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**Evaluation of Fiasp® (Fast acting insulin aspart)
in 670G Hybrid Closed-loop Therapy**

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69 **CHAPTER 1: INTRODUCTION**

70

71 **1.1 Study Objectives:**

72 To assess the effect of using Fiasp® in a closed-loop system:

73 Part 1: To assess how the 670G system adapts to the introduction of Fiasp®
74 insulin

75 Part 2: To assess changes experienced clinicians will make to the use of Fiasp®
76 insulin in the 670G pump

77

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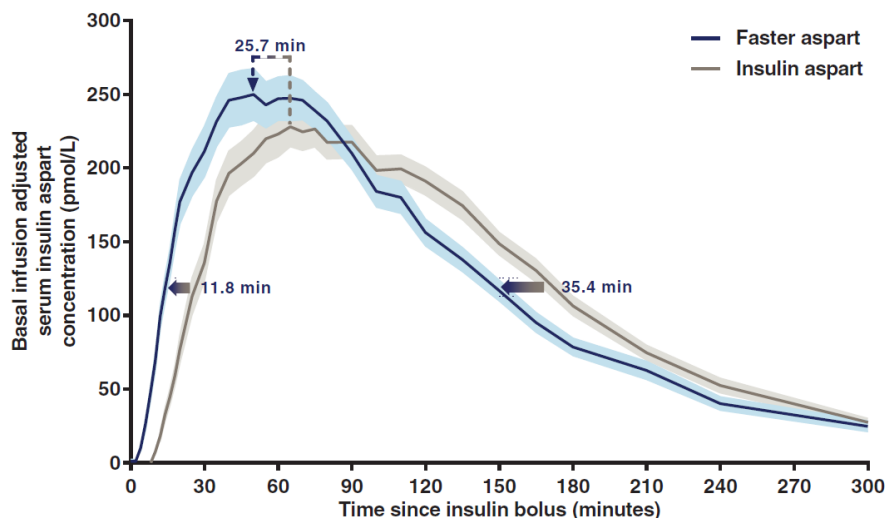
79 **1.2 BACKGROUND INFORMATION**

80 **1.2.1 Fiasp®**

81 Faster-acting insulin aspart (faster aspart or Fiasp®) is insulin aspart in a new formulation
82 that contains two well-known excipients generally recognized as safe (GRAS), niacinamide
83 and L-arginine. These are both listed in the US Food and Drug Administration inactive
84 ingredient database, in products for injection, at higher concentrations than used in Fiasp®.
85 With Fiasp®, niacinamide is considered responsible for faster initial absorption after
86 subcutaneous administration and L-arginine serves as a stabilizing agent. In subjects with
87 type 1 diabetes mellitus (T1DM), Fiasp® administered by subcutaneous injection had
88 twice-as-fast onset of appearance, a 2-fold higher early exposure, and >50% greater early
89 glucose-lowering effect compared with insulin aspart ^{1,2}. When Fiasp® is administered by
90 subcutaneous insulin infusion pump therapy, the rapid onset of action is even more
91 pronounced. The time to half-maximal activity was reduced by 11.8 minutes, the time to
92 peak activity was reduced by 25.7 minutes, and the duration of insulin activity was reduced
93 by 35.4 minutes when compared to insulin aspart ³ (see Figure 1 below).

94

95 **Figure 1-1: Fiasp® Pharmacokinetics.** A bolus of 0.15 U/kg of aspart (grey) (n=46) or
96 Fiasp® (blue) (n=44) was given subcutaneously by an insulin pump and serum insulin
97 concentrations were measure.



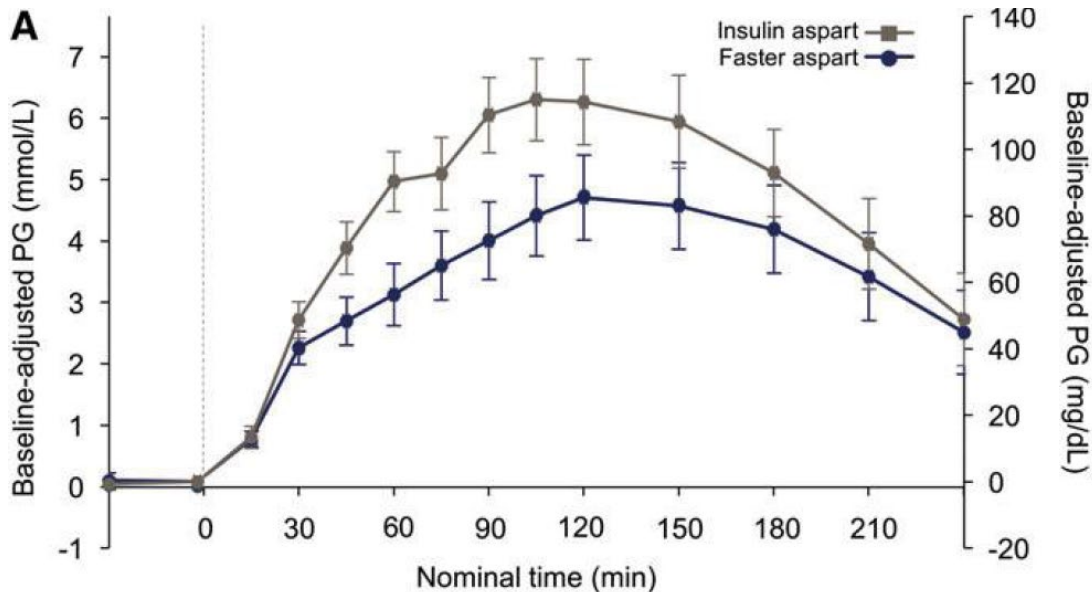
98

99 In a 6 week double-blind, randomized, crossover active-controlled trial comparing aspart to

100 Fiasp® using continuous subcutaneous insulin infusion (CSII) pump therapy, the Fiasp®
101 two hour post prandial glucose levels were significantly lower following a standardized meal
102 test ⁴ (Figure 1-2)

103

104 **Figure 1-2:** Mean baseline-adjusted plasma glucose levels following either insulin aspart (in
105 grey) or Fiasp® (in blue) given as an insulin pump bolus at the onset of a standardized
106 liquid meal (Boost) which has 102 grams of CHO. The bolus calculator in their pump was
107 used for each meal dose.



108

109 The more rapid onset of action and shorter duration could be very beneficial to full closed-
110 loop control allowing an earlier onset of insulin action to cover the postprandial glucose rise,
111 and decreasing the residual insulin after a meal to prevent late hypoglycemia. Fiasp® has
112 not been tested in a hybrid closed-loop system.

113 Fiasp® was approved by the FDA on September 29, 2017 for people with type 1 and type 2
114 diabetes in a pre-filled FlexTouch® pen and in 10 ml vials. It was approved to be given by
115 injection, but not for use in pumps. In Europe it was approved for use by injections and in
116 insulin infusion pumps. In both the US and Europe it was approved for use in pregnancy.
117 There has been one study published on pump compatibility of Fiasp® ⁵ which showed a
118 premature end of infusion set wear in 10% of 210 Fiasp® infusions, and 4% of 98 aspart
119 infusions (p=ns).

120

121 1.2.2 Medtronic 670G Hybrid Closed-loop

122 The Medtronic 670G hybrid closed loop system is the first fully integrated system designed
123 for continuous day and night closed-loop control. The system requires meal announcement
124 with an estimate of carbohydrate intake and a premeal insulin bolus to optimize glucose
125 excursions. We published the first results of using this system in 2015 in adolescents
126 attending a diabetes camp ⁶, and the 670G system was approved for commercial sale by
127 the FDA on September 28th, 2016. We have had adolescents using this system for 2 ½
128 years, 7-14 year olds using the system for 15 months, and 5 to 6 year olds have been using

129 this system at Stanford for over 3 months as part of the pivotal trials with extended use of
 130 the system after the initial 3 month pivotal phase. Both the adult and pediatric clinics now
 131 have patients using the 670G system.

132

133 **Figure 1-3:** Medtronic 670G system: Medtronic 670G pump, Guardian 3 continuous
 134 glucose sensor, and Bayer Link glucose meter.



135

136

137 The safety and effectiveness of the in-home use of a hybrid closed-loop (HCL) system was
 138 investigated in adolescents (n = 30, ages 14–21 years) and adults (n = 94, ages 22–75
 139 years) with type 1 diabetes in a multicenter pivotal trial ⁷. The 670G system was used
 140 during a 2-week run-in phase without HCL control, or Auto Mode, enabled (Manual Mode)
 141 and then in Auto Mode during a 3-month study phase. Data from the trial is seen below, in
 142 Table 1.

143 **Table 1:** Comparison of glucose control and insulin doses from the 2 week baseline
 144 data compared to the 3 months of 670G hybrid closed loop use ⁸

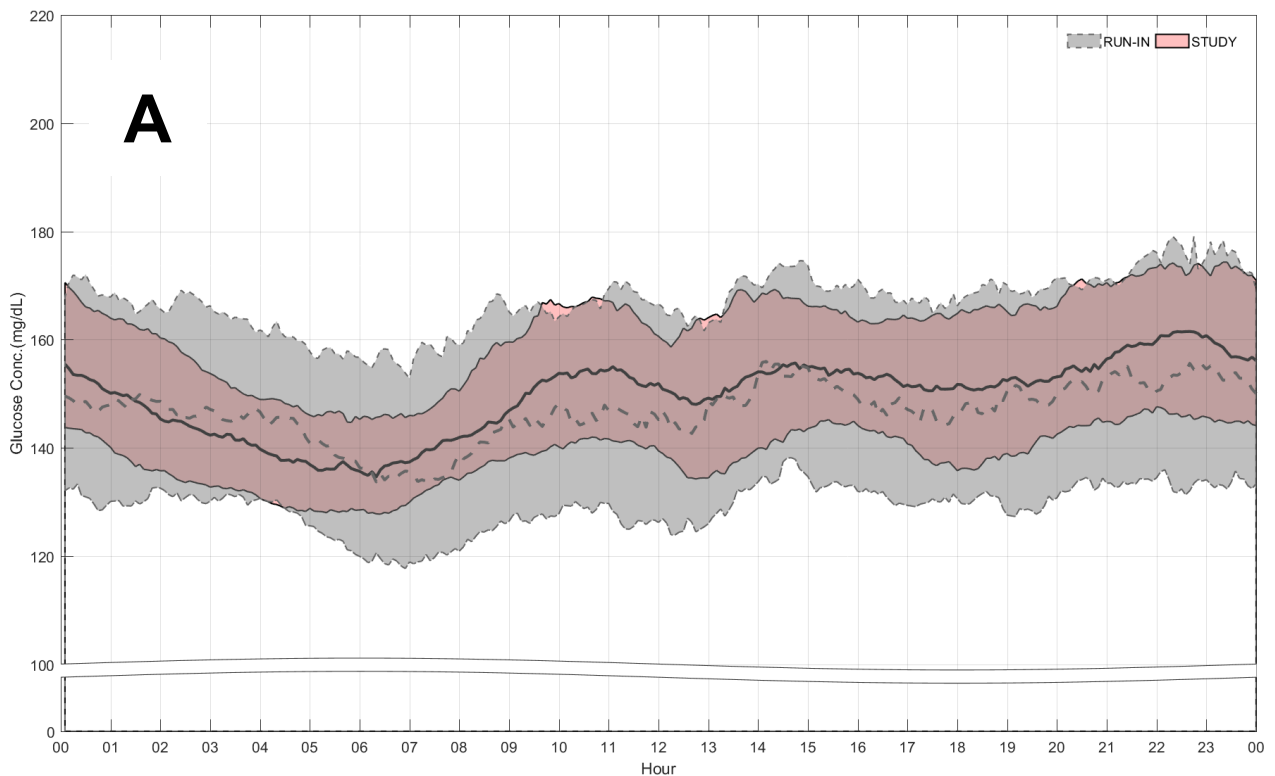
	Run In (Baseline)	3 month Data	p
HbA1c	7.4 ± 0.9	6.9 ± 0.6	<0.001
% <70 mg/dL	6.4 ± 5.3	3.3 ± 2.0	<0.001
% 71-180 mg/dL	66.7 ± 12.2	72.2 ± 8.8	< 0.001
% >180 mg/dL	27.4±13.7	24.5±9.2	< 0.001
Mean Glucose	150.2±22.7	150.8±13.7	NS
Within Day CV	33.5±4.3	30.8±3.3	< 0.001
TDI	47 ± 22	51 ± 27	< 0.001

145

146 The adolescents used the system for a median 75.8% of the time, and adults used the
147 system for a median 88.0% of the time. From baseline run-in to the end of study phase the
148 adolescent HbA1c decreased from 7.7% to 7.1% ($P < 0.001$) and adult HbA1c levels
149 decreased from 7.3% to 6.8% ($P < 0.001$). The proportion of overall in-target (71–180
150 mg/dL) sensor glucose (SG) values increased from 60.4% to 67.2% ($P < 0.001$) in
151 adolescents and from 68.8% to 73.8% ($P < 0.001$) in adults. Figure 1-4 provides a graph of
152 the sensor values for both adolescent and adult subjects comparing their baseline data to
153 their data using the 670G. There were no severe hypoglycemic or diabetic ketoacidosis
154 events in either cohort.

155

156 **Figure 1-4:** Graph of the median and interquartile range sensor values over a 24 hour day
157 comparing the values obtain at baseline with regular care (in grey), to the data over 3
158 months of using the Medtronic 670G pump for the adult and adolescent patients. The gray
159 band and dotted line represent data from the run-in phase; the pink band and solid line
160 represent data from the study phase. ⁷



161

162 1.2.3 Use Of A Standard Breakfast To Assess Insulin Pharmacodynamics Data 163 In An Outpatient Setting.

164 In a study to assess the effect of hyaluronidase administration on insulin
165 pharmacodynamics, 14 subjects were instructed to eat the same breakfast meal each day,
166 give an insulin bolus based on their usual insulin-to-carbohydrate ratio and correction
167 factor, and they were instructed not to eat for at least 3 hours following breakfast. Subjects
168 were required to document their food intake each morning at breakfast and the
169 carbohydrate content was verified on the pump download bolus history. Postprandial
170 glucodynamic parameters including peak glucose concentration (C_{max}), time to C_{max} (t_{max}),

171 and estimated average glucose excursions were assessed using sensor glucose values at
 172 a time interval of 0 to 180 minutes after breakfast bolus. If a bolus was given between 120-
 173 180 minutes following the breakfast bolus, CGM values were only used up to the time of the
 174 bolus. The glucose at the time of the breakfast bolus (Time 0) was set to 0 mg/dL for each
 175 meal, and the remaining CGM values were adjusted proportionally to allow analysis of
 176 postprandial glucodynamic parameters. We utilized a mixed-effects model accounting for
 177 crossover study design of the study with the sequence of treatment nested within the
 178 patient, and this was the random effect. Breakfast meals were excluded from postprandial
 179 analysis if: 1) the rate of change was greater than 0.5mg/dL/min in the 1 hour prior to
 180 breakfast, 2) subjects gave a subsequent bolus prior to 120 minutes following the breakfast
 181 bolus, or 3) subjects deviated from their typical breakfast.

182 For the postprandial glucose analysis (Table 2) there were limited observations available,
 183 but the estimated average glucose excursion was less for hyaluronidase compared to
 184 standard weeks on Day 1 of infusion set life (12-24 hours after the first hyaluronidase
 185 infusion) and Day 3 of infusion set life (immediately after second hyaluronidase
 186 infusion). This effect was lost on Day 2 of infusion set life (36-48 hours after the first hyaluronidase
 187 infusion) and Day 4 of infusion set life (24 hours after the second hyaluronidase infusion).
 188 The study was not powered to show a difference in glucodynamic parameters, but Cmax
 189 and tmax tended to be lower immediately after hyaluronidase infusions. Postprandial
 190 profiles obtained from CGM glucose values are presented in mean ± standard error for
 191 meals analyzed on Days 1-4 of infusion set life in Figure 3. There were too few meals
 192 available for analysis beyond Day 4 of infusion set life to allow postprandial analysis.

193
 194
 195

Table 2: Postprandial glucodynamic parameters following hyaluronidase injection

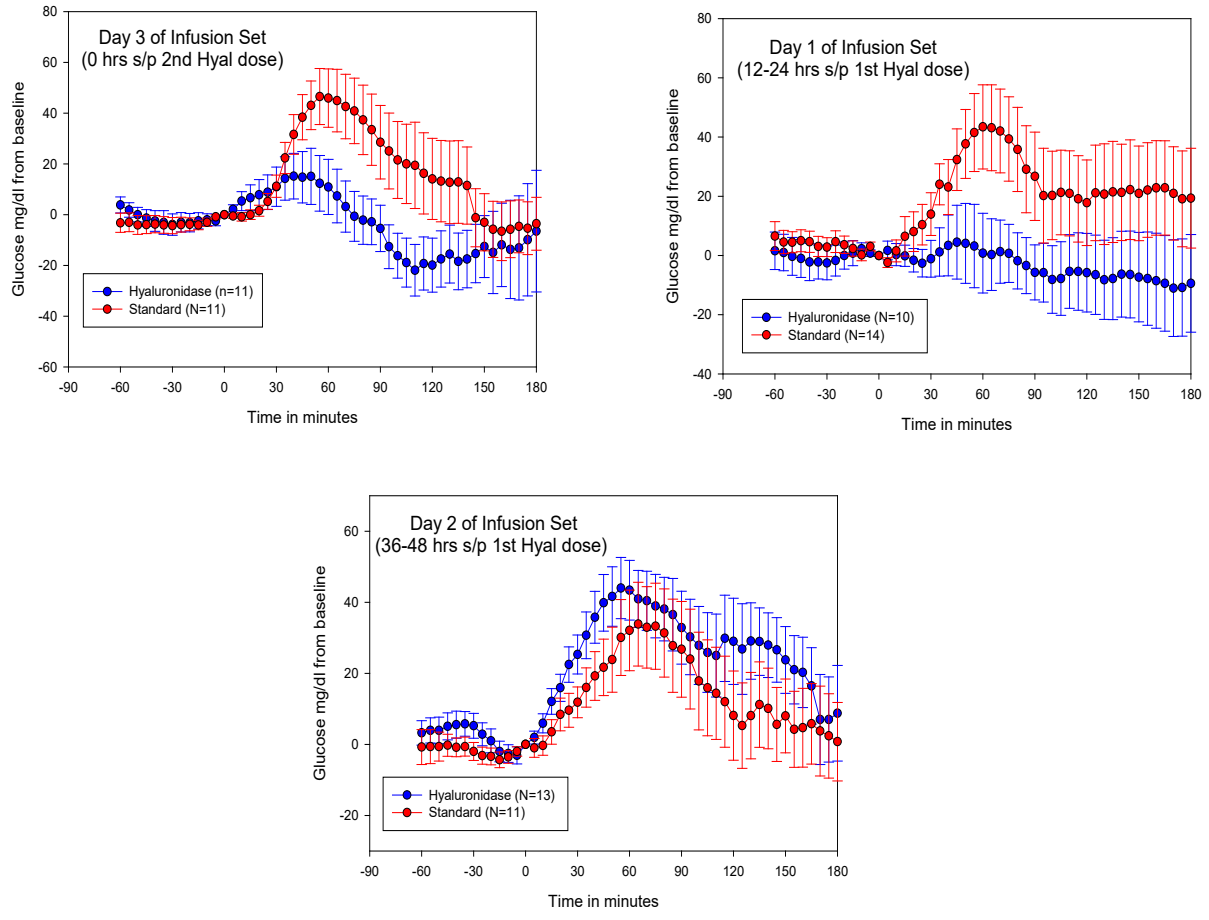
	0 hours post Hyaluronidase		12-24 hours post Hyaluronidase		36-48 hours post Hyaluronidase	
	Standard (N=11)	Hyal (N=11)	Standard (N=14)	Hyal (N=10)	Standard (N=11)	Hyal (N=13)
Estimated glycemic excursion*	24.8	-6.7	20.7	-5.4	14	26.9
P-value	<0.001*		<0.001*		<0.001*	
Cmax°						
Mean ± SD	69.5 ± 47.4	43.5 ± 44.5	72.0 ± 48.8	36.9 ± 35.1	51.6 ± 32.0	56.4 ± 25.9
Median, IQR	63 (31,80)	34 (7,68)	77.5 (19,117)	29 (17,48)	46 (33,76)	52 (42,69)
P-value	0.296		0.167		0.681	
tmax‡						
Mean ± SD	84.5 ± 49.3	69.1 ± 67.2	92.9 ± 58.9	76.5 ± 55.8	65.4 ± 32.6	73.8 ± 40.2
Median, IQR	65 (50,105)	50 (10,240)	82.5 (60,130)	60 (45,120)	65 (50,95)	55 (45,90)
P-value	0.3		0.5		0.591	

196
 197 P-values were obtained using a mixed-effects model accounting for crossover study
 198 design of the study with the sequence of treatment nested within the patient, and
 199 this was the random effect.

200 *AUC=Area under the Curve (mg/dL)

201 °Cmax=Peak glucose concentration (mg/dL)
202 ‡Tmax=Time to peak glucose concentration (minutes)
203 *represents statistical significance (i.e. P<0.05)
204

205 **Figure 1-5:** Postprandial glucose profiles by Day of infusion set wear (and hours
206 following hyaluronidase infusion)



207
208
209

210 **1.3 Study Overview**

211

212 *Use of Fiasp®:* Fiasp® insulin has been approved for sale in the USA, and has been
213 available since February 7th 2018. Although it is not approved for pumps, it will be used in
214 pumps off-label because of it has a more rapid onset of action. The 670G closed-loop
215 system automatically adjusts basal rates throughout the day and night to minimize hyper
216 and hypoglycemia. Use of the 670G provides a unique opportunity to assess how Fiasp®
217 works in a closed-loop system and to determine if any changes need to be made to the
218 670G pump to optimize the use of Fiasp®.

219

220 According to the FDA guidelines we do not think this study requires an IND since we meet
221 all of the following six conditions:

- 222 i. it is not intended to be reported to FDA in support of a new indication for use or to
223 support any other significant change in the labeling for the drug;
- 224 ii. it is not intended to support a significant change in the advertising for the product;
- 225 iii. it does not involve a route of administration (it is still being given subcutaneously) or
226 dosage level, use in a subject population, or other factor that significantly increases
227 the risks (or decreases the acceptability of the risks) associated with the use of the
228 drug product;
- 229 iv. it is conducted in compliance with the requirements for IRB review and informed
230 consent [21 CFR parts 56 and 50, respectively];
- 231 v. it is conducted in compliance with the requirements concerning the promotion and
232 sale of drugs [21 CFR 312.7]; and
- 233 vi. it does not intend to invoke 21 CFR 50.24.”

234

235

236 **1.4 Protocol Synopsis:**

237

238 This is a pilot outpatient study conducted at Stanford to obtain preliminary data on
239 how Fiasp® works in a closed-loop system. The plan will be to enroll up to 20
240 subjects for each part of the study. Part 1 is a blinded cross-over study to assess
241 how well Fiasp® insulin works when used with the 670G pump compared to aspart
242 insulin and will take 6 weeks for a subject to complete. Part 2 is a Fiasp®
243 optimization phase to assess if making changes to meal coverage with the
244 knowledge that Fiasp® is being used can optimize the advantages of the 670G
245 pump with Fiasp® use, and to observe longer term use of Fiasp® in the 670G
246 pump. This will be a 6 week study.

247

248 *Part 1: Randomized cross-over, blinded study which includes assessment of meal*
249 *pharmacodynamics.*

250 Part 1 will be a randomized cross-over blinded study and will also test to see how
251 the 670G pump responds to the introduction of Fiasp® insulin. Subjects enrolled in

252 the study will have a 2 week period of optimization with weekly assessments of their
253 Carelink download before entering the blinded phase of the study. They will use
254 their usual home insulin during the optimization phase. They will then be started
255 on their first blinded insulin (aspart or Fiasp®) which they will use for 2 weeks,
256 before they cross-over to the other insulin. During the second week of each arm we
257 will:

- 258 1) Assess CGM measurements of:
 - 259 a) time in range (70-180 mg/dl)
 - 260 b) percent time <70 mg/dl,
 - 261 c) mean glucose,
 - 262 d) glucose CV,
- 263 2) Pump data for:
 - 264 a) CHO:I ratios at Breakfast, Lunch and Dinner,
 - 265 b) total daily insulin dose,
 - 266 c) total daily basal insulin,
 - 267 d) insulin delivery from MN to 6AM, and 6AM to MN
- 268 3) We will test to see if there is any difference in pharmacodynamics when
269 using Fiasp® in the home environment when they are eating their usual
270 breakfast.
- 271 4) We will also assess their glucose levels following a high fat meal at dinner of
272 at least 30 grams of fat.

273

274 *Part II: Extended Use Observational Study.*

275 This study will consist of 6 weeks of closely monitored home use of the 670G pump
276 with review of their pump and sensor downloads every 2 weeks by clinicians who
277 are experienced in using the 670G pump. The goals of this phase of the study are
278 to:

- 279 1) Assess how Fiasp® changes meal bolusing, i.e. do adjustments need to be
280 made in their carbohydrate to insulin ratios or timing of their boluses when
281 they are using Fiasp® I
- 282 2) Assess how Fiasp® works with the higher fat meals that may occur with
283 dinner, i.e. will the dinner dose need to be divided into early and late boluses
- 284 3) Assess how Fiasp® affects infusion sites under usual care conditions, i.e are
285 there any local reactions to Fiasp®
- 286 4) Assess if Fiasp® becomes less effective over the life an infusion set (are sets
287 changed more frequently)
- 288 5) Assess how the 670G performs when Fiasp® is used:
 - 289 a. Do insulin-to-carbohydrate ratios need to be modified
 - 290 b. Does duration of insulin action need to be modified
 - 291 c. Is more or less basal insulin delivered
 - 292 d. Does the total daily dose change
 - 293 e. Does the performance of the 670G change overnight (MN to 6AM)
294 and during the day (6AM to MN) in terms of time in range, mean
295 glucose and % of readings <70 mg/dL.

296

297 will include both males and females and an enrollment goal will be to achieve an

298 approximately equal sex distribution. Their total daily insulin dose should be at least
299 0.3 units/kg/day and they should be eating at least 60 grams of carbohydrate each
300 day.

301

302 **General Considerations**

303 The study is being conducted in compliance with the policies described in the study
304 policies document, with the ethical principles that have their origin in the Declaration
305 of Helsinki, with the protocol described herein, and with the standards of Good
306 Clinical Practice.

307

308 **CHAPTER 2: SUBJECT ENROLLMENT AND STUDY INITIATION**

309

310 **Study Enrollment and Duration**

311 Part 1: Randomized cross-over, blinded study with assessment of meal
312 pharmacodynamics: up to 20 subjects will be studied and the studies for each
313 subject will last 6 weeks.

314 Part 2: Long term use of Fiasp®. We will recruit up to 20 subjects who are using
315 Fiasp® insulin, they are not excluded if they were in Part 1, in fact subjects in part 1
316 will be encouraged to continue into part 2 of the study. Duration is up to 6 weeks, or
317 until subject decides to stop using Fiasp®.

318

319 **Eligibility and Exclusion Criteria**

320

321 **Eligibility Criteria**

322 To be eligible for the study, a subject must meet the following criteria:

- 323 1. Clinical diagnosis of type 1 diabetes and using 670G pump for at least 1
324 month, and willing to have the 670G pump downloaded into a Carelink
325 Clinical research database.
- 326 2. The diagnosis of type 1 diabetes is based on the investigator's judgment; C-
327 peptide level and antibody determinations are not needed.
- 328 3. Age ≥18 years
- 329 4. Using Novolog or Fiasp® insulin at time of enrollment
- 330 5. Willing to use Fiasp® insulin
- 331 6. Total daily insulin dose is at least 0.3 units/kg/day
- 332 7. Usual carbohydrate intake is at least 60 grams a day, and willing to have at
333 least 25 grams of carbohydrates for breakfast
- 334 8. For females, not currently known to be pregnant
- 335 9. An understanding of and willingness to follow the protocol and sign the
336 informed consent
- 337 10. Willing to have photographs taken of their infusion sites
- 338 11. Willing to download their 670G pump every 1-2 weeks to a research Carelink
339 account
- 340 12. Willingness to answer a brief online questionnaire every 2 weeks
- 341 13. Must be able to understand spoken or written English
- 342 14. For subjects participating in Part 2 of this study they will need to be using
343 Fiasp® as part of their usual care
- 344 15. Hemoglobin A1c between 6 and 10% at the time of enrollment

345

346 **Exclusion Criteria**

347 The presence of any of the following is an exclusion for the study:

- 348 1. Pregnant or lactating females
- 349 2. No hypoglycemic seizure or loss of consciousness in the past 6 months
- 350 3. Severe episode of DKA in the 6 months prior to study enrollment that was
351 unrelated to an infusion set failure
- 352 4. No known cardiovascular events in the last 6 months
- 353 5. No active proliferative diabetic retinopathy

- 354 6. Known tape allergies
355 7. Current treatment for a seizure disorder
356 8. Cystic fibrosis
357 9. Active infection
358 10. A known medical condition that in the judgment of the investigator might
359 interfere with the completion of the protocol
360 11. Inpatient psychiatric treatment in the past 6 months
361 12. Presence of a known adrenal disorder
362 13. If on antihypertensive, thyroid, anti-depressant or lipid lowering
363 medication, with lack of stability on the medication for the past 2 months
364 prior to enrollment in the study
365 14. Abuse of alcohol
366 15. Dialysis or renal failure
367 16. Known eGFR <60%

368

369 Note: Adequately treated thyroid disease and celiac disease do not exclude
370 subjects from enrollment.

371

372 **Recruitment Plan:**

373 We will contact subjects at our clinic who are using the 670G system and are using
374 Novolog or Fiasp® insulin. A short description of the present study will be given to
375 them via email, phone or in-person. If the subject expresses interest, then the study
376 will be presented in detail. The goal will be to enroll four subjects each week to
377 establish cohorts of 4 subjects.

378

379 **Informed Consent Plan and HIPAA Authorizations:**

380 The subject will be allowed sufficient time to read over the IRB approved consent
381 form, and given opportunity to have all questions answered. The consent will
382 contain a brief description of the research project, as well as the procedures and
383 treatments to be undertaken, and the risks of each treatment and procedure.
384 Consent form will be obtained by delegated research staff. The PI and study staff
385 will be available to fully discuss consent with the subjects as needed. Subjects
386 have the right to withdraw at any time during the study. The subject will be provided
387 with the Informed Consent Form to read and will be given the opportunity to ask
388 questions. If the subject agrees to participate, the Informed Consent Form will be
389 signed. A copy of the consent form will be provided to the subject and another copy
390 will be added to the subject's clinic chart. Written informed consent must be
391 obtained from the subject prior to performing any study-specific procedures that are
392 not part of the subject's routine care.

393

394 **Eligibility Assessment and Baseline Data Collection**

395 Potential subjects will be evaluated for study eligibility through the elicitation of a
396 medical history, performance of a physical examination by study personnel.

397

398 **Historical Information and Physical Exam**

399 A history will be elicited from the subject and/or extracted from available medical

400 records with regard to the subject's diabetes history, current diabetes management,
401 other past and current medical problems, past and current medications, and drug
402 allergies. A study focused physical exam (including height, weight measurements
403 and infusion site assessments) will be performed by the study investigator or
404 designee (an attending physician, fellow, nurse practitioner or a physician
405 assistant).

406

407 **HbA1c**

408 A point of care HbA1c level will be obtained at the time of enrollment, at the start of
409 the 3 month observational study and at the end of the observational study.

410

411 **Authorization Procedures**

412 As part of the informed consent process, each subject will be asked to sign an
413 authorization for release of personal information. The investigator, or his or her
414 designee, will review what study specific information will be collected and to whom
415 that information will be disclosed. After speaking with the subject, questions will be
416 answered about the details regarding authorization.

417

418 **CHAPTER 3: PROTOCOL PROCEDURES**

419

420

421 **Visit 1:** Informed consent process:

422 *Informed consent process:* The protocol will be reviewed with the subjects, they will
423 be given time to read the informed consent and ask any questions about the study.

424

425 *History and physical exam:* Including age at diagnosis of diabetes, duration of
426 diabetes, any retinal, renal or cardiac conditions. Height, weight, and examination
427 of skin where infusion sets are inserted.

428

429 *Laboratory tests:* Point of care A1c will be obtained and urine pregnancy test will be
430 obtained on all women who are pre-menopausal.

431

432 **Training on home procedures:**

433

434 Blood glucose monitoring: Subjects will test blood glucose using a Bayer Contour
435 Next Link home glucose meter at least 3 times daily. Subjects will be instructed to
436 check blood ketones using a blood ketone meter if there is unexplained sensor
437 hyperglycemia and the blood glucose meter reading is greater than 250 mg/dL.

438

439 Calibration of Guardian Sensor: They will be instructed to calibrate the Guardian
440 sensor before breakfast and before dinner each day when there are no rate of
441 change arrows and after washing their hands or using the second drop of blood.
442 They will also be instructed to calibrate if the Guardian is showing more than a 20%
443 error when compared to their Contour Next blood glucose reading and the Guardian
444 is not showing a rapid rate of change.

445

446 Replacement of Guardian Sensor: If the Guardian sensor stops functioning during
447 the study, the subjects will insert a new sensor.

448

449 **Determination of an infusion set failure:**

450 They will be instructed to replace the infusion set if:

451

1. Their ketone level is greater than 0.6 mmol/L,

452

2. There is evidence of infection at the infusion site

453

3. Their blood glucose (meter) does not decrease by at least 50 mg/dL within 1
454 hour of a correction bolus for unexplained hyperglycemia with a blood
455 glucose greater than 250 mg/dL.

455

4. There is a pump occlusion alarm.

456

457

458 *Documentation of infusion site reactions:* At home they will exam the infusion set
459 site at time of infusion set failure for signs of infection. They will record bleeding,
460 redness, induration, and bruising in mm, and call one of the investigators if there is
461 more than 10 mm of erythema or induration. They will be given a ruler for making
462 these measurements. If there is more than 3 mm of induration or redness they will
463 be asked to take a picture and enter these measurements into a text to the study

464 coordinator or submit the information directly into RedCap.

465

466 The goal will be to have sensor wear at least 80% of the time and in automode at
467 least 70% of the time. The pump will be uploaded to a research Carelink account
468 each week. While in the blinded phase of the study the clinical staff will refrain from
469 making changes to 670G pump settings unless requested by the subject or for
470 safety reasons such as an episode of severe hypoglycemia (unconsciousness or
471 seizure), >10% time <70 mg/dl, or >20% of the time over 250 mg/dl.

472

473 **Part 1: Randomized, cross-over, blinded study to assess any adaptations of**
474 **the 670G pump to Fiasp® and to assess meal pharmacodynamics of Fiasp®**
475 **compared to aspart with a typical breakfast in the home environment**

476

477 Participants will have a 2 week run-in on their usual home insulin (aspart of Fiasp®).
478 During the run-in, their pump will be downloaded weekly, reviewed by the clinical
479 staff and adjustments will be made to their settings as needed to optimize their
480 glycemic control. Participants will then be randomly assigned to 2 sequences of
481 testing starting with either aspart or Fiasp®. They will use each insulin for two
482 weeks. The participants and the investigators will be blinded to the insulin. During
483 the second week of using a blinded insulin they will have the meal
484 pharmacodynamics testing. They will then cross-over to the other insulin and
485 during the second week they will repeat meal pharmacodynamics testing. At the
486 end of each week they will upload their 670G pump to a Carelink clinical (research)
487 account and it will be reviewed by the research staff for safety purposes.

488

489 Procedure for meal testing. For each week of meal testing they will be asked to
490 have 3 days with a consistent breakfast that is the same for all 6 days they are
491 doing a meal test (3 days on each insulin). The breakfast studies should ideally
492 occur on standard work days (not holidays or weekends). On these three days they
493 will be asked to have a dinner with at least 30 grams of fat and no additional food in
494 the evening (unless they are treating hypoglycemia). They will be asked to take a
495 picture of the dinner meal and identify their food and portion sizes. If they have a
496 smart phone (Android or Apple), they may download Calorie Mamma® or Calorie
497 King® to help them in calculating carbohydrates, protein and fat from the meal.
498 They will do this for each of their dinner meals on each of the days they are doing
499 the breakfast study, and for the breakfast meals they are eating each morning as
500 part of the pharmacodynamic testing. They will change their infusion set before
501 dinner prior to the first day of starting a standard breakfast, i.e., if they work from
502 Monday to Friday, this could be done on Sunday.

503

504 They are blinded to the insulin and the insulin dose decisions for these meals is also
505 not under their control since: 1) The overnight insulin delivery is not under their
506 control, 2) The timing of the meal bolus will be the same for all mornings, the dose
507 will be given immediately before eating, 3) Their dose of insulin will be determined
508 by their pump using their preset insulin-to-carbohydrate ratio and they will be eating
509 the same amount of carbohydrates each morning. They also will not be getting a

510 correction dose of insulin in the morning because they are using the closed-loop
511 controller overnight. If they required a correction dose of insulin, we will not use the
512 data from that morning in our data analysis. We will assess during each of these
513 four weeks the time in-range (70-180 mg/dl), mean glucose, CV, and time <70
514 mg/dl.

515

516 At the end of each two week period of blinded insulin use the participants and the
517 health care providers will be given a questionnaire asking them which insulin they
518 thought they were using, and if they had noticed any advantages to disadvantages
519 while they were using this insulin, and whether they would have wanted to make
520 any changes to their insulin delivery settings while using the insulin.

521

522

523 **Part 2: Extended Use Optimization Study**

524

525 To be eligible for Part 2 one of the inclusion criteria will be that the subject is
526 currently using Fiasp® insulin under their usual care. Subjects for Part 1 may
527 participate in part 2, and we will also recruit subjects outside of part 2 who are
528 currently using a 670G pump and taking Fiasp insulin. They will download their
529 670G pump to a research Carelink account every 2 weeks. Their data will be
530 reviewed within 3 days by the clinicians managing the study at each research
531 clinical site. An email, text or phone call will be made to the subject after reviewing
532 their pump/sensor data. Recommendations for dosage changes will be recorded on
533 a case report form or directly into RedCap. The study investigators will meet every
534 2 to 4 weeks during the study to review clinical issues and insights that have been
535 observed.

536

537 To assess the long term effect of using Fiasp® on infusion sites and insulin action,
538 they will be asked to use Fiasp® as long as they see benefit in using it after the
539 initial meal boluses testing is completed. Each time they change their infusion set,
540 we will ask them to examine the site for any bleeding, redness or induration, and
541 measure these changes and take a picture if there are any findings. (See
542 Documentation of infusion site reactions). We will have them download to a
543 CareLink research data base every two weeks to look at their total daily insulin
544 requirements, glucose values, and basal insulin requirements with extended use of
545 Fiasp®. They will have an email sent to them every 2 weeks by RedCap to assess
546 for issues they have observed while using Fiasp®.

547

548 *Documentation of infusion site reactions:* At home subjects will exam their infusion
549 set site when they are changing an infusion set and assess for bleeding, signs of a
550 local tissue reaction or infection. They will record redness, induration, and bruising
551 in mm, and call one of the investigators if there is more than 10 mm of erythema or
552 induration. They will be given a ruler for making these measurements. If there is
553 more than 3 mm of induration or redness they will be asked to take a picture and
554 enter these measurements and send a text to the study coordinator or submit the
555 information directly into RedCap.

556

557 They will be instructed to replace the infusion set if:

- 558 1. Their ketone level is greater than 0.6 mmol/L,
- 559 2. There is evidence of infection at the infusion site
- 560 3. Their blood glucose (meter) does not decrease by at least 50 mg/dL within 1
561 hour of a correction bolus for unexplained hyperglycemia with a blood
562 glucose greater than 250 mg/dL.
- 563 4. There is a pump occlusion alarm.

564

565 **CHAPTER 4: ADVERSE EVENT REPORTING AND PROTOCOL MONITORING**

566
567 **Definition**

568 A reportable adverse event is any untoward medical occurrence that meets criteria
569 for a serious adverse event or any unexpected medical occurrence in a study
570 subject that is study or device-related. Skin irritation from sensor wear will be
571 recorded in specific sections of the case report forms. An adverse event form is
572 only completed if skin irritation is severe or antibiotics are required.

573
574 Hypoglycemic events are recorded as Adverse Events if the event required
575 assistance of another person due to altered consciousness to actively administer
576 carbohydrate, glucagon, or other resuscitative actions. This means that the subject
577 was impaired cognitively to the point that he/she was unable to treat him or herself,
578 was unable to verbalize his or her needs, was incoherent, disoriented, and/or
579 combative, or experienced seizure or coma. These episodes may be associated
580 with sufficient neuroglycopenia to induce seizure or coma. If plasma glucose
581 measurements are not available during such an event, neurological recovery
582 attributable to the restoration of plasma glucose to normal is considered sufficient
583 evidence that the event was induced by a low plasma glucose concentration.

584
585 Hyperglycemic events are recorded as Adverse Events if the event involved diabetic
586 ketoacidosis (DKA), as defined by the DCCT, and had all of the following:

- 587 1) Symptoms such as polyuria, polydipsia, nausea, or vomiting
588 2) Serum ketones greater than 1.6 mM, or large/moderate urine ketones
589 3) Either arterial blood pH <7.30 or venous pH <7.24 or serum bicarbonate <15
590 4) Treatment provided in a health care facility

591
592 **Recording of Adverse Events**

593 Throughout the course of the study, all efforts will be made to remain alert to
594 possible adverse events or untoward findings. The first concern will be the safety of
595 the subject, and appropriate medical intervention will be made.

596
597 The investigator will elicit reports of adverse events from the subject at each visit
598 and complete all adverse event forms online. Each adverse event form is reviewed
599 by the Coordinating Center to verify the coding and the reporting that is required.

600
601 The study investigator will assess the relationship of any adverse event to be
602 related or unrelated by determining if there is a reasonable possibility that the
603 adverse event may have been caused by the study device or study procedures.

604
605 The intensity of adverse events will be rated on a three-point scale: (1) mild, (2)
606 moderate, or (3) severe. It is emphasized that the term severe is a measure of
607 intensity: thus a severe adverse event is not necessarily serious. For example,
608 itching for several days may be rated as severe, but may not be clinically serious.

609
610 Adverse events that continue after the participant's discontinuation or completion of

611 the study will be followed until their medical outcome is determined or until no
612 further change in the condition is expected.

613
614 Adverse events will be coded using the MedDRA dictionary.

615
616 Definitions of relationship and intensity are listed on the website data entry form.

617
618 Adverse events that continue after the subject's discontinuation or completion of the
619 study will be followed until their medical outcome is determined or until no further
620 change in the condition is expected.

621
622 **Reporting Serious or Unexpected Adverse Events**

623 A serious adverse event is any untoward occurrence that: Results in death; is life-
624 threatening (a non life-threatening event which, had it been more severe, might
625 have become life-threatening, is not necessarily considered a serious adverse
626 event); requires inpatient hospitalization or prolongation of existing hospitalization;
627 results in a disability or permanent damage which causes a substantial disruption of
628 a person's ability to conduct normal life functions; results in a congenital
629 anomaly/birth defect; requires intervention to prevent permanent impairment or
630 damage (Devices); or any other serious (Important Medical Event) which may
631 jeopardize the patient and may require medical or surgical intervention (treatment)
632 to prevent a serious adverse event.

633
634 An *Unanticipated Adverse Device Event* is defined as an adverse event caused by,
635 or associated with, a device, if that effect or problem was not previously identified in
636 nature, severity, or degree of incidence.

637
638 Serious or unexpected adverse events must be reported to the Principal
639 Investigator immediately.

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641 Division of Endocrinology and Diabetes
642 780 Welch Road, Room CJ320H
643 Palo Alto, CA 94305
644 Office Phone 650-725-6549
645 Office Fax 650-736-6690

646
647 The principle investigator will notify all participating investigators of any adverse
648 device event that is both serious and unexpected. Notification will be made within
649 10 days after becoming aware of the event.

650
651 Dr. Buckingham will inform the IRB of serious study-related adverse events and
652 abide by any other reporting requirements specific to their IRB.

653
654 **Potential Risks and Side Effects**

655 There may be a higher frequency of hypoglycemia immediately following a meal bolus.
656 There may be prolonged hyperglycemia following a high fat meal. There may be local tissue

657 reactions at the FIASP® infusion sites. Infusion sites may need to be changed more
658 frequently than usual when infusing FIASP®. As with any insulin, there is a risk for both
659 high and low blood glucose levels occurring if there is a mismatch between your insulin
660 needs and the insulin levels provided by the insulin. See hypoglycemia and hyperglycemia
661 risks below. It is very rare, but allergic reactions to insulin may occur.

662

663 **Risk of Hypoglycemia**

664 As with any person having insulin-dependent diabetes, there is always a risk of
665 having a low blood sugar (hypoglycemia). The frequency of nocturnal
666 hypoglycemia should be no more than it would be as part of daily living with
667 diabetes. Symptoms of hypoglycemia can include sweating, jitteriness, and not
668 feeling well. Just as at home, there is the possibility of loss of consciousness or
669 seizures (convulsions) and that for a few days you may not be as aware of
670 symptoms of low blood sugar. Even if severe low blood sugar does occur, it almost
671 always goes away quickly with treatment to raise the blood sugar.

672

673 **Risk of Hyperglycemia**

674 As with any person having insulin-dependent diabetes, there is always a risk of
675 having a high blood sugar (hyperglycemia). The frequency should be no more than
676 it would be as part of daily living with diabetes.

677

678 **Protection Against Risks and Treatment of Side Effects:**

679 Subjects will be given descriptions of possible side effects from wearing an infusion
680 set, and local side effects with insulin infusion sets or Guardian sensor insertion
681 sets. They will be told to contact the study staff if they see any signs of a skin
682 reaction. Based on the severity of local skin reaction, topical anti-inflammatory
683 medications can be used (such as topical steroids).

684

685 **Other Risks**

686 Some subjects may develop skin irritation or allergic reactions to the adhesives
687 used to secure the CGM sensor, or to secure the insulin infusion sets for the
688 Continuous Subcutaneous Insulin Infusion (CSII). If these reactions occur, different
689 adhesives or “under-taping” (such as with IV 3000, Tegaderm, etc.) will be tried,
690 sites will be rotated frequently, and a mild topical steroid cream or other medication
691 may be required.

692

693 Whenever the skin is broken there is the possibility of an infection. The CGM
694 sensor and insulin infusion set sites are inserted under the skin. It is possible that
695 any part that is inserted under the skin may cause an infection. These occur very
696 infrequently, but, if an infection was to occur, oral and/or topical antibiotics can be
697 used. The risk of skin problems could be greater if a sensor or infusion set is used
698 for extended periods of time. Therefore participants will be carefully instructed
699 about daily inspection of their sensor and infusion set sites.

700

701 Data downloaded from the CGM sensor, insulin pump, and the home glucose and
702 ketone meters will be collected for the study as measures of diabetes self-
703 management behaviors. Some people may be uncomfortable with the researchers'
704 having such detailed information about their daily diabetes habits.

705

706 **CHAPTER 5: MISCELLANEOUS CONSIDERATIONS**

707

708 **Potential Benefits**

709 Fiasp® may provide a more rapid onset of insulin action and improved post-prandial
710 glycemic control.

711

712 **Subject Compensation**

713 For Part 1, participants will be compensated \$50 for each visit, \$15 for completing
714 weekly uploads to Carelink for a maximum payment of \$245. For part 2, subject will
715 receive \$50 for each visit, and \$20 for uploading to Carelink and contact with the
716 investigators every two weeks they are in the extension phase. Maximum payment
717 of \$160. Compensation of partial participation will be prorated.

718

719 **Subject Withdrawal**

720 Participation in the study is voluntary, and a subject may withdraw at any time. The
721 investigator may withdraw a subject who is not complying with the protocol. For
722 subjects who withdraw, their data will be used up until the time of withdrawal.

723

724 **Subject Discontinuation Criteria**

725 Subjects who become pregnant will be discontinued from the study. The
726 investigator may withdraw a subject who is not complying with the protocol.
727 Withdrawal of a subject will be considered for the following reasons: 1) Failure to
728 monitor their sensor and infusion sites on a daily basis; 2) developing >1.0 mmol/L
729 ketones on 2 or more occasions and failing to change their infusion set or a single
730 episode of diabetic ketoacidosis due to an infusion site failure. For subjects who
731 withdraw or who are withdrawn, their data will be used for analysis purposes up until
732 the time of withdrawal.

733

734 **Confidentiality**

735 For security and confidentiality purposes, subjects will be assigned an identifier that
736 will be used instead of their name. De-identified subject information may also be
737 provided to Medtronic Diabetes.

738

739 **Level of Risk**

740 This research proposal in children is consistent with United States Department of
741 Health and Human Services, Protection of Human Subjects, Subpart D, Section
742 46.404 (Research not involving more than minimal risk).

743

744 **Planned Duration of the Entire Study**

745 Planned duration of the entire study will be 6 months.

747 **CHAPTER 6: STATISTICAL CONSIDERATIONS**

748

749 This is a pilot study to determine if there are any clinical issues with using Fiasp® in
750 the 670G hybrid closed-loop system. These studies are not statistically powered.

751

752 In the blinded cross-over studies (Part I) we will use data obtained during the
753 second week of each arm to compare the following measurements using a mixed-
754 effects model accounting for crossover study design of the study with the sequence
755 of treatment nested within the patient:

756

a) time in range (70-180 mg/dl)

757

b) percent time <70 mg/dl,

758

c) mean glucose,

759

d) glucose CV,

760

e) total daily insulin dose,

761

f) total daily basal insulin,

762

g) insulin delivery from MN to 6AM, and 6AM to MN

763

764 We will test to see if there is any difference in pharmacodynamics when using
765 Fiasp® in the home environment when they are eating their usual breakfast.

766

767 Insulin pharmacodynamics following the standard breakfast will be assessed by
768 measuring the peak glucose concentration (C_{max}), time to C_{max} (t_{max}), and estimated
769 average glucose excursions were assessed using sensor glucose values at a time
770 interval of 0 to 180 minutes after breakfast bolus. If a bolus was given between
771 120-180 minutes following the breakfast bolus, CGM values were only used up to
772 the time of the bolus. The glucose at the time of the breakfast bolus (Time 0) will be
773 set to 0 mg/dL for each meal, and the remaining CGM values were adjusted
774 proportionally to allow analysis of postprandial glucodynamic parameters. We will
775 utilize a mixed-effects model accounting for crossover study design of the study with
776 the sequence of treatment nested within the patient. Breakfast meals are excluded
777 from postprandial analysis if: 1) the rate of change was greater than 0.3mg/dL/min
778 in the 1 hour prior to breakfast, 2) subjects gave a subsequent bolus prior to 120
779 minutes following the breakfast bolus, or 3) subjects deviated from their typical
780 breakfast. Dinner meals will be assessed when there has been no additional food
781 intake after dinner. The duration of insulin delivery to cover the meal will be
782 determined by the time it takes the post prandial glucose to reach 160 mg/dL
783 beyond 1 hour of eating. The peak glucose will also be recorded.

783

784 During the 6 week optimization study (Part II) we will use data obtained during the
785 first two weeks of the study (before data was reviewed and changes made by the
786 investigators) to data obtained during the last two weeks of the 3 month optimization
787 period. We will compare the following measurements using paired t-tests for data
788 with a normal distribution and a Mann-Whitney rank sum test for data that is not
789 normally distributed:

790

a) time in range (70-180 mg/dl)

791

b) percent time <70 mg/dl,

792

c) mean glucose,

- 793 d) glucose CV,
- 794 e) total daily insulin dose,
- 795 f) total daily basal insulin,
- 796 g) insulin delivery form MN to 6AM, and 6AM to MN
- 797 h) CHO:I ratios at breakfast, lunch and dinner
- 798 i) Active insulin time
- 799 j) Number of days between infusion set changes
- 800 k) Erythema (mm) and induration (mm) at infusion sites when they are changed
- 801 l) Average daily insulin, and mean glucose for each day of infusion set wear
- 802 m) Number of episodes of unexplained hyperglycemia in the first month vrs the
- 803 last month
- 804
- 805
- 806
- 807

808 **CHAPTER 7: REFERENCES**

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