

Study to measure the change in heart rate when blowing in to a device, which gives resistance to exhalation (Valsalva Manoeuvre).

ETHICS REFERENCE NUMBER: 17/06/127

CONSENT FORM FOR PARTICIPANTS VERSION NUMBER: 4.1 01/11/17

I have read the Information Sheet Version Number 4.1 Dated 01/11/17 concerning this project and understand what it is about. All my questions have been answered to my satisfaction. I understand that I am free to request further information at any stage.

I know that:

- | | Initials | |
|--|-----------------|--------------------------|
| 1. My participation in the project is entirely voluntary; | | <input type="checkbox"/> |
| 2. I am free to withdraw from the project at any time without any disadvantage; | | <input type="checkbox"/> |
| 3. All data collected during the study will be retained in secure storage; | | <input type="checkbox"/> |
| 4. Data will be retained for up to 5 years in an anonymous format and I consent for its use in related studies and systematic reviews | | <input type="checkbox"/> |
| 5. The results of the project may be published but my anonymity will be preserved. | | <input type="checkbox"/> |
| 6. I understand that anonymous data collected during the study may be looked at by individuals from the Research Team, from regulatory authorities or from the NHS Trust, where it is relevant to my taking part in this research. I give permission for these individuals to have access to my records. | | <input type="checkbox"/> |
| 7. I consent to my GP being informed in the unlikely event that an unexpected abnormality is identified during the study. | | <input type="checkbox"/> |

I agree to take part in this project.

.....
(Printed name of participant)

.....
(Signature of participant)

.....
(Date)

.....
(Printed name of researcher)

.....
(Signature of researcher)

.....
(Date)

This project has been reviewed and approved by the University of Exeter Medical School Research Ethics Committee_s