagliptin did not indicate any potential concerns regarding subjects' safety upon exposure to the drug (see also [Section 1.2.2](#)).

In patients who were treated with linagliptin alone or in combination with metformin the following adverse reactions were reported [[R17-1649](#)]:

- Common ( $\geq 1/100$  to  $<1/10$ ): increased lipase
- Uncommon ( $\geq 1/1000$  to  $<1/100$ ): nasopharyngitis, cough, rash, increased amylase, hypersensitivity (e.g. bronchial hyperreactivity)
- Rare ( $\geq 1/10\ 000$  to  $<1/1000$ ): angioedema and urticaria
- Not known (that is, frequency cannot be estimated from the available data): pancreatitis and bullous pemphigoid

Only when linagliptin was added to a sulphonylurea (on a background of metformin), the incidence of hypoglycaemia was increased over that of placebo.

In post-marketing experience of linagliptin there have been spontaneously reported adverse reactions of acute pancreatitis. Pancreatitis was reported more often in patients randomised to linagliptin (5 events in 4302 patients receiving linagliptin versus 1 event in 2364 patients receiving placebo). This safety finding was not reported in any of the 3 large controlled

randomised CV outcome trials SAVOR (saxagliptin), EXAMINE (alogliptin), and TECOS (sitagliptin) [R13-3903, R13-3902, R15-3017] and is thus still under debate. However, a meta-analysis of these CV outcome studies of DPP-4 inhibitors found a significantly increased risk of acute pancreatitis, though still a rare event, which was suggested to be a class effect [R17-1673]. In Boehringer Ingelheim's premarketing studies involving healthy subjects there was no event of acute pancreatitis. Hence, the risk of pancreatitis is considered minimal after single-dose administration of linagliptin in this study. Nevertheless, subjects will be closely monitored for clinical symptoms and laboratory signs of acute pancreatitis.

### *Metformin*

Adverse reactions which may occur under treatment with metformin are [R17-0574]:

- Very common ( $\geq 1/10$ ): gastrointestinal disorders (nausea, vomiting, diarrhoea, abdominal pain, and loss of appetite)
- Common ( $\geq 1/100$  to  $< 1/10$ ): taste disturbance
- Very rare ( $< 1/10\ 000$ ): skin reactions (erythema, pruritus, urticaria), abnormalities in liver function tests, hepatitis (reversible after discontinuation of medication), decrease of vitamin B12 absorption with decrease of serum levels during long-term use of metformin, and lactic acidosis

Gastrointestinal disorders occur most frequently during initiation of metformin therapy and could therefore also occur after single-dose administration in the current trial. Usually, gastrointestinal disorders disappear within a short period of time and do not represent any safety risk for healthy subjects. Lactic acidosis is a metabolic complication with high mortality rate if not treated promptly. Risk factors for developing a lactic acidosis are renal insufficiency, impaired hepatic function, excessive alcohol intake, vigorous physical activity, and heavy fasting. Until now, a lactic acidosis in healthy volunteers has not been reported in the literature. In the current trial, renal and liver functions will be checked thoroughly as part of the screening examination; alcoholic beverages and unusual physical activities are restricted during the study.

### *Combination of empagliflozin, linagliptin, and metformin*

In the relative bioavailability study 1361.1, 50 healthy subjects were administered single doses of 10 or 25 mg empagliflozin, 5 mg linagliptin, and 1000 mg metformin XR as FDC and free combination. The overall frequency of AEs and also the frequency of drug-related AEs were similar between the FDC and the free combination. No SAEs and no AEs of special interest were reported. The most frequently reported AEs were headache, nausea, diarrhoea, dizziness, and upper abdominal pain as had been expected based on the known safety profiles of the 3 drugs [c12820904-01].

For further information on clinical safety refer to the drug profiles of empagliflozin, linagliptin, metformin, and their combination in [Section 1.2](#).

In the present study, subjects are exposed to 2 single doses of 25 mg empagliflozin, 5 mg linagliptin, and 1000 mg metformin XR separated by a washout phase of at least 35 days. Based on previous experience with empagliflozin and linagliptin and their combination with metformin in healthy subjects and in patients, the risk for subjects participating in this trial is considered minimal and acceptable. The risk of hypoglycaemia is considered low since

neither empagliflozin, nor linagliptin or metformin act primarily insulinotropic. In clinical settings hypoglycaemia was more common with these drugs when they were coadministered with insulin secretagogues such as sulfonylurea or insulin itself. Although rare, a potential for drug-induced liver injury (DILI) is under constant surveillance by sponsors and regulators. Therefore, this trial requires timely detection, evaluation, and follow-up of laboratory alterations in selected liver laboratory parameters to ensure subjects' safety (see also [Section 5.2.2.1](#)).

### 3. DESCRIPTION OF DESIGN AND TRIAL POPULATION

#### 3.1 OVERALL TRIAL DESIGN AND PLAN

The study will be performed as a randomised, open-label, two-way crossover trial in healthy male and female subjects in order to compare the test treatment (T) to the reference treatment (R). The subjects will be randomly allocated to the 2 treatment sequences TR or RT. The treatments will be:

Test treatment (T): 1 FDC tablet 25 mg empagliflozin/5 mg linagliptin/1000 mg metformin XR in the fed state

Reference treatment (R): free combination of 1 tablet 25 mg empagliflozin, 1 tablet 5 mg linagliptin, and 2 tablets 500 mg metformin XR in the fed state

There will be a washout period of at least 35 days between the 2 treatments.

For details on the treatments refer to [Section 4.1](#). An overview of all relevant trial activities is provided in the [Flow Chart](#). For visit schedule and details of trial procedures at selected visits, refer to [Sections 6.1](#) and [6.2](#), respectively.

##### 3.1.1 Administrative structure of the trial

The trial is sponsored by Boehringer Ingelheim (BI) Pharma GmbH & Co. KG, Germany.

BI has appointed a Trial Clinical Monitor, responsible for coordinating all required activities, in order to

- manage the trial in accordance with applicable regulations and internal SOPs,
- direct the clinical trial team in the preparation, conduct, and reporting of the trial,
- ensure appropriate training and information of local clinical monitors (CML), Clinical Research Associates (CRAs), and participating trial sites.

The trial medication will be provided by the Clinical Trial Supplies Unit (CTSU), BI Pharma GmbH & Co. KG, Biberach, Germany.

The trial will be conducted at the Human Pharmacology Centre (HPC) of BI Pharma GmbH & Co. KG, Biberach, Germany, under the supervision of the Principal Investigator.

Safety laboratory tests will be performed by the local laboratory of the trial site

The analyses of empagliflozin concentrations in plasma will be performed at

The analyses of linagliptin

concentrations in plasma will be performed at

The analyses of metformin concentrations in plasma will be performed at

On-site monitoring will be performed by BI or a contract research organisation appointed by BI.

Data management will be done by BI according to BI SOPs. Statistical tasks and programming will be performed by according to BI SOPs.

Tasks and functions assigned in order to organise, manage, and evaluate the trial are defined according to BI SOPs. A list of responsible persons and relevant local information can be found in the investigator site file (ISF).

### 3.2 DISCUSSION OF TRIAL DESIGN, INCLUDING THE CHOICE OF CONTROL GROUPS

For bioequivalence trials, the crossover design is preferred due to its efficiency: since each subject serves as his or her own control, the comparison between treatments is based on a comparison within subjects rather than between subjects. This trial design therefore removes intersubject variability from the comparison between treatments [[R94-1529](#)].

The open-label treatment is not expected to bias results, since the study endpoints are derived from measurement of plasma concentrations of the analytes provided by bioanalytical laboratories which are blinded to treatment allocation.

### 3.3 SELECTION OF TRIAL POPULATION

It is planned that 30 healthy male and female subjects will enter the study. They will be recruited from the volunteers' pool of the trial site.

A log of all subjects enrolled into the trial (that is, having given informed consent) will be maintained in the ISF at the investigational site irrespective of whether they have been treated with investigational drug or not.

#### 3.3.1 Main diagnosis for study entry

The study will be performed in healthy subjects.

#### 3.3.2 Inclusion criteria

Subjects will only be included into the trial, if they meet the following criteria:

1. Healthy male or female subjects according to the assessment of the investigator, based on a complete medical history including a physical examination, vital signs (BP, PR), 12-lead ECG, and clinical laboratory tests
2. Age of 18 to 55 years (incl.)
3. BMI of 18.5 to 29.9 kg/m<sup>2</sup> (incl.)
4. Signed and dated written informed consent prior to admission to the study in accordance with GCP and local legislation
5. Male subjects, or female subjects who meet any of the following criteria starting from at least 30 days before the first administration of trial medication and until 30 days after trial completion:
  - Use of adequate contraception, e.g. any of the following methods *plus* condom: implants, injectables, combined oral or vaginal contraceptives, intrauterine device
  - Sexually abstinent
  - A vasectomised sexual partner (vasectomy at least 1 year prior to enrolment)

- Surgically sterilised (including hysterectomy)
- Postmenopausal, defined as at least 1 year of spontaneous amenorrhea (in questionable cases a blood sample with simultaneous levels of FSH above 40 U/L and estradiol below 30 ng/L is confirmatory)

### **3.3.3 Exclusion criteria**

Subjects will not be allowed to participate if any of the following general criteria apply:

1. Any finding in the medical examination (including BP, PR, or ECG) is deviating from normal and judged as clinically relevant by the investigator
2. Repeated measurement of systolic blood pressure outside the range of 90 to 140 mmHg, diastolic blood pressure outside the range of 50 to 90 mmHg, or pulse rate outside the range of 45 to 90 bpm
3. Any laboratory value outside the reference range that the investigator considers to be of clinical relevance
4. Any evidence of a concomitant disease judged as clinically relevant by the investigator
5. Gastrointestinal, hepatic, renal, respiratory, cardiovascular, metabolic, immunological, or hormonal disorders
6. Cholecystectomy and/or surgery of the gastrointestinal tract that could interfere with the pharmacokinetics of the trial medication (except appendectomy and simple hernia repair)
7. Diseases of the central nervous system (including but not limited to any kind of seizures or stroke), and other relevant neurological or psychiatric disorders
8. History of relevant orthostatic hypotension, fainting spells, or blackouts
9. Chronic or relevant acute infections
10. History of relevant allergy or hypersensitivity (including allergy to the trial medication or its excipients)
11. Use of drugs within 30 days prior to administration of trial medication if that might reasonably influence the results of the trial (incl. QT/QTc interval prolongation)
12. Participation in another trial where an investigational drug has been administered within 60 days prior to planned administration of trial medication, or current participation in another trial involving administration of investigational drug
13. Smoker (more than 10 cigarettes or 3 cigars or 3 pipes per day)
14. Inability to refrain from smoking on specified trial days
15. Alcohol abuse (consumption of more than 20 g per day for females and 30 g per day for males)
16. Drug abuse or positive drug screening
17. Blood donation of more than 100 mL within 30 days prior to administration of trial medication or intended donation during the trial
18. Intention to perform excessive physical activities within 1 week prior to administration of trial medication or during the trial
19. Inability to comply with dietary regimen of trial site

20. Subject is assessed as unsuitable for inclusion by the investigator, for instance, because considered not able to understand and comply with study requirements, or has a condition that would not allow safe participation in the study

Female subjects will not be allowed to participate if any of the following applies:

21. Positive pregnancy test, pregnancy, or plans to become pregnant within 30 days after study completion

22. Lactation period

In addition, the following trial-specific exclusion criterion applies:

23. Men and women with serum creatinine levels of 1.3 mg/dL and 1.1 mg/dL, respectively, or higher values

For study restrictions, refer to [Section 4.2.2](#).

### **3.3.4 Removal of subjects from therapy or assessments**

#### **3.3.4.1 Removal of individual subjects**

An individual subject is to be removed from the trial if:

1. The subject withdraws consent for trial treatment or trial participation, without the need to justify the decision
2. The subject needs to take concomitant drugs that interfere with the investigational product or other trial medication
3. The subject is no longer able to participate for other medical reasons (such as pregnancy, surgery, AEs, or diseases)
4. The subject shows an elevation of AST and/or ALT  $\geq 3$ -fold ULN combined with an elevation of total bilirubin  $\geq 2$ -fold ULN (measured in the same blood sample) and/or needs to be followed up according to the 'DILI checklist' provided in the ISF

A subject can also be removed from the trial if eligibility criteria are being violated or if the subject fails to comply with the protocol (for instance, by non-adherence to dietary rules, or non-attendance at study assessments).

If a subject is removed from or withdraws from the trial prior to first administration of trial medication, the data of this subject will not be entered in the case report form (CRF) or trial database and will not be reported in the clinical trial report. If a subject is removed from or withdraws from the trial after first administration of trial medication, this will be documented and the reason for discontinuation must be recorded in the CRF. In this case, the data will be included in the CRF/trial database and will be reported in the clinical trial report. At the time of discontinuation a complete end-of-trial examination will be performed if possible and the information will be recorded in the CRF. If the discontinuation occurs before the end of the residual effect period (REP; see [Section 5.2.2.2](#)), the discontinued subject should, if possible, be questioned for AEs and concomitant therapies at or after the end of the REP in order to ascertain collection of AEs and concomitant therapies throughout the REP, if not contrary to any consent withdrawal of the subject. These discontinuations will be discussed in the clinical trial report.



If it is known that a subject becomes pregnant during the trial, administration of the trial medication has to be stopped immediately, and the subject has to be removed from the trial. The subject is to be followed until she has given birth or until the end of pregnancy. The subject's data are to be collected until the end of the trial (last visit of last subject) and reported in the clinical trial report. For reporting of pregnancy and events refer to [Section 5.2.2.2](#).

#### 3.3.4.2 Discontinuation of the trial by the sponsor

BI reserves the right to discontinue the trial at any time for any of the following reasons:

1. New toxicological findings or SAEs invalidate the earlier positive benefit-risk-assessment. More specifically, the trial will be terminated if more than 50% of the subjects show drug-related and clinically relevant AEs of moderate or severe intensity, or if at least 1 drug-related SAE is reported
2. The expected enrolment goals are not met
3. Violation of GCP or the clinical trial protocol, disturbing the appropriate conduct of the trial
4. The sponsor decides to discontinue the further development of the investigational product

#### 3.3.5 Replacement of subjects

In case some subjects do not complete the trial, the Trial Clinical Monitor together with the Trial Pharmacokineticist and the Trial Statistician are to decide if and how many subjects will be replaced. A replacement subject will be assigned a unique study subject number and will be assigned to the same treatment sequence as the subject he or she replaces.

## **4. TREATMENTS**

### **4.1 TREATMENTS TO BE ADMINISTERED**

#### **4.1.1 Identity of BI investigational product and comparator products**

The characteristics of the test product are given below:

Test product:

Substances: Empagliflozin/linagliptin/metformin HCl  
Pharmaceutical formulation: Film-coated FDC tablet, extended release (metformin)  
Source: Distributed by BI Pharma GmbH & Co. KG, Germany;  
manufactured by Patheon Pharmaceuticals Inc., Cincinnati,  
USA  
Unit strength: 25 mg/5 mg/1000 mg  
Posology: 1-0-0  
Route of administration: p.o.

The characteristics of the reference products are given below:

Reference product 1:

Name: Jardiance®  
Substance: Empagliflozin  
Pharmaceutical formulation: Film-coated tablet  
Source: Distributed by BI Pharma GmbH & Co. KG, Germany;  
manufactured by BI Pharmaceuticals, Inc., Ridgefield, USA,  
and Eli Lilly and Company, Indianapolis, USA  
Unit strength: 25 mg  
Posology: 1-0-0  
Route of administration: p.o.

Reference product 2:

Name: Tradjenta®  
Substance: Linagliptin  
Pharmaceutical formulation: Film-coated tablet  
Source: Distributed by BI Pharma GmbH & Co. KG, Germany;  
manufactured by BI Pharmaceuticals, Inc., Ridgefield, USA,  
and Eli Lilly and Company, Indianapolis, USA  
Unit strength: 5 mg

Posology: 1-0-0

Route of administration: p.o.

Reference product 3:

Name: Glumetza®

Substance: Metformin HCl

Pharmaceutical formulation: Film-coated tablet, extended release

Source: Distributed by BI Pharma GmbH & Co. KG, Germany;  
manufactured by Santarus Inc., San Diego, USA

Unit strength: 500 mg

Posology: 2-0-0

Route of administration: p.o.

#### **4.1.2 Method of assigning subjects to treatment groups**

The randomisation list of study subject numbers and assigned treatment sequences will be provided to the trial site in advance. According to the planned sample size, 2 cohorts are planned. Prior to start of the study, subjects willing to participate will be recruited to cohorts according to their temporal availability. In the morning of Day 1 (Visit 2), subjects will be allocated to treatment sequences prior to first administration of trial medication. For this purpose, the subjects will be allocated to a study subject number by drawing lots, and then assigned to the corresponding treatment sequence by the randomisation list. Subjects will be assigned to the 2 possible treatment sequences in a 1:1 ratio. Once a subject number has been assigned, it cannot be reassigned to any other subject.

The randomisation procedure is described in [Section 7.5](#).

#### **4.1.3 Selection of doses in the trial**

The doses selected for this trial reflect standard clinical doses (see [Section 1.2](#)).

#### **4.1.4 Drug assignment and administration of doses for each subject**

This trial is a two-way crossover study. All subjects will receive the 2 treatments in randomised order. The treatments to be evaluated are outlined in [Table 4.1.4: 1](#) below.

Table 4.1.4: 1 Dosage and treatment schedule

Treatment	Substances	Formulation	Unit strength	Dosage	Total dose
T (Test)	Empagliflozin/ linagliptin/ metformin HCl	FDC film-coated tablet, extended release	25 mg/5 mg/ 1000 mg	1 FDC tablet (single dose), fed	25 mg/5 mg/ 1000 mg
R (Reference)	Empagliflozin	Film-coated tablet	25 mg	1 tablet (single dose), fed	25 mg
	Linagliptin	Film-coated tablet	5 mg	1 tablet (single dose), fed	5 mg
	Metformin HCl	Film-coated tablet, extended release	500 mg	2 tablets (single dose), fed	1000 mg

The medication will be administered as a single oral dose together with about 240 mL of water to a subject in the standing position under supervision of the investigating physician or an authorised designee. The so-called four-eye principle (two-person rule) should be applied for administration of trial medication and – if applicable – its preparation (e.g. reconstitution), if correct dosage cannot be ensured otherwise.

In each treatment period, a high-fat, high-calorie meal will be served 30 min before drug administration. The meal must be completely consumed prior to drug administration. The composition of the standard high-fat, high-calorie meal will be in compliance with the FDA guidance ‘Food-Effect Bioavailability and Fed Bioequivalence Studies’ [R03-2269] as detailed in Table 4.1.4: 2.

Table 4.1.4: 2 Composition of the high-fat, high-calorie meal

Ingredients	Energy content [kcal]
2 chicken eggs (whole content) for scrambled eggs	192
10 g butter for frying scrambled eggs	75
35 g fried bacon	186
2 toasted slices of wheat bread	130
15 g butter for buttering toast slices	113
115 g hash brown potatoes	132
240 mL whole milk (3.5% fat)	156
<b>Sum<sup>1</sup></b>	<b>984</b>

1. The total caloric content was supplied approximately as following: 150 kcal as protein, 250 kcal as carbohydrate, and 500 to 600 kcal as fat.

Subjects will be kept under close medical surveillance until 24 h following drug administration. During the first 5 h after drug administration, they are not allowed to lie down (that is, no declination of the upper body of more than 45 degrees from upright posture). For restrictions with regard to diet see [Section 4.2.2.2](#).

The treatments will be separated by a washout phase of at least 35 days.

#### **4.1.5 Blinding and procedures for unblinding**

No blinding was performed because the treatments are distinguishable from each another. This Phase I trial will be handled in an open fashion throughout (that is, during the conduct, including data cleaning and preparation of the analysis). This is considered acceptable because the potential for bias seems to be low and does not outweigh practical considerations.

Emergency envelopes will not be provided, since all subjects receive the same dose of different tablet formulations in an open-label design.

Pharmacokinetic samples will be labelled in such a way that treatment allocation cannot be derived by the analytical site.

#### **4.1.6 Packaging, labelling, and re-supply**

Drug supplies will be provided by the Department of Pharmaceutical Development of BI Pharma GmbH & Co. KG, Biberach, Germany.

The clinical trial supply consists of containers holding the trial medication which are labelled with trial identification. The required information according to the German Drug Law as well as Annex 13/EU GMP Guideline will be provided on the containers. Smaller bottles within the clinical trial supply containers will be labelled with:

- BI trial number
- Name of product and strengths or identification code
- Pharmaceutical dosage form, quantity of dosage units
- Route and mode of administration
- Term 'For Clinical Trial Use' (domestic language)
- Sponsor name and address
- Storage conditions
- Use-by date
- Batch number

The telephone number of the sponsor and name, address, and telephone number of the trial site are given in the subject information form. The EudraCT number is indicated on the title page of this protocol as well as on the subject information and informed consent forms. Examples of the labels will be available in the ISF.

As the trial is covered by the FDA requirements 21CFR320, packaging and labeling will be performed in such a way that the required reserve samples are available for storage by the investigational site and that the trial materials can be chosen in a random way by the Investigator. The retained medication will be stored for a minimum of 5 years after trial completion.

No re-supply is planned.

#### 4.1.7 Storage conditions

Drug supplies will be kept in their original packaging and in a secure limited access storage area according to the recommended (labelled) storage conditions. Where necessary, a temperature log must be maintained to make certain that the drug supplies are stored at the correct temperature. If the storage conditions are found to be outside the specified range, the local clinical monitor (as provided in the list of contacts) is to be immediately contacted.

#### 4.1.8 Drug accountability

The investigator will receive the investigational drugs delivered by the sponsor when the following requirements are fulfilled:

- Approval of the clinical trial protocol by the IRB/ethics committee
- Approval/notification of the regulatory authority, e.g. competent authority
- Availability of the curriculum vitae of the Principal Investigator
- Availability of a signed and dated clinical trial protocol

Only authorised personnel as documented in the form 'Trial Staff List' may dispense medication to trial subjects. The trial medication must be administered in the manner specified in the clinical trial protocol. All unused medication will be disposed locally by the trial site upon written authorisation by the clinical monitor. Receipt, usage, and disposal must be documented on the respective forms. Account must be given for any discrepancies.

The investigator must maintain records of the product's delivery to the trial site, the inventory at the site, the use by each subject, and the disposal of unused products.

These records will include dates, quantities, batch/serial numbers, expiry ('use-by') dates, and the unique code numbers assigned to the investigational products and trial subjects. The investigator will maintain records that document adequately that the subjects were provided the doses specified by the clinical trial protocol, and that reconcile all investigational products received from the sponsor. At the time of disposal, the investigator must verify that no remaining supplies are in the investigator's possession.

## 4.2 OTHER TREATMENTS, EMERGENCY PROCEDURES, RESTRICTIONS

### 4.2.1 Other treatments and emergency procedures

There are no special emergency procedures to be followed. No additional treatment is planned. However, in case of AEs in need of treatment, the investigator can authorise symptomatic therapy. In those cases, subjects will be treated as necessary and, if required, kept under supervision at the trial site or transferred to a hospital until all medical evaluation results have returned to an acceptable level.

## 4.2.2 Restrictions

### 4.2.2.1 Restrictions regarding concomitant treatment

In principle, no concomitant therapy is allowed except for hormonal contraceptives. All concomitant or rescue therapies will be recorded (including time of intake on study days) on the appropriate pages of the CRF.

### 4.2.2.2 Restrictions on diet and life style

While admitted to the trial site, the subjects are restricted from consuming any other foods or drinks than those provided by the staff. Standardised meals will be served at the time points described in the [Flow Chart](#). No food is allowed for at least 5 h after drug intake.

From 1 h before drug intake until lunch, fluid intake is restricted to the milk served with breakfast (see [Table 4.1.4: 2](#)), the water administered with the drug, and an additional 240 mL of water at 2 and 4 h post dose (mandatory for all subjects). From lunch until 24 h post dose, total fluid intake is restricted to 3000 mL.

Grapefruits, Seville oranges (sour or bitter oranges) and their juices, and dietary supplements and products including St. John's wort (*Hypericum perforatum*) are not permitted starting 7 days before the first administration of trial medication until after the last pharmacokinetic sample of each study period is collected.

Alcoholic beverages are not permitted from 72 h before the administration of trial medication until after the last pharmacokinetic sample of each study period is collected.

Smoking is not allowed during in-house confinement at the trial site.

Also, methylxanthine-containing drinks or foods (such as coffee, tea, cola, energy drinks, and chocolate) are not allowed during in-house confinement at the trial site.

Excessive physical activity (such as competitive sport) should be avoided starting 7 days before the first administration of trial medication until the end-of-trial examination.

Direct exposure to the sun or exposure to solarium radiation should be avoided during the entire study.

If female subjects of child bearing potential are included, adequate contraception is to be maintained throughout the course of the trial (see [Section 3.3.2](#) for adequate measures).

## 4.3 TREATMENT COMPLIANCE

Compliance will be assured by administration of all trial medication in the study centre under supervision of the investigating physician or a designee. The measured plasma concentrations will provide additional confirmation of compliance.

Subjects who are non-compliant (for instance, who do not appear for scheduled visits or violate trial restrictions) may be removed from the trial and the CRF will be completed accordingly (for further procedures see [Section 3.3.4.1](#)).

## **5. VARIABLES AND THEIR ASSESSMENT**

### **5.1 EFFICACY - CLINICAL PHARMACOLOGY**

#### **5.1.1 Endpoints of efficacy**

No efficacy endpoints will be evaluated in this trial.

#### **5.1.2 Assessment of efficacy**

Not applicable.

#### **5.2.1 Endpoints of safety**

Safety and tolerability of the investigational drugs will be assessed based on:

- Adverse events (including clinically relevant findings from the physical examination)
- Safety laboratory tests
- 12-lead ECG
- Vital signs (blood pressure, pulse rate)

These parameters will be evaluated in a descriptive way only, and are therefore considered to be 'further parameters of interest'. A confirmatory analysis is not planned (see [Section 7.3](#)).

















### **5.3 OTHER**

#### **5.3.1 Pharmacogenomic evaluation**

Pharmacogenomic investigations explore the role of genetic variation in determining an individual's response to drugs. For this purpose, a sample of at most 10 mL of blood will be taken at the screening examination from each subject whose genotype has not been previously determined. Separate informed consent for genotyping will be obtained from each volunteer prior to sampling.

DNA will be extracted from the blood sample in order to sequence genes coding for proteins that are involved in the absorption, distribution, metabolism, and excretion (ADME) of drugs. The gene sequences to be determined include known and likely functional variations of key ADME genes and incorporate more than 90% of ADME-related genetic markers identified by the PharmaADME group ([weblink.pharmaadme.org](http://weblink.pharmaadme.org)). It is not intended to include the pharmacogenomic data in the final report. However, the data may be part of the report if necessary.



## 5.4 APPROPRIATENESS OF MEASUREMENTS

All measurements performed during this trial are standard measurements and will be performed in order to monitor subjects' safety and to determine pharmacokinetic parameters in an appropriate way. The scheduled measurements will allow monitoring of changes in vital signs, standard laboratory values, and ECG parameters that might occur as a result of administration of trial medication. The safety assessments are standard, are accepted for evaluation of safety and tolerability of an orally administered drug, and are widely used in clinical trials. The pharmacokinetic parameters and measurements outlined in [Section 5.5](#) are generally used assessments of drug exposure.

## 5.5 DRUG CONCENTRATION MEASUREMENTS AND PHARMACOKINETICS

Date and clock time of drug administration and pharmacokinetic sampling will be recorded. Exact time points of plasma sampling will be derived from the study management system ClinBase™ and documented in the CRFs by the medical personnel or sent as electronic files to the trial data manager. The actual sampling times will be used for determination of pharmacokinetic parameters.

### 5.5.1 Pharmacokinetic endpoints

#### 5.5.1.1 Primary endpoints

The following primary endpoints will be determined:

- $AUC_{0-tz}$  (area under the concentration-time curve of the analyte in plasma over the time interval from 0 to the last quantifiable data point) for empagliflozin and metformin
- $AUC_{0-72}$  (area under the concentration-time curve of the analyte in plasma over the time interval from 0 to 72 h) for linagliptin
- $C_{max}$  (maximum measured concentration of the analyte in plasma) for empagliflozin, linagliptin, and metformin

#### 5.5.1.2 Secondary endpoints

The following secondary endpoint will be evaluated for empagliflozin, linagliptin, and metformin:

- $AUC_{0-\infty}$  (area under the concentration-time curve of the analyte in plasma over the time interval from 0 extrapolated to infinity)

## 5.5.2 Methods of sample collection

### 5.5.2.1 Plasma sampling for pharmacokinetic analysis

For quantification of empagliflozin, linagliptin, and metformin plasma concentrations, 7.5 mL of blood will be taken from an antecubital or forearm vein into an K<sub>3</sub>-EDTA (tripotassium ethylenediaminetetraacetic acid)-anticoagulant blood drawing tube at the times indicated in the [Flow Chart](#). Blood will be withdrawn by means of either an indwelling venous catheter or by venipuncture with a metal needle.

The EDTA-anticoagulated blood samples will be centrifuged for about 10 min at about 2000 x g to 4000 x g and at 4 to 8 °C. Six plasma aliquots (2 aliquots each for empagliflozin, linagliptin, and metformin) will be obtained and stored in polypropylene tubes. The first aliquots should contain at least 0.5 mL plasma. The process from blood collection until transfer of plasma aliquots into the freezer should be completed within 90 min, with interim storage of blood samples in ice water or on ice. For each aliquot the time when the sample was placed in the freezer will be documented. Until transfer on dry ice to the analytical laboratory, the aliquots will be stored upright at about -20°C or below at the trial site. The second aliquot will be transferred to the analytical laboratory after the bioanalyst has acknowledged safe arrival of the first aliquot. At the analytical laboratory the plasma samples will be stored at about -20°C or below until analysis.

At a minimum, the sample tube labels should list the following information: BI trial number, subject number, visit, planned sampling time, name of analyte and 'Ali-1' or 'Ali-2'. Further information such as matrix may also be provided.

Plasma samples for empagliflozin analyses will be shipped to:

Plasma samples for linagliptin analyses will be shipped to:

Plasma samples for metformin analyses will be shipped to:

After completion of the trial the plasma samples may be used for further methodological investigations, e.g. for stability testing, assessment of metabolites. However, only data related to the analyte and/or its metabolite(s) including anti-drug antibodies (if applicable) will be generated by these additional investigations. The study samples will be discarded after completion of the additional investigations but not later than 5 years upon the final study report has been signed.

### **5.5.3 Analytical determinations**

#### **5.5.3.1 Analytical determination of empagliflozin plasma concentration**

Empagliflozin concentrations in plasma will be determined by a validated liquid chromatography tandem mass spectrometry (LC-MS/MS) assay at . All details of the analytical method will be available prior to the start of sample analysis. During sample analysis, the bioanalyst will be blinded to subject allocation and will have no access to the random code.

#### **5.5.3.2 Analytical determination of linagliptin plasma concentration**

Linagliptin concentrations in plasma will be determined by a validated LC-MS/MS assay at . All details of the analytical method will be available prior to the start of sample analysis. During sample analysis, the bioanalyst will be blinded to subject allocation and will have no access to the random code.

#### **5.5.3.3 Analytical determination of metformin plasma concentration**

Metformin concentrations in plasma will be determined by a validated LC-MS/MS assay at . All details of the analytical method will be available prior to the start of sample analysis. During sample analysis, the bioanalyst will be blinded to subject allocation and will have no access to the random code.

## 6. INVESTIGATIONAL PLAN

### 6.1 VISIT SCHEDULE

Exact times of measurements outside the permitted time windows will be documented. The acceptable time windows for screening and end-of-trial examination are given in the [Flow Chart](#).

Study measurements and assessments scheduled to occur 'before' trial medication administration on Day 1 are to be performed and completed within a 3 h-period prior to the trial drug administration.

If scheduled in the [Flow Chart](#) at the same time as a meal, blood sampling, vital signs, and 12-lead ECG recordings have to be done first. Furthermore, if several measurements including venipuncture are scheduled for the same time, venipuncture should be the last of the measurements due to its inconvenience to the subject and possible influence on physiological parameters.

For planned individual plasma concentration sampling times refer to the [Flow Chart](#). While these nominal times should be adhered to as closely as possible, the actual sampling times will be recorded and used for determination of pharmacokinetic parameters.

If a subject misses an appointment, it will be rescheduled if possible. The relevance of measurements outside the permitted time windows will be assessed no later than at the Report Planning Meeting.

### 6.2 DETAILS OF TRIAL PROCEDURES AT SELECTED VISITS

#### 6.2.1 Screening

After having been informed about the trial, all subjects will give their written informed consent in accordance with GCP and local legislation prior to enrolment in the study.

For information regarding laboratory tests (including drug and virus screening), ECG, vital signs, and physical examination, refer to [Sections 5.2.3](#) to [5.2.5](#).

Pharmacogenomic genotyping will be performed in those volunteers whose genotypes are not known (for details see [Section 5.3](#)).

#### 6.2.2 Treatment periods

Each subject is expected to participate in 2 treatment periods (Days -1, 1, 2, 3, and 4 in each period). The 2 treatment periods will be separated by at least 35 days between drug administrations. Within 7 days prior to the drug administration in the second treatment period (Visit 3), the subjects will have an ambulatory appointment for safety laboratory blood sampling.

On Day -1 of each treatment period, study participants will be admitted to the trial site and kept under close medical surveillance for at least 24 h following drug administration on Day 1. The subjects will then be allowed to leave the trial site after formal assessment and

confirmation of their fitness. On all other study days, the study will be performed in an ambulatory fashion.

For details on time points and procedures for collection of plasma samples for pharmacokinetic analysis, refer to [Flow Chart](#) and [Section 5.5.2](#).

### **6.2.3 End-of-trial period**

For AE assessment, laboratory tests, recording of ECG and vital signs, and physical examination during the end-of-trial period, see [Sections 5.2.2](#) to [5.2.5](#).

Subjects who discontinue treatment before the end of the planned treatment period should undergo the end-of-trial visit.

All abnormal values (including laboratory parameters) that are judged clinically relevant by the investigator will be monitored using the appropriate tests until a return to a medically acceptable level is achieved. (S)AEs persisting after a subject's end of trial must be followed up until they have resolved, have been sufficiently characterised, or no further information can be obtained.

The end of the trial as a whole is defined by the 'last regular visit completed by last subject' or 'end date of the last open AE' or 'date of the last follow-up test' or 'date of an AE has been decided as sufficiently followed-up', whichever is latest.

## 7. STATISTICAL METHODS AND DETERMINATION OF SAMPLE SIZE

### 7.1 STATISTICAL DESIGN – MODEL

#### 7.1.1 Objectives

The primary objective of this trial is to establish the bioequivalence of an FDC tablet containing 25 mg empagliflozin/5 mg linagliptin/1000 mg metformin XR compared with the free combination of empagliflozin (25 mg), linagliptin (5 mg), and metformin XR (2 x 500 mg) tablets after a high-fat, high-calorie meal. The FDC tablet will be regarded as the test treatment (T) and the free combination of empagliflozin, linagliptin, and metformin XR tablets will be regarded as the reference treatment (R). The trial is designed to allow intrasubject comparisons and will be evaluated statistically by use of an appropriate linear model.

#### 7.1.2 Endpoints

Bioequivalence is to be determined on the basis of the primary pharmacokinetic endpoints (see [Section 5.5.1.1](#)). The secondary parameter (see [Section 5.5.1.2](#)) will be analysed analogously but will not be interpreted in a confirmatory sense. All pharmacokinetic endpoints (see [Section 5.5.1](#)) will be calculated and analysed descriptively.

#### 7.1.3 Model

For the bioequivalence analyses, pharmacokinetic endpoints will be log-transformed (natural logarithm) prior to fitting the ANOVA (analysis of variance) model (see below).

The statistical model used for the analysis of primary and secondary endpoints will be an ANOVA model on the logarithmic scale. This model will include effects accounting for the following sources of variation: ‘sequence’, ‘subjects within sequences’, ‘period’, and ‘treatment’. The effect ‘subjects within sequences’ will be considered as random, whereas the other effects will be considered as fixed. The model is described by the following equation:

$$y_{ijkm} = \mu + \zeta_i + s_{im} + \pi_j + \tau_k + e_{ijkm}, \text{ where}$$

$y_{ijkm}$  = logarithm of response (endpoint) measured on subject  $m$  in sequence  $i$  receiving treatment  $k$  in period  $j$ ,

$\mu$  = the overall mean,

$\zeta_i$  = the  $i^{\text{th}}$  sequence effect,  $i = 1, 2$ ,

$s_{im}$  = the effect associated with the  $m^{\text{th}}$  subject in the  $i^{\text{th}}$  sequence,  
 $m = 1, 2, \dots, n_i$

$\pi_j$  = the  $j^{\text{th}}$  period effect,  $j = 1, 2$ ,

$\tau_k$  = the  $k^{\text{th}}$  treatment effect,  $k = 1, 2$ ,

$e_{ijkm}$  = the random error associated with the  $m^{\text{th}}$  subject in sequence  $i$  who received treatment  $k$  in period  $j$ .

For each endpoint, the difference between the expected means for  $\log(T)$ - $\log(R)$ , will be estimated by the difference in the corresponding adjusted means (Least Squares Means), and a two-sided 90% confidence interval (CI) based on the t-distribution will be computed. These quantities will then be back-transformed to the original scale to provide the point estimate and 90% CIs for each endpoint.

As a sensitivity analysis, this ANOVA will be repeated for the primary and secondary endpoints with all sources of variation ('sequence', 'subjects within sequences', 'period', 'treatment') considered as fixed effects.

## 7.2 NULL AND ALTERNATIVE HYPOTHESES

The assessment of bioequivalence will be based upon two-sided 90% CIs for the ratio of the geometric means (test/reference) for the primary endpoints using an acceptance range of 80.00-125.00%. This method is equivalent to the two one-sided t-tests procedure, each at the 5% significance level (on the log scale).

In general, the hypothesis of inequivalence is tested:

Null hypothesis  $H_0$  (inequivalence):  $\mu_T - \mu_R \leq -\delta$  or  $\mu_T - \mu_R \geq \delta$

where  $\mu_T$  and  $\mu_R$  are the means of the log-transformed endpoint for the test and reference treatments, respectively, and  $\delta$  is the bioequivalence limit that defines the acceptance range on the logarithmic scale.

Thus the null hypothesis is that the difference of the population average responses is either less than or equal to the lower bound or greater than or equal to the upper bound of the acceptance range.

Alternative hypothesis  $H_a$  (equivalence):  $-\delta < \mu_T - \mu_R < \delta$

that is, the difference of the population average responses is both greater than the lower bound and less than the upper bound of the acceptance range.

In this trial, the bioequivalence limit  $\delta$  is  $\ln(1.25)$ . By back-transforming (exponentiating), this translates to an acceptance range of 80.00 to 125.00% for the ratio of the geometric means (test/reference) for endpoints on the original (linear) scale.

The above null hypothesis  $H_0$  of inequivalence and its alternative  $H_a$  can be decomposed into two one-sided null hypotheses,  $H_{01}$  and  $H_{02}$ , with their accompanying alternatives:

$H_{01}$ :  $\mu_T - \mu_R \leq -\delta$  vs.  $H_{a1}$ :  $\mu_T - \mu_R > -\delta$

$H_{02}$ :  $\mu_T - \mu_R \geq \delta$  vs.  $H_{a2}$ :  $\mu_T - \mu_R < \delta$

Due to the nature of normal-theory CIs, the test of the null hypothesis  $H_0$  at the level of significance of  $\alpha = 0.05$  is equivalent to carrying out two one-sided tests of the above null hypotheses  $H_{01}$  and  $H_{02}$  each at the level of significance of  $\alpha = 0.05$ . The rejection of both null hypotheses at the  $\alpha = 0.05$  level is equivalent to the inclusion of the 90% CI for  $\mu_T - \mu_R$  in the acceptance range  $(-\delta, \delta)$ .

## 7.3 PLANNED ANALYSES

### 7.3.1 Primary analyses

The pharmacokinetic endpoints listed in [Section 5.5.1](#) will be calculated according to the BI SOP 'Standards and processes for analyses performed within Clinical Pharmacokinetics/ Pharmacodynamics' [[001-MCS-36-472](#)].

Plasma concentration data and parameters of a subject will be included in the statistical pharmacokinetic (PK) analyses if they are not flagged for exclusion due to a protocol violation relevant to the evaluation of PK (to be decided no later than in the Report Planning Meeting) or due to PK non-evaluability (as revealed during data analysis, based on the criteria specified below). Exclusion of a subject's data will be documented in the clinical trial report.

Relevant protocol violations may be:

- Incorrect trial medication taken, that is, the subject received at least one dose of trial medication the subject was not assigned to
- Incorrect dose of trial medication taken
- Use of restricted medications

Plasma concentrations and/or parameters of a subject will be considered as non-evaluable, if for example:

- The subject experiences emesis that occurred at or before 2 times median  $t_{max}$  of the respective treatment (median  $t_{max}$  is to be determined excluding the subjects experiencing emesis)
- A predose concentration is  $>5\%$   $C_{max}$  value of that subject
- Missing samples/concentration data at important phases of PK disposition curve

The following analysis sets will be defined for this trial:

- Randomised set (RS):  
This subject set includes all randomised patients, whether treated or not
- Treated set (TS):  
This subject set includes all subjects from the RS who were documented to have received one dose of study drug. This is the full analysis set population in the sense of ICH-E9
- Pharmacokinetic parameter set (PKS):  
This subject set includes all subjects in the TS who provide at least one primary or secondary PK parameter that was not excluded according to the description above.



Thus, a subject will be included in the PKS, even if he/she contributes only one PK parameter value for one period to the statistical assessment

It will also be decided in the Report Planning Meeting which subjects are to be included in the respective analysis sets.

Point estimates of the ratios of the geometric means (test/reference) for the primary and secondary endpoints (see [Sections 5.5.1.1](#) and [5.5.1.2](#)), and their two-sided 90% CIs will be provided.

Bioequivalence is considered established if the 90% CIs of the ratios of the geometric means for the primary endpoints (see [Section 5.5.1.1](#)) are contained in the predefined acceptance range (see [Section 7.2](#)).

### **7.3.2 Secondary analyses**

The secondary parameter (refer to [Section 5.5.1.2](#)) will be calculated according to the BI SOP 'Standards and processes for analyses performed within Clinical Pharmacokinetics/ Pharmacodynamics' [[001-MCS-36-472](#)] and will statistically be assessed using the same methods as described for the primary endpoints.

Additionally, the pharmacokinetic parameters listed in [Section 5.5.1.3](#) will be calculated and analysed descriptively, if feasible.

#### 7.3.4 Interim analyses

No interim analysis is planned.

#### 7.3.5 Pharmacokinetic analyses

The pharmacokinetic parameters listed in [Section 5.5.1](#) will be calculated according to the relevant BI SOP [[001-MCS-36-472](#)].

Individual plasma concentration data and the pharmacokinetic parameters will be tabulated, graphically displayed and summarized by descriptive statistics. Descriptive and inferential statistics of PK endpoints will be based on PKS.

Only concentration values within the validated concentration range and actual sampling times will be used for the calculation of pharmacokinetic parameters. Concentrations used in the pharmacokinetic calculations will be in the same format provided in the bioanalytical report, (that is, to the same number of decimal places provided in the bioanalytical report).

If a predose concentration value is greater than 5% of  $C_{max}$ , the subject's pharmacokinetic data will be not included in any statistical evaluations, in accordance with international guidances. The individual pharmacokinetic parameters of such a subject will be calculated and listed separately. If a predose concentration is above BLQ, but less than or equal to 5% of the subject's  $C_{max}$  value, the subject's data without any adjustments will be included in all pharmacokinetic measurements and calculations.

### 7.4 HANDLING OF MISSING DATA

#### 7.4.1 Safety

With respect to safety evaluations, it is not planned to impute missing values.

#### 7.4.2 Plasma drug concentration-time profiles

Handling of missing pharmacokinetic data will be performed according to the relevant BI SOP [[001-MCS-36-472](#)].

Drug concentration data identified with NOS (no sample available), NOR (no valid result), NOA (not analysed), BLQ (below the lower limit of quantification), or NOP (no peak detectable) will be displayed as such and not replaced by zero at any time point (this rule also applies to the lag phase, including the predose values).

### 7.4.3 Pharmacokinetic parameters

Handling of missing pharmacokinetic data will be performed according to the relevant BI SOP [[001-MCS-36-472](#)].

For the non-compartmental analysis, concentration data identified with NOS, NOR, or NOA will generally not be considered. Concentration values in the lag phase identified as BLQ or NOP will be set to zero. All other BLQ/NOP values of the profile will be ignored. The lag phase is defined as the period between time zero and the first time point with a concentration above the quantification limit.

## 7.5 RANDOMISATION

Subjects will be randomised to 1 of the 2 treatment sequences in a 1:1 ratio. The block size will be documented in the clinical trial report.

The sponsor will arrange for the randomisation as well as packaging and labelling of trial medication. The randomisation list will be generated using a validated system, which involves a pseudo-random number generator and a supplied seed number so that the resulting allocation is both reproducible and non-predictable.

The randomisation list will contain additional blocks to allow for subject replacement (refer to [Section 3.3.5](#)).

## 7.6 DETERMINATION OF SAMPLE SIZE

Maximum observed intrasubject geometric coefficients of variation (gCV) for AUC and  $C_{\max}$  were taken as 13% (linagliptin, parameter AUC), 14% (empagliflozin, parameter  $C_{\max}$ ), and 11% (metformin, parameter  $C_{\max}$ ) from a previous trial (1361.1) in order to determine the sample size for this trial.

The power was calculated for the highest gCV and different expected ratios (test/reference). In order to get an overall power of at least 90%, a target power of 97% ( $=100*0.9^{(1/3)}$ ) was defined, assuming that the 3 analytes are not correlated.

Using this gCV and the sample size of 26, the power to reject the null hypothesis of bio-inequivalence for one parameter in favour of equivalence at the 5% level of significance is displayed in [Table 7.6: 1](#) under various assumptions for the intrasubject ratio.

Table 7.6: 1 Overall power for concluding bioequivalence in a two-way crossover trial (N=26) based on a geometric coefficient of variation of 14% (for empagliflozin), 13% (for linagliptin), and 11% (for metformin) and an acceptance range of 80-125% for different expected ratios of corresponding geometric means (test/reference)

Ratio <sup>1</sup>	90%	92%	94%	96%	98%
Power	83.5%	95.1%	98.8%	99.8%	100.0%

1. Ratio of the geometric means (test/reference) for a PK endpoint defined by  $\exp(\mu_T)/\exp(\mu_R)$  ([Section 7.2](#))

From Table 7.6: 1, a sample size of 26 will have approximately 98.8% power to conclude bioequivalence if the geometric mean ratio is 94%. Considering the expected power instead [[R11-0474](#)], the overall probability for trial success would be approximately 78%. In addition, based on the table above, the overall power to conclude bioequivalence if the treatments differ up to 10% (ratio scale) would still be greater than 80%. Accounting for up to 4 PK non-evaluable subjects, 30 subjects will be included in the study.

The calculation was performed as described by Diletti et al. [[R94-1445](#)] using the function `power.TOST()` and `expower.TOST()` of the package `PowerTOST` Version 1.4-3 in R Version 3.3.2.

## **8. INFORMED CONSENT, DATA PROTECTION, TRIAL RECORDS**

The trial will be carried out in compliance with the protocol, the principles laid down in the Declaration of Helsinki, in accordance with the ICH Harmonised Tripartite Guideline for Good Clinical Practice (GCP) and relevant BI SOPs.

The investigator should inform the sponsor immediately of any urgent safety measures taken to protect the study subjects against any immediate hazard, and also of any serious breaches of the protocol or of ICH GCP.

As a general rule, no trial results should be published prior to finalisation of the clinical trial report.

Insurance Coverage: The terms and conditions of the insurance coverage must be given to each subject and are made available to the investigator via documentation in the ISF.

### **8.1 STUDY APPROVAL, SUBJECT INFORMATION, AND INFORMED CONSENT**

This trial will be initiated only after all required legal documentation has been reviewed and approved by the respective Institutional Review Board (IRB)/Independent Ethics Committee (IEC) and competent authority (CA) according to national and international regulations. The same applies for the implementation of changes introduced by amendments.

Prior to a subject's participation in the trial, written informed consent must be obtained from each subject according to ICH GCP and to the regulatory and legal requirements of the participating country. Each signature must be personally dated by each signatory and the informed consent and any additional subject information form are to be retained by the

investigator as part of the trial records. A copy of the signed and dated written informed consent and any additional subject information must be given to each subject.

The subject must be informed that his or her personal trial-related data will be used by BI in accordance with the local data protection law. The level of disclosure must also be explained to the subject.

The subject must be informed that his or her medical records may be examined by authorised monitors (Clinical Monitor Local/Clinical Research Associate) or Clinical Quality Assurance auditors appointed by BI, by appropriate IRB/IEC members, and by inspectors from regulatory authorities.

## **8.2 DATA QUALITY ASSURANCE**

A quality assurance audit/inspection of this trial may be conducted by the sponsor or sponsor's designees, by IRBs/IECs, or by regulatory authorities. The quality assurance auditor will have access to all medical records, the investigator's trial-related files and correspondence, and the informed consent documentation of this clinical trial.

The data management procedures to ensure the quality of the data are described in detail in the trial data management and analysis plan (TDMAP) available in the trial master file (TMF).

## **8.3 RECORDS**

CRFs for individual subjects will be provided by the sponsor. For drug accountability, refer to [Section 4.1.8](#).

ClinBase™:

In the Human Pharmacology Centre (HPC) – BI's Phase I unit – the validated ClinBase™ system is operated for processing information and controlling data collected in clinical studies. In addition to its function as a procedure control system, ClinBase™ serves as data base. Instead of being entered into CRFs, selected data are directly entered into the system.

### **8.3.1 Source documents**

Source documents provide evidence for the existence of the subject and substantiate the integrity of the data collected. Source documents are filed at the investigator's site.

All data reported in the CRFs must be consistent with the source data or the discrepancies must be explained.

Data directly entered into ClinBase™ (that is, without prior written or electronic record) are considered to be source data. The place where data is entered first will be defined in a trial specific Source Data Agreement. The data in ClinBase™ are available for inspection at any time.

The investigator may need to request previous medical records or transfer records, depending on the trial.

### 8.3.2 Direct access to source data and documents

The investigator/institution will permit trial-related monitoring, audits, IRB/IEC review and regulatory inspection, providing direct access to all related source data/documents. CRFs and all source documents, including progress notes (if applicable) and copies of laboratory and medical test results must be available at all times for review by the sponsor's clinical trial monitor or auditor and for inspection by health authorities (e.g. FDA). The Clinical Research Associate/on-site monitor and auditor may review all CRFs and written informed consents. The accuracy of the data will be verified by reviewing the documents described in [Section 8.3.1](#).

### 8.3.3 Storage period of records

Trial site:

The trial site must retain the source and essential documents (including ISF) according to the national or local requirements (whatever is longer) valid at the time of the end of the trial.

Sponsor:

The sponsor must retain the essential documents according to the sponsor's SOPs.

## 8.4 EXPEDITED REPORTING OF ADVERSE EVENTS

BI is responsible to fulfil their legal regulatory reporting obligation and in accordance to the requirements defined in this clinical trial protocol.

## 8.5 STATEMENT OF CONFIDENTIALITY

Individual subject medical information obtained as a result of this trial is considered confidential and disclosure to third parties is prohibited with the exceptions noted below. Subject confidentiality will be ensured by using subject identification code numbers.

Treatment data may be provided to the subject's personal physician or to other appropriate medical personnel responsible for the subject's welfare. Data generated as a result of the trial need to be available for inspection on request by the participating physicians, the sponsor's representatives, by the IRB/IEC and the regulatory authorities, that is, the CA.

## 8.6 COMPLETION OF TRIAL

The IEC/competent authority needs to be notified about the end of the trial (last subject / subject out, unless specified differently in [Section 6.2.3](#) of the clinical trial protocol) or early termination of the trial.

## 9. REFERENCES

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- R17-1647      Glumetza (metformin hydrochloride extended-release tablets), for oral use (Salix Pharmaceuticals), prescription only (U.S. prescribing information, revised: 04/2017). <https://shared.salix.com/shared/pi/glumetza-pi.pdf>  
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## **10. APPENDICES**

Not applicable.

## 11. DESCRIPTION OF GLOBAL AMENDMENT(S)

This is the original protocol.

<b>Number of global amendment</b>		
<b>Date of CTP revision</b>		
<b>EudraCT number</b>		
<b>BI Trial number</b>		
<b>BI Investigational Product(s)</b>		
<b>Title of protocol</b>		
<b>To be implemented only after approval of the IRB / IEC / Competent Authorities</b>		
		<input type="checkbox"/>
<b>To be implemented immediately in order to eliminate hazard – IRB / IEC / Competent Authority to be notified of change with request for approval</b>		
		<input type="checkbox"/>
<b>Can be implemented without IRB / IEC / Competent Authority approval as changes involve logistical or administrative aspects only</b>		
		<input type="checkbox"/>
<b>Section to be changed</b>		
<b>Description of change</b>		
<b>Rationale for change</b>		

**APPROVAL / SIGNATURE PAGE**
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**Technical Version Number:1.0**
**Document Name: clinical-trial-protocol**

**Title:** Bioequivalence of a fixed dose combination tablet of empagliflozin/linagliptin/metformin extended release compared to the free combination of empagliflozin, linagliptin, and metformin extended release tablets following oral administration in healthy male and female subjects (an open-label, randomised, single-dose, two-period, two-sequence crossover study)

**Signatures (obtained electronically)**

<b>Meaning of Signature</b>	<b>Signed by</b>	<b>Date Signed</b>
Approval-Therapeutic Area		28 Jun 2017 17:51 CEST
Author-Trial Clinical Pharmacokineticist		29 Jun 2017 08:44 CEST
Author-Trial Clinical Monitor		29 Jun 2017 11:01 CEST
Approval-Team Member Medicine		29 Jun 2017 12:19 CEST
Author-Trial Statistician		29 Jun 2017 13:50 CEST
Verification-Paper Signature Completion		29 Jun 2017 14:44 CEST

**(Continued) Signatures (obtained electronically)**

<b>Meaning of Signature</b>	<b>Signed by</b>	<b>Date Signed</b>
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