

## □ Protocol Synopsis

Study Title	<p>A multi-center, open, longitudinal, observational study to assess the treatment trend and the proportion of target blood pressure attainment in patients whose antihypertensive regimens are changed to angiotensin II receptor blocker-based therapy</p> <p>Study Short Title: FRESH study_FimasaRtan-basEd BP Targets after Drug Switching</p>
Sponsor	Boryung Pharmaceutical Co., Ltd.
Study Objectives	<p>The recent hypertension clinical practice guidelines published by American College of Cardiology (ACC) and American Heart Association (AHA) reduced the target BP to 130/80 mmHg, indicating the needs for more aggressive efforts in hypertension treatment. However, studies in Koreans must be preceded before applying such new overseas guidelines; thus, this study has been designed to establish clinical materials reflecting treatment setting in Korea. In this study, patients with uncontrolled hypertension whose antihypertensive regimens are changed to ARB-based therapy (ARB monotherapy or ARB-containing combination therapy) will be followed to assess the treatment trend, treatment effect, and risk of cardiovascular disease.</p>
Sample Size	Approximately 5,000 subjects
Subject Inclusion Criteria	<ul style="list-style-type: none"> <li>① Provided written consent to the use of personal information after receiving the explanation of the objective, methodology, etc. of this clinical study</li> <li>② Male or female adults <math>\geq 19</math> years who are diagnosed with essential hypertension</li> <li>③ Receiving outpatient treatment at the time of study enrollment</li> <li>④ Patients with hypertension uncontrolled by existing antihypertensive drugs (including ARB) whose antihypertensive regimens decided and scheduled to be changed to ARB monotherapy or ARB-containing combination therapy (the result of the arm with a higher mean BP [systolic BP preferred] when measured twice with at least a 2-minute interval in both arms at the medical office on the study enrollment date, will become the reference)             <ul style="list-style-type: none"> <li>➤ Definition of uncontrolled hypertension: Target BP (SBP <math>&lt;140</math> mmHg and DBP <math>&lt;90</math> mmHg) not achieved even after the treatment using the existing antihypertensive drugs for 4 weeks or longer</li> </ul> </li> </ul>
Subject Exclusion Criteria	<ul style="list-style-type: none"> <li>① Patients who were hospitalized or are scheduled to be hospitalized 4 weeks before or after the study enrollment date</li> <li>② Patients with suspected or confirmed secondary hypertension</li> <li>③ Pregnant or breast-feeding women</li> <li>④ Patients who received investigational product within 12 weeks or are scheduled to participate in another clinical study while participating in this study</li> <li>⑤ Patients who are determined inappropriate for participating in the study by investigators for other reasons</li> </ul>
Statistical Analysis Methods	<p><u>Analysis of Primary Endpoints</u></p> <p>Frequency and proportion of patients who attain the target BP at Week 12 after the treatment regimen change will be calculated and the 95% confidence interval for the</p>

	<p>proportion will be provided.</p> <p><u>Analysis of Safety Data</u></p> <ul style="list-style-type: none"><li>▪ Incidence and characteristics of antihypertensive drug related adverse drug reactions For adverse drug reactions (ADRs) related to antihypertensive drugs, the number of subjects, incidence, 95% confidence interval for the incidence, and number of cases will be provided.</li><li>▪ Serious adverse events/adverse drug reactions For serious adverse events and serious adverse drug reactions, the number of subjects, incidence, 95% confidence interval for the incidence, and number of cases will be provided.</li></ul>
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