# The Ohio State University Combined Consent to Participate in Research and HIPAA Research Authorization

Study Title:	A user-friendly, non-invasive neuro-orthosis that restores volitionally controlled grasp functions for SCI survivors with tetraplegia
Principal Investigator:	Lauren Wengerd, PhD, OTR/L; David Friedenberg, PhD
Sponsor:	United States Department of Defense, Congressionally Directed Medical Research Programs - Spinal Cord Injury Research Program

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- This is a consent form for research participation. It contains important information about this study and what to expect if you decide to participate. Please consider the information carefully. Feel free to discuss the study with your friends and family and to ask questions before making your decision whether or not to participate.
- Your participation is voluntary. You may refuse to participate in this study. If you decide to take part in the study, you may leave the study at any time. No matter what decision you make, there will be no penalty to you and you will not lose any of your usual benefits. Your decision will not affect your future relationship with The Ohio State University. If you are a student or employee at Ohio State, your decision will not affect your grades or employment status.
- You may or may not benefit as a result of participating in this study. Also, as
   explained below, your participation may result in unintended or harmful effects for
   you that may be minor or may be serious depending on the nature of the research.
- You will be provided with any new information that develops during the study
   that may affect your decision whether or not to continue to participate. If you
   decide to participate, you will be asked to sign this form and will receive a copy of the
   form. You are being asked to consider participating in this study for the reasons
   explained below.

## 24 Key Information About This Study

The following is a short summary to help you decide whether or not to be a part of this study.

- 26 More detailed information is listed later in this form.
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- We are conducting a research study in adults with impaired hand function due to spinal cord
- injury. We are testing a new 'sleeve' technology called the NeuroLife Sleeve System that you
- wear on your forearm. The sleeve looks like a compression sleeve and has over 100 electrodes
- that records your muscles when you attempt to move, and then electrically stimulates the
- 32 appropriate muscles to help you carry out that movement (e.g., when you attempt to open
- 33 your hand, the 'sleeve' detects that and then stimulates the muscles required to open your
- hand). By participating in this study you will complete a 12-week rehabilitation training

protocol (3x/week, 1-2 hours/session) with our study therapist while wearing the NeuroLife

36 Sleeve System and attempting functional tasks with your hand and forearm. Additionally, you

- will participate in six sessions where clinical assessments will be conducted to measure your
   arm/hand function.
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## 40 **1. Why is this study being done?**

41 Ohio State researchers are working with researchers from Battelle Memorial Institute to 42 investigate a new technology in adults with reduced hand function due to spinal cord 43 injury (SCI). This technology senses what movement you are trying to make (e.g., open 44 your hand), and then electrically stimulates the appropriate muscles to help you carry out 45 that movement. This study will investigate whether this technology can be used to help 46 restore hand function and independence in adults with SCI.

## 48 **2.** How many people will take part in this study?

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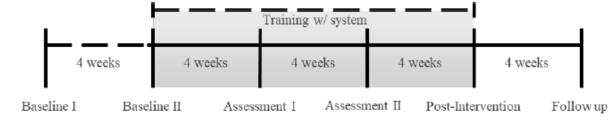
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Up to 12 adults with quadriplegia due to SCI

## 52 3. What will happen if I take part in this study?

You will be asked to come to a site at Ohio State or Battelle, both located in central Ohio, 54 for all assessments and study sessions. During the first visit, you will be asked background 55 information about yourself (e.g., age, sex, etc.), medical history, and history of your SCI. 56 We will then complete different clinical outcome measures testing your arm and hand 57 function and strength. For one of these outcome measures, you will wear the NeuroLife 58 Sleeve System to record information about your muscles. We will repeat these tests again 59 four weeks after your first visit, and then you will begin a 12-week rehabilitation protocol 60 using the NeuroLife Sleeve technology with a study therapist. These study sessions will 61 take place over 12 weeks (3x/week, 1-2 hours/session). The NeuroLife system detects 62 muscles activity of your hand and arm and provides stimulation to those muscles to help 63 them activate. While the device is on, you will be asked to complete 3 different grip and 64 pinch tasks in 20-minute blocks of time with brief rest breaks between. Each rehabilitation 65 training session is expected to take 1-2 hours. The same clinical assessments you did at 66 your first and second visits will again be conducted at 4 weeks, 8 weeks, post-67

- 68 intervention, and 4-weeks post-intervention for a total of six assessment sessions.
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- 70 Timeline:



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## 75 4. How long will I be in the study?

You will be in the study for 20 weeks including baseline testing 4 weeks before training, 77 the 12-week training period, and 4 weeks after training has ended. You will participate in 78 a testing session with the outcome measures described above every 4 weeks for a total 6 79 assessment points. Each testing session can be expected to last approximately 2 hours. 80 81 The rehabilitation training protocol will consist of three 1-2 hour sessions per week for 12 weeks for a total of 36 sessions. In the event that you need to reschedule sessions 82 (e.g., due to illness or vacation), you may be in the study for longer than 20 weeks to 83 make up those sessions. 84

## 86 5. Can I stop being in the study?

You may leave the study at any time. If you decide to stop participating in the study,
there will be no penalty to you, and you will not lose any benefits to which you are
otherwise entitled. Your decision will not affect your future relationship with Ohio State
University.

### 93 6. What risks, side effects or discomforts can I expect from being in the study?

We believe that your participation in this study poses a minimal risk to you, however, it is 94 important that you are aware of potential risks. The initial set-up of the sleeve will require 95 96 that a very small amount of energy enter your arm to assure that the equipment is working properly. We do not believe that any person, regardless of medical condition, would be 97 able to physically feel the energy and it is not likely to harm you in any way. Functional 98 electrical stimulation (FES) is a well-documented, non-invasive and safe application of a 99 mild electrical stimulus to a muscle to help facilitate movement. The risks associated with 100 the NeuroLife EMG-FES System we are investigating are comparable to those associated 101 with traditional FES systems used clinically. The most common risks associated with 102 FES, and thus the NeuroLife EMG-FES System, include skin irritation, muscle spasms, 103 and muscle fatigue/soreness. Other risks associated with FES are rare and may include: a 104 "biting" sensation that feels like the skin is being pinched, nausea, light-headedness, 105 autonomic dysreflexia, dermal burns, joint swelling, and fainting. 106

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It is possible that you could get a rash from the spray, lotion, adhesive, or the fabric sleeve 108 rubbing on your skin. You may also experience minor skin irritation or impressions after 109 wearing the sleeve for an extended period of time. Your skin or hair may be pulled if we 110 attach and remove additional electrodes. These side effects are considered normal and 111 should go away within a few hours. You will have access to an 'emergency off' button to 112 stop stimulation. You may press this button at any time for any reason and the stimulation 113 will turn off, or you can notify the system operator to turn off stimulation during the 114 session. If you have any of the symptoms above, or other discomfort, and it lasts for more 115 than two days please tell us. 116

There is always a concern about protecting your privacy. We will take appropriate steps 118 to protect your identity and all of the information you share with us. We will let you know 119 120 in writing if we learn of any new information during the research study that may affect your willingness to be in the study. 121 122 7. What benefits can I expect from being in the study? 123 124 There may be no direct benefit to you other than the hand/forearm practice you get during 125 activities performed during the training period. There may be benefits to advancing 126 rehabilitation medical device development and research in the future. 127 128 8. What other choices do I have if I do not take part in the study? 129 130 131 You may choose not to participate without penalty or loss of benefits to which you are otherwise entitled. 132 133 9. What are the costs of taking part in this study? 134 135 You may incur the cost of transportation and time off work. In many cases parking is free, 136 however, if you incur parking fees to attend study sessions, please let us know and we will 137 provide you with a parking voucher that will cover the parking fees. 138 139 **10. Will I be paid for taking part in this study?** 140 141 You will be compensated \$75 in cash per assessment session, which will take place six 142 times over the course of the study (up to a maximum of \$450). By law, payments to 143 participants are considered taxable income. 144 145 11. What happens if I am injured because I took part in this study? 146 147 If you suffer an injury from participating in this study, you should notify the researcher or 148 study doctor immediately, who will determine if you should obtain medical treatment at 149 The Ohio State University Wexner Medical Center. 150 151 The cost for this treatment will be billed to you or your medical or hospital insurance. The 152 Ohio State University and Battelle Memorial Institute have no funds set aside for the 153 payment of health care expenses for this study. Your medical or other expenses will be 154 your responsibility or that of your insurance company (or another third-party payer). This 155 does not restrict your right to seek legal assistance. You do not waive any legal rights by 156 157 signing this form. 158 12. What are my rights if I take part in this study? 159 160

- 161 If you choose to participate in the study, you may discontinue participation at any time 162 without penalty or loss of benefits. By signing this form, you do not give up any personal 163 legal rights you may have as a participant in this study.
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- 165 You will be provided with any new information that develops during the course of the 166 research that may affect your decision whether or not to continue participation in the 167 study.
- 168
- 169 You may refuse to participate in this study without penalty or loss of benefits to which 170 you are otherwise entitled.
- 171

An Institutional Review Board responsible for human subjects research at The Ohio State
 University reviewed this research project and found it to be acceptable, according to
 applicable state and federal regulations and University policies designed to protect the
 rights and welfare of research participants.

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# 177 13. Will my de-identified information (and bio-specimens) be used or shared for 178 future research?

179 180 Yes, your de-identified data may be used or shared with other researchers without your additional informed consent in additional research. Your personal information (e.g., name, 181 phone number, date of birth, etc.) will not be shared with anyone outside of our study 182 team. Any data shared will be linked to you only by a unique subject identification 183 number. This may include sharing scores to your clinical assessments and basic 184 information about your spinal cord injury with the manufacturers of the Toronto 185 Rehabilitation Institute Hand Function Test (TRI-HFT) as they may use this data for 186 further analysis. Data will be shared across Ohio State and Battelle study teams through 187 secure, access-controlled electronic repositories. 188

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# 190 **14. Will my study-related information be kept confidential?**

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192 Efforts will be made to keep your study-related information confidential. However, there 193 may be circumstances where this information must be released. For example, personal 194 information regarding your participation in this study may be disclosed if required by law. 195

- Also, your records may be reviewed by the following groups (as applicable to theresearch):
- Office for Human Research Protections or other federal, state, or international
   regulatory agencies;
  - U.S. Food and Drug Administration;
  - The Ohio State University Institutional Review Board or Office of Responsible Research Practices;
- Authorized Ohio State University and/or Battelle staff not involved in the study
   may be aware that you are participating in a research study and have access to your
   information;

206	• The sponsor supporting the study, their agents or study monitors; and	
207	• representatives of the Department of Defense (DoD) will have access to, and are	
208	eligible to review, your research records as this is a DoD-funded study.	
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210	Authorized Ohio State University and/or Battelle staff not involved in the study may be	
211	aware that you are participating in a research study and have access to your information.	
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213	If we find information that significantly impacts your health, we will share it with you.	
214	We will verbally report to you during your last study session (12-Week Post-Assessment)	
215	your scores on relevant clinical outcome measures over the course of the study for your	
216	awareness.	
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218	A description of this clinical trial will be available on <u>http://www.ClinicalTrials.gov</u> , as	
219	required by U.S. law. This website will not include information that can identify you. At	
220	most, the website will include a summary of the results. You can search the website at	
221	any time.	
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223	You may also be asked to sign a separate Health Insurance Portability and Accountability	
224	Act (HIPAA) research authorization form if the study involves the use of your protected	
225	health information.	
226	15. HIPAA AUTHORIZATION TO USE AND DISCLOSE INFORMATION FOR	
227 228	RESEARCH PURPOSES	
228 229	<b>RESEARCH I URI USES</b>	
230	I. What information may be used and given to others?	
230	1. What mildi may be used and given to others.	
232	• Past and present medical records;	
232	<ul> <li>Research records;</li> </ul>	
233	<ul> <li>Records about phone calls made as part of this research;</li> </ul>	
235	<ul> <li>Records about phone cans indice as part of tins research,</li> <li>Records about your study visits;</li> </ul>	
235	<ul> <li>Information that includes personal identifiers, such as your name, or a number</li> </ul>	
230	associated with you as an individual;	
238	<ul> <li>Information gathered for this research about:</li> </ul>	
239	Physical exams	
240	Laboratory, x-ray, and other test results	
241	Diaries and questionnaires	
242	<ul> <li>Records about the study device</li> </ul>	
243	<ul> <li>Videos and pictures from study sessions</li> </ul>	
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245	II. Who may use and give out information about you?	
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247	Researchers and study staff.	
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249	III. Who might get this information?	
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251	• The sponsor of this research. "Sponsor" means any persons or companies that are:
252	• working for or with the sponsor; or
253	• owned by the sponsor.
254	• Authorized Ohio State University staff not involved in the study may be aware that
255	you are participating in a research study and have access to your information;
256	• If this study is related to your medical care, your study-related information may be
257	placed in your permanent hospital, clinic, or physician's office record;
258	• Others: Authorized Battelle staff
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260	IV. Your information <u>may</u> be given to:
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262	• The U.S. Food and Drug Administration (FDA), Department of Health and Human
263	Services (DHHS) agencies, and other federal and state entities;
264	• Governmental agencies in other countries;
265	• Governmental agencies to whom certain diseases (reportable diseases) must be
266	reported; and
267	• The Ohio State University units involved in managing and approving the research
268	study including the Office of Research and the Office of Responsible Research
269	Practices.
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271	V. Why will this information be used and/or given to others?
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273	• To do the research;
274	• To study the results; and
275	• To make sure that the research was done right.
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277	VI. When will my permission end?
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279	There is no determined in the second se
280	I here is no date at which your permission ends. Your information will be used
280	There is no date at which your permission ends. Your information will be used indefinitely. This is because the information used and created during the study may be
280 281	indefinitely. This is because the information used and created during the study may be
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281	indefinitely. This is because the information used and created during the study may be
281 282	indefinitely. This is because the information used and created during the study may be analyzed for many years, and it is not possible to know when this will be complete.
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281 282 283 284	<ul><li>indefinitely. This is because the information used and created during the study may be analyzed for many years, and it is not possible to know when this will be complete.</li><li>VII. May I withdraw or revoke (cancel) my permission?</li></ul>
281 282 283 284 285	<ul> <li>indefinitely. This is because the information used and created during the study may be analyzed for many years, and it is not possible to know when this will be complete.</li> <li>VII. May I withdraw or revoke (cancel) my permission?</li> <li>Yes. Your authorization will be good for the time period indicated above unless you</li> </ul>
281 282 283 284 285 286	<ul> <li>indefinitely. This is because the information used and created during the study may be analyzed for many years, and it is not possible to know when this will be complete.</li> <li>VII. May I withdraw or revoke (cancel) my permission?</li> <li>Yes. Your authorization will be good for the time period indicated above unless you change your mind and revoke it in writing. You may withdraw or take away your</li> </ul>
281 282 283 284 285 286 287	<ul> <li>indefinitely. This is because the information used and created during the study may be analyzed for many years, and it is not possible to know when this will be complete.</li> <li><b>VII. May I withdraw or revoke (cancel) my permission?</b></li> <li>Yes. Your authorization will be good for the time period indicated above unless you change your mind and revoke it in writing. You may withdraw or take away your permission to use and disclose your health information at any time. You do this by sending written notice to the researchers. If you withdraw your permission, you will not be able to stay in this study. When you withdraw your permission, no new health</li> </ul>
281 282 283 284 285 286 287 288	<ul> <li>indefinitely. This is because the information used and created during the study may be analyzed for many years, and it is not possible to know when this will be complete.</li> <li>VII. May I withdraw or revoke (cancel) my permission?</li> <li>Yes. Your authorization will be good for the time period indicated above unless you change your mind and revoke it in writing. You may withdraw or take away your permission to use and disclose your health information at any time. You do this by sending written notice to the researchers. If you withdraw your permission, you will not</li> </ul>

# VIII. What if I decide not to give permission to use and give out my health information?

Then you will not be able to be in this research study and receive research-related treatment. However, if you are being treated as a patient here, you will still be able to receive care.

### **IX. Is my health information protected after it has been given to others?**

- There is a risk that your information will be given to others without your permission. Any information that is shared may no longer be protected by federal privacy rules.
- 305 X. May I review or copy my information?
- 307 Signing this authorization also means that you may not be able to see or copy your study-308 related information until the study is completed.
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## **16. Who can answer my questions about the study?**

- For study questions, concerns, or complaints, to withdraw consent and HIPAA authorization, or if you feel you have been harmed as a result of study participation, you may contact Dr. Lauren Wengerd (call/text: 330-464-9171; <u>lauren.wengerd@osumc.edu</u>) or Dr. Dave Friedenberg (call/text: 513-509-6809; friedenbergd@battelle.org).
- For questions related to your privacy rights under HIPAA or related to this research
  authorization, please contact Kathleen Ojala at 614-293-6482.
- For questions about your rights as a participant in this study or to discuss other studyrelated concerns or complaints with someone who is not part of the research team, you
  may contact the Ohio State Office of Responsible Research Practices at 1-800-678-6251
  and/or the Battelle Human Protections Administrator at 614-424-7648.
- If you are injured as a result of participating in this study or for questions about a study-
- related injury, you may contact Dr. Jan Schwab (call: 614-685-9278;
- 328 jan.schwab@osumc.edu), Dr. Lauren Wengerd (call/text: 330-464-9171;
- 329 <u>lauren.wengerd@osumc.edu</u>), or Dr. Dave Friedenberg (call/text: 513-509-6809;
- 330 <u>friedenbergd@battelle.org</u>).
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#### 334 Signing the consent form

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I have read (or someone has read to me) this form and I am aware that I am being asked to

337 participate in a research study. I have had the opportunity to ask questions and have had them 338 answered to my satisfaction. I voluntarily agree to participate in this study.

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I am not giving up any legal rights by signing this form. I will be given a copy of this

341 combined consent and HIPAA research authorization form.

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Printed name of participant	Signature of participant	
		AM/P
	Date and time	
Printed name of person authorized to consent for	Signature of person authorized to conser	nt for participant
participant (when applicable)	(when applicable)	
		AM/PM
Relationship to the participant	Date and time	
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351 352 353

Date and time

AM/PM