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A Randomized, Double-Blind, Placebo-Controlled Parallel Group Study to Investigate the Safety and Efficacy of Arbaclofen Extended-Release Tablets for the Treatment of Spasticity in Patients with Multiple Sclerosis (Study OS3440-3004).

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CLINICAL STUDY PROTOCOL

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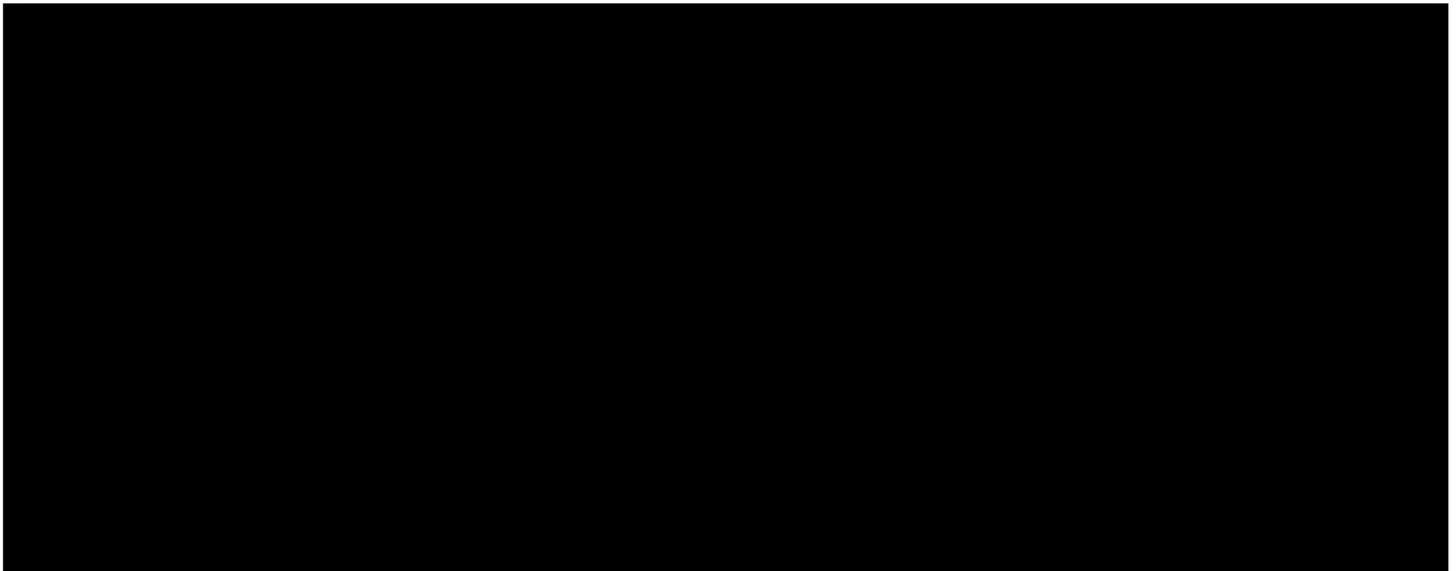
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Signature Page

Title: A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group Study to Investigate the Safety and Efficacy of Arbaclofen Extended-Release Tablets for the Treatment of Spasticity in Patients with Multiple Sclerosis (Study OS440-3004)

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Investigator Protocol Agreement

Title: A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group Study to Investigate the Safety and Efficacy of Arbaclofen Extended-Release Tablets for the Treatment of Spasticity in Patients with Multiple Sclerosis (Study OS440-3004)

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By my signature, I confirm that my staff and I have carefully read and understand this protocol or protocol amendment, and agree to comply with the conduct and terms of the study specified herein and with any other study conduct procedures provided by Osmotica Pharmaceutical or its designee. For protocol amendments, I agree not to implement the amendment without agreement from the Sponsor and prior submission to and written approval (where required) from the Institutional Review Board (IRB), the Independent Ethics Committee (IEC), or their equivalent, and regulatory authority, except when necessary to eliminate an immediate hazard to the subjects, or for administrative aspects of the study (where permitted by all applicable regulatory requirements).

Investigator's Signature

Date

Name: -----

Address: -----

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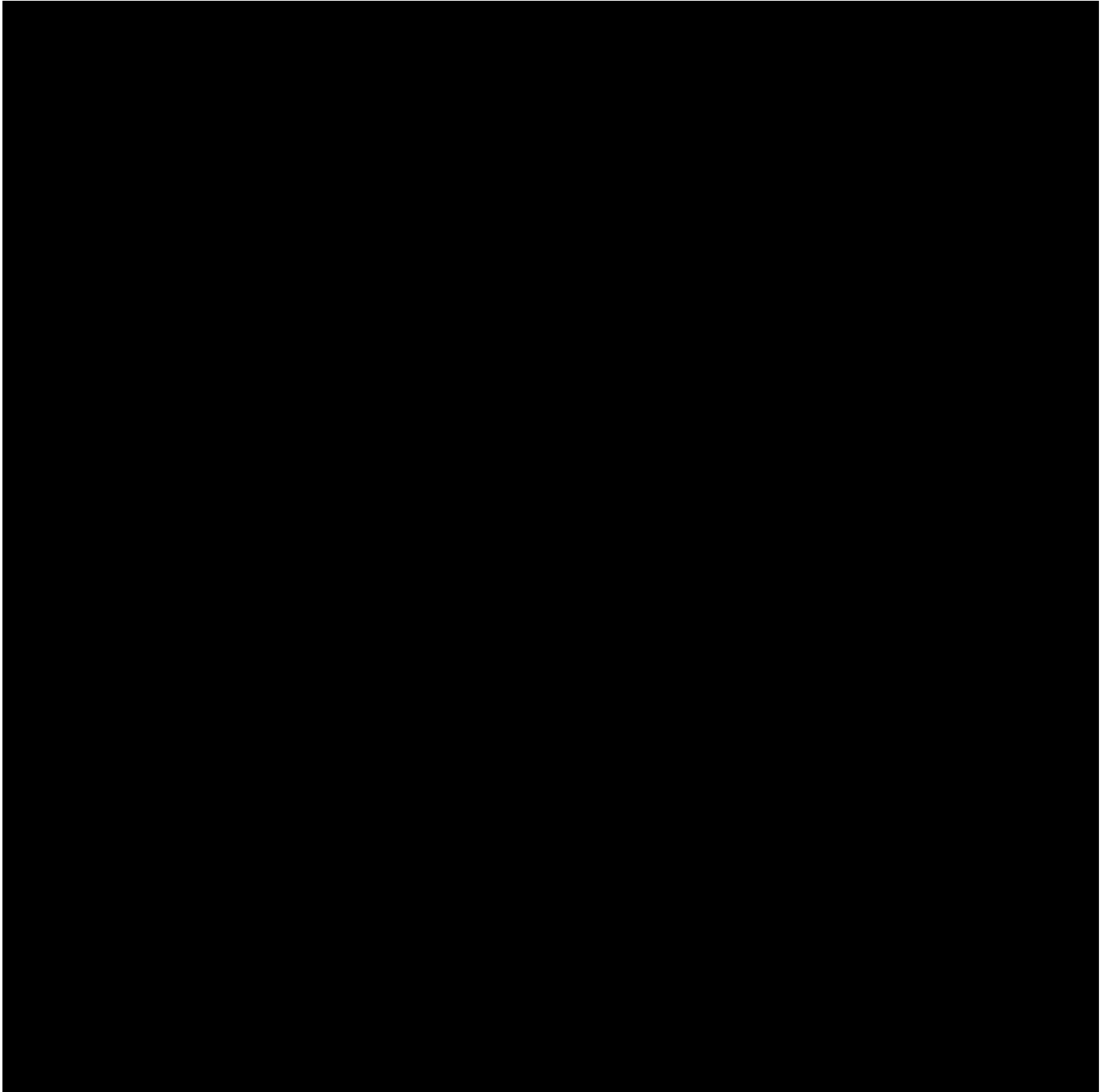
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List of Abbreviations and Definitions of Terms

Abbreviation	Definition
AE	Adverse event
AERT	Arbaclofen extended-release tablets
ALT	Alanine transaminase
ANCOVA	Analysis of covariance
AST	Aspartate transaminase
BP	Blood pressure
BUN	Blood urea nitrogen
CFR	Code of Federal Regulations
CGIC	Clinical Global Impression of Change
CRF	Case report form
CRO	Contract Research Organization
C-SSRS	Columbia–Suicide Severity Rating Scale
DSMB	Data Safety Monitoring Board
ECG	Electrocardiogram
eCRF	Electronic case report form
EDSS	Expanded Disability Status Scale
FDA	Food and Drug Administration
GCP	Good Clinical Practices
GFR	Glomerular filtration rate
IB	Investigator’s Brochure
ICF	Informed Consent Form
ICH	International Conference on Harmonization
IEC	Independent Ethics Committee
IND	Investigational New Drug
IRB	Institutional Review Board
IRT	Interactive Response Technology (system)
ITT	Intent-to-treat (population)
LOCF	Last observation carried forward
LSMeans	Least-square means
LUTS	Lower urinary tract symptoms
mAS	Modified Ashworth Scale
MDRD	Modification of Diet in Renal Disease Study
MedDRA	Medical Dictionary for Regulatory Activities
mITT	Modified ITT (population)
MMRM	Mixed model for repeated measures
MS	Multiple Sclerosis
mWOCF	Modified worst observation carried forward
NARCOMS	North American Research Committee on MS
NIMH	National Institute of Mental Health
PGIC	Patient Global Impression of Change
PK	Pharmacokinetic
PMM	Pattern-mixture model
PP	Per-protocol (population)
PT	Preferred term
RBC	Red blood cell
RDC	Remote data capture
REML	Restricted maximum likelihood
RR	Relapsing-remitting (MS)
SAE	Serious adverse event
SAP	Statistical Analysis Plan
SD	Standard deviation
SOC	System organ class

Abbreviation	Definition
SP	Secondary-progressive (MS)
TEAE	Treatment-emergent adverse event
TNmAS-MAL	Total Numeric-transformed mAS score of the most affected limb
USP	Urinary Symptom Profile – USP [®] questionnaire
WBC	White blood cell
WHO	World Health Organization

1 STUDY ADMINISTRATIVE STRUCTURE



2 INTRODUCTION

2.1 Multiple Sclerosis and Spasticity

Multiple Sclerosis (MS) is an acquired inflammatory demyelinating disease of the central nervous system (CNS) that is regarded as the foremost cause of non-traumatic neurologic disability in adults in North America. Multiple Sclerosis has a prevalence of approximately 1 case per 1,000 in the population and a predominance in women (female to male ratio, 2:1). The mean age at onset is 30 years. Although MS is a heterogeneous illness, in 85% of patients it begins with episodic, largely reversible neurologic dysfunction, in a pattern termed relapsing-remitting (RR) MS. In 75% of those patients, the disease advances over time to a steady, irreversible worsening state designated secondary-progressive (SP) MS. Less than 5% of patients have very severe disability (fulminant MS) within the first 5 years after onset, and 10 to 20% of patients remain unimpaired without therapy (benign MS) for 20 years or so.

Clinical manifestations of MS include visual loss, paresthesias, weakness, spasticity, fatigue, and pain. Multiple Sclerosis symptoms may initially wax and wane with the onset and resolution of exacerbations. However, in the latter disease stages, most patients progress to have some permanent disability. Multiple Sclerosis treatment relies on pharmaceutical agents to slow disease progression and reduce the burden of MS symptoms.

Spasticity is a common complication in MS and occurs in up to 84% of patients. The main sign of spasticity is resistance to passive limb movement characterized by increased resistance to stretching, clonus, and exaggerated deep reflexes. The associated features of spasticity, including pain, gait disorders, fatigue, and loss of function, significantly affect patient quality of life. Data collected from the North American Research Committee on MS (NARCOMS) Patient Registry showed that 34% of over 20,000 MS patients surveyed experienced moderate, severe, or total limitation of physical abilities due to spasticity. Consequently, one of the main objectives for the functional management of MS is the symptomatic treatment of spasticity, aiming to improve gait, hygiene, and all the impeded activities of daily living. However, current oral pharmacologic treatments of MS fail in the total control of this problem, both for intolerability or lack of efficacy, defining the unmet medical need for treatment of spasticity.

Baclofen has been in clinical use for more than 35 years and the benefits and risks are well characterized. It is approved for the treatment of spasticity due to MS and spinal cord injury and is a first-line pharmacotherapy as described in the MS Council for Clinical Practice Guidelines for treatment of spasticity in MS. However, the therapeutic potential of baclofen is limited because it is poorly tolerated by patients due to the side effects of sedation, drowsiness, and worsening of fatigue. Therefore, an unmet medical need exists for an effective, better tolerated oral treatment of spasticity.

Baclofen is a racemate (rac-baclofen) consisting of an equal mixture of two enantiomers: the l- or R-enantiomer (arbaclofen) and the d- or S-enantiomer.

Osmotica Pharmaceutical is currently developing arbaclofen extended-release tablets (AERT) for the treatment of spasticity in patients with MS. Arbaclofen is the active R-enantiomer of

baclofen and it has been postulated that the efficacy of baclofen is primarily due to the R-enantiomer. This clinical study aims to demonstrate the clinical efficacy and improved tolerability of AERT in patients with spasticity due to MS.

3 STUDY OBJECTIVES

3.1 Primary Objective

The primary objective of this study is to demonstrate the safety and efficacy of arbaclofen extended-release tablets (AERT) for treatment of spasticity in patients with MS.

4 INVESTIGATIONAL PLAN

4.1 Overall Study Design

This is a multicenter, randomized, double-blind, placebo-controlled, parallel-group study to evaluate the safety and efficacy of oral AERT in MS patients with spasticity. Two doses of AERT, 40 mg and 80 mg, will be compared with placebo. The treatment groups will be randomized in a 1:1:1 ratio. There will be a 9-day titration period, then a 75-day maintenance period, followed by a 7-day taper period. Figure 1 presents the timeline diagram for the study. Figure 2 presents the blinded dosing regimen flowchart, including titration and taper doses, to be used during the study. The dosing schema is presented in Figure 3.

Eligible patients will undergo up to a 21-day washout period for withdrawal of all medications used for anti-spasticity and/or muscle relaxation prior to randomization. A baseline clinical evaluation will be performed (Visit 2) to confirm eligibility for study randomization, and subjects will be randomly assigned to 1 of 3 treatment arms: (1) AERT 40 mg; 2) AERT 80 mg; or 3) placebo. During the first 9 days of drug administration, doses will be titrated every 3 days to a fixed-dose of either AERT 40 mg, AERT 80 mg, or placebo. Subjects will remain at that fixed-dose for 75 days. The co-primary efficacy assessments, changes from baseline in the total numeric-transformed modified Ashworth Scale score of the most affected limb (TNmAS-MAL) and in the Clinical Global Impression of Change (CGIC), will be performed as shown in Table 1. At the end of the maintenance period, the subject's dose will be tapered for an additional 7 days before the subject returns to the site for a final safety evaluation at Day 92 (Visit 6). Table 1 describes the study visits and timing of all study procedures and assessments.

4.2 Rationale for Study Design and Dose Selection

This study will employ a multicenter, randomized, double-blind, placebo-controlled, parallel-group study design. This approach is both methodologically rigorous and considered the gold standard in Phase 3 trials in the determination of patient safety and efficacy. Nonclinical arbaclofen data from a 3-month rat toxicity study (Study 0460RO24.001) shows margins of exposure greater than 1 and adverse effects at exposures up to 10-fold higher than those projected to occur in this Phase 3 study that were not life-threatening, clinically monitorable, and reversible, which supports a dose level of 80 mg. To date, Osmotica has conducted 11 clinical studies (Phases 1 through 3) utilizing AERT in doses up to 80 mg/day in single and divided doses.

Recently, Osmotica completed a Phase 1, single-center, open-label, multiple-dose, 1-period study (Study OS440-PKP09) that assessed the safety, tolerability, and pharmacokinetics (PK) of arbaclofen following multiple-dose oral administration of AERT to healthy volunteers in daily doses of 40, 60, and 80 mg.

A total of 24 male and female subjects were enrolled. The most common TEAE reported was dizziness, which is a known adverse reaction to arbaclofen. No deaths were reported. Two serious adverse events (SAEs) were noted: Subject 008 (venous thrombosis) and Subject 014 (haematemesis). Both SAEs were considered unlikely related to study drug. AERT was tolerated at all doses tested in Study OS440-PKP09. Increased TEAEs were noted at the 80 mg dose; however, they were consistent with the known safety profile of arbaclofen.

AERT has been shown to be safe in daily doses of 40 and 80 mg, respectively.

5 STUDY POPULATION

Approximately 510 subjects (170 in each treatment group) are planned to be randomized.

5.1 Inclusion Criteria

Male and female subjects will be considered eligible for participation in the study if all the following inclusion criteria are satisfied at Visit 1 (Screening).

1. Subjects 18 to 65 years of age, inclusive.
2. An established diagnosis per McDonald Criteria ([Polman et al 2011](#)) of MS (either RR or SP course) that manifests a documented history of spasticity for at least 6 months prior to screening.
3. Spasticity due to MS as shown by a TNmAS-MAL score $\geq 2^1$ (Appendix 1).
4. Expanded Disability Status Scale (EDSS) score ≥ 3.0 (Appendix 2).
5. If receiving disease-modifying medications (eg, interferons approved for MS, glatiramer acetate, natalizumab, fingolimod, or mitoxantrone), there must be no change in dose for at least 3 months prior to Visit 1 (Screening), and the subject must be willing to maintain this treatment dose for the duration of the study. If receiving AMPYRA[®] (dalfampridine, fampridine, 4-amino puridine), subject must be at a stable dose for at least 3 months prior to Visit 1 (Screening).
6. Stable regimen for at least 3 months prior to Visit 2 (Baseline) for all medications and non-pharmacological therapies that are intended to alleviate spasticity.
 - a. Subjects taking medications indicated for the treatment of spasticity (eg, baclofen, benzodiazepines, cannabinoids, carisoprodol, dantrolene, tizanidine, cyclobenzaprine,

¹ Total numerical score of a limb accounts for the sum of the 3 main joint muscular group scores.

- any neuroleptic, ropinoprole, tolperisone, and clonidine) at Visit 1 (Screening) must wash out from these medications for at most 21 days by Visit 2 (Baseline) in order to be eligible for randomization (see [Section 7.7](#) for washout periods for specific medications). Subjects found not to meet this criterion will be withdrawn from the study and will be considered screen failures.
7. Absence of infections, peripheral vascular disease, painful contractures, advanced arthritis, or other conditions that hinder evaluation of joint movement.
 8. Creatinine clearance, as calculated by the glomerular filtration rate (GFR) using the Modification of Diet in Renal Disease Study (MDRD) formula,² of >50 mL/minute.
 9. Use of a medically highly effective form of birth control (see [Section 7.8](#)) during the study and for 3 months thereafter for women of child-bearing potential (including female subjects and female partners of non-sterile male subjects). Use of a medically highly effective form of birth control (see [Section 7.8](#)) during the study and for 3 months thereafter for any subject whose partner is not sterilized or post menopausal.
 10. Willing to sign the informed consent form (ICF).

5.2 Exclusion Criteria

Subjects who meet any of the following criteria will not qualify for the study.

1. Any concomitant disease or disorder that has symptoms of spasticity or that may influence the subject's level of spasticity.
2. Inability to rate their level of spasticity or distinguish it from other MS symptoms.
3. Acute MS exacerbation/relapse requiring treatment or disease modifying drug dose alteration within 3 months of Visit 1 (Screening).
4. Use of high dose (120 mg daily) oral or intravenous methylprednisolone, or equivalent, within 3 months before Visit 1 (Screening).
5. Concomitant use of medications that would potentially interfere with the actions of the study medication or outcome variables (Appendix 6).
6. Use of botulinum toxin A or B for spasticity within 6 months of Visit 1 (Screening).

² GFR Calculator:

$GFR (mL/min/1.73 m^2) = 175 \times (Scr (mg/dL))^{-1.154} \times (Age (years))^{-0.203} \times (0.742 \text{ if female}) \times (1.212 \text{ if African American})$ (conventional units)

$GFR (mL/min/1.73 m^2) = 175 \times (Scr (\mu mol/L)/88.4)^{-1.154} \times (Age (years))^{-0.203} \times (0.742 \text{ if female}) \times (1.212 \text{ if African American})$ (SI units)

7. Pregnancy, lactation, or planned pregnancy during the course of the study and for 3 months after the final study visit.
8. Recent history (within past 12 months) of any unstable psychiatric disease (or any yes response to questions 1 or 2 on the Columbia–Suicide Severity Rating Scale [C-SSRS] at Screening), or current signs and symptoms of significant medical disorders such as severe, progressive, or uncontrolled pulmonary, cardiac, [REDACTED] hepatic, renal, genitourinary, hematological, endocrine, immunologic, or neurological disease.
9. History of epilepsy.
10. Current significant cognitive deficit, severe or untreated anxiety, severe or untreated depression.
11. Subjects with abnormal micturition that requires indwelling or intermittent catheterization or with lower urinary tract symptoms (LUTS) that result in a score >26 in the Visit 2 (Baseline) Urinary Symptom Profile – USP[®] (USP) questionnaire (Appendix 7). Subjects who are proficient in self-catheterization may be included in the study at investigator discretion.
12. Subject has clinically significant abnormal laboratory values, in the opinion of the investigator, at Visit 1 (Screening).
13. Current malignancy or history of malignancy that has not been in remission for more than 5 years, except effectively treated basal cell skin carcinoma.
14. Any other significant disease, disorder, or significant laboratory finding which, in the opinion of the investigator, puts the subject at risk because of participation, influences the result of the study, or affects the subject’s ability to participate.
15. Planned elective surgery or other procedures requiring general anesthesia during the course of the study.
16. History of any illicit substance abuse (eg, alcohol, cocaine) or prescription for long-acting opioids within the past 12 months (tramadol use will be allowed).
17. Participation in another clinical research study within 1 month of Visit 1 (Screening).

6 STUDY PROCEDURES

Table 1 and the following subsections present the planned study visits, timing, and details for study procedures. Figure 1 presents the timeline diagram for the study.

As footnoted in Table 1, the TNmAS-MAL assessment will always be performed by the study evaluator (someone other than the investigator) who has been appropriately trained to perform and assess the TNmAS-MAL, and when possible all TNmAS-MAL assessments should be performed for a particular subject by the same study evaluator throughout the study. The TNmAS-MAL assessment should be conducted prior to any scheduled study procedures. The most affected limb will be determined by the study evaluator. The study evaluator must remain blinded to the subject's overall clinical, safety, and CGIC assessments. The investigator or sub-investigator will perform the other assessments (EDSS, C-SSRS) and has access to the findings of the TNmAS-MAL when conducting the CGIC.

Table 1: Schedule of Assessments, Study OS440-3004

Procedure	Screening Visit 1 Days -21 to 0	Baseline Visit 2 Day 1 (±3 days)	Visit 3 Day 10 (±3 days)	Visit 4 Day 42 (±5 days)	Visit 5 Day 84 (±5 days)	Final or Early Termination Visit 6 Day 92 (±5 days)
Written informed consent	X					
Inclusion and exclusion criteria	X	X				
Review study discontinuation criteria		X	X	X	X	
Withdrawal anti-spasticity medication	X					
Assign enrollment number	X					
Randomization		X				
Demography	X					
Medical/surgical history	X					
Physical examination	X					
Height	X					
Weight	X					X
Vital signs ¹	X	X	X	X	X	X
Hematology/serum chemistry/urinalysis	X	X	X	X	X	X
Electrocardiogram	X					X
Pregnancy test ²	X	X	X	X	X	X
Dispense study medication		X	X	X	X	
Collect unused study medication			X	X	X	X
C-SSRS	X	X	X	X	X	X
TNmAS-MAL ³	X	X		X	X	X
EDSS ⁴	X	X				X
CGIC ⁴				X	X	X
PGIC						X
USP [®] questionnaire	X	X	X	X	X	X
Adverse event assessment		X	X	X	X	X
Concomitant medications/therapies	X	X	X	X	X	X

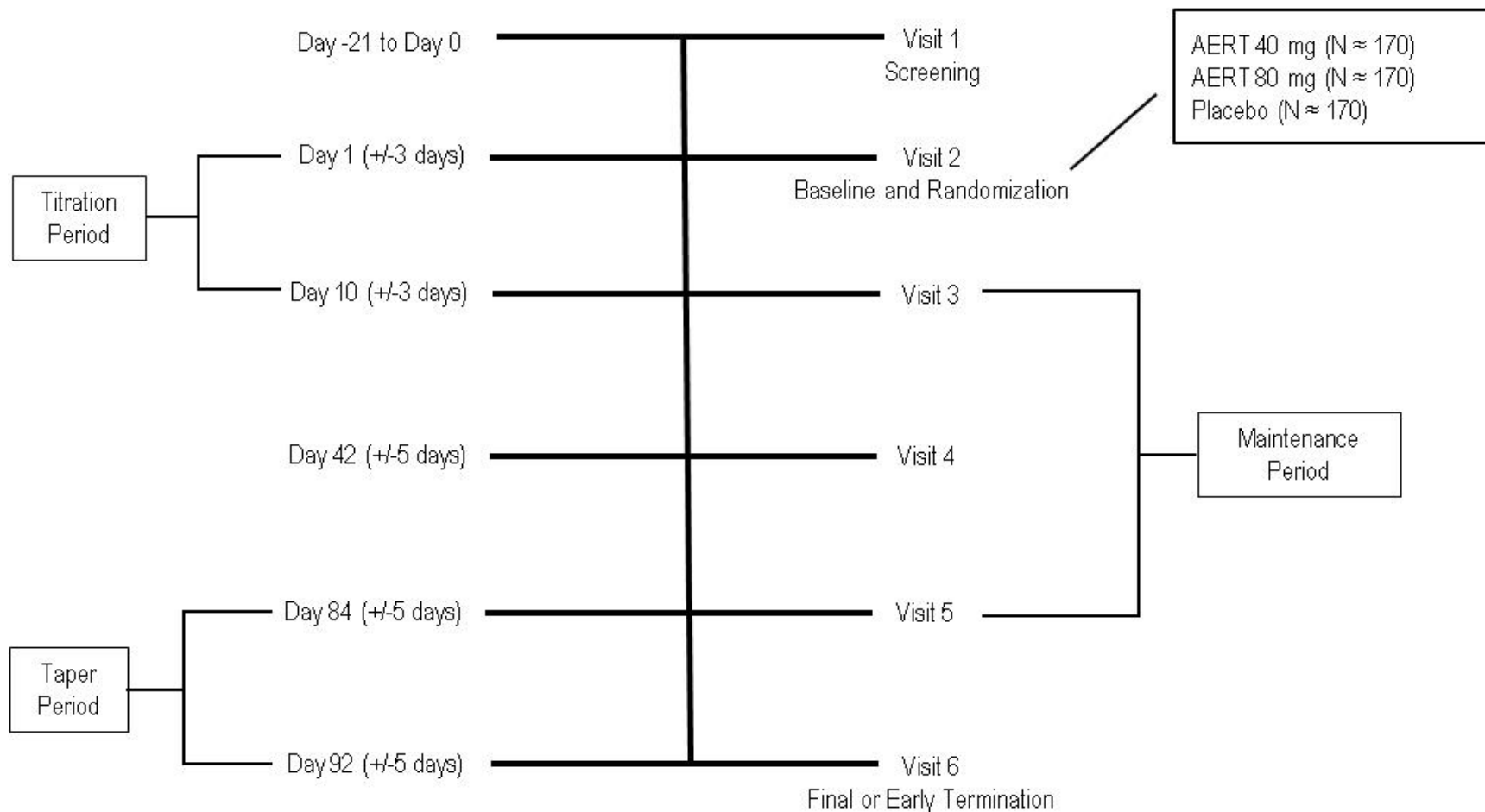
C-SSRS = Columbia–Suicide Severity Rating Scale; TNmAS-MAL = Total Numeric-transformed modified Ashworth Scale score of the most affected limb; EDSS = Expanded Disability Status Scale; CGIC = Clinical Global Impression of Change; PGIC = Patient Global Impression of Change; USP = Urinary Symptom Profile.

(footnotes on next page)

Table 1 - Footnotes:

1. Vital signs will be measured with the subject in a supine position and 3 minutes subsequently in a standing position after the supine assessment is completed. Body temperature and respiratory rate will be measured only during the supine assessment.
2. Premenopausal women of childbearing potential must have a negative serum pregnancy test within 21 days before Visit 2 (Baseline). Urine pregnancy testing will be performed at Visits 2 through 6.
3. The TNmAS-MAL assessment will be performed prior any scheduled lab draws and will always be done by the study evaluator (someone other than the investigator) who has been appropriately trained to perform and assess the TNmAS-MAL, and when possible all TNmAS-MAL assessments should be performed for a particular subject by the same study evaluator throughout the study. The most affected limb will be determined by the study evaluator.
4. Performed by the investigator or sub-investigator not functioning as the study evaluator for the particular subject.

Figure 1: Timeline Diagram, Study OS440-3004



6.1 Visit 1 (Screening) – Days –21 to 0

Each potential study subject will have a Screening visit (Visit 1) within 21 days prior to randomization at the Baseline visit (Visit 2). At Screening, the investigator will fully explain to the subject the objectives, characteristics, and procedures for the study. Rescreening of subjects will only be allowed for delays in screening (eg, >21 days) that have occurred due to technical errors (eg, issue with the Interactive Response Technology [IRT] system, or with delivery or assessment of laboratory tests, etc). Screening assessments/procedures will include the following:

- Obtain a signed and dated ICF from each subject prior to any study-specific procedures being conducted ([Section 13.3](#)).
- Assess eligibility according to the inclusion ([Section 5.1](#)) and exclusion criteria ([Section 5.2](#)).
- After establishing the subject's eligibility to participate, explain to the subject how to withdraw all anti-spasticity medication (up to a 21-day period) prior to the next visit ([Section 7.7](#)).
- Assignment of an enrollment number ([Section 7.4](#)).
- Record demographic data, including age, sex, race, and ethnicity.
- Record medical and surgical history ([Section 9.1](#)).
- Record physical examination results ([Section 9.3](#)).
- Record weight and height ([Section 9.4](#)).
- The study evaluator will perform the TNmAS-MAL ([Section 8.1](#)).
- Record vital sign measurements, including blood pressure (BP), heart rate, respiratory rate, and body temperature ([Section 9.2](#)).
- Collect blood and urine samples for hematology, serum chemistry, and urinalysis ([Section 9.5](#)). Subject should be fasting if possible. As per Exclusion Criterion 12, if, in the opinion of the investigator, a subject has clinically significant abnormal laboratory value(s) at Visit 1 (Screening), they will be excluded from the study.
- Perform a standard 12-lead electrocardiogram (ECG) ([Section 9.6.1](#)).
- Collect a blood sample for serum pregnancy testing for women of childbearing potential. Because contraception is required throughout the study for both males and females, the use of an acceptable method throughout the study will be discussed with all subjects ([Section 7.8](#)).
- Administer the C-SSRS ([Section 9.6.3](#)).

- Administer the EDSS ([Section 8.4](#)).
- Administer the USP questionnaire ([Section 9.6.2](#)).
- Record all concomitant medications/therapies the subject is currently taking ([Section 7.7](#)).
- Schedule the next visit within approximately 7 to 14 days.

6.2 Visit 2 (Baseline) – Day 1 (±3 days)

This visit takes place after the subject has completed withdrawal of all anti-spasticity medications. Assessments/procedures will include the following:

- Review eligibility according to the inclusion ([Section 5.1](#)) and exclusion criteria ([Section 5.2](#)).
- Review study discontinuation criteria ([Section 12.4](#)).
- Verify complete washout and abstinence from oral anti-spasticity medications for at least the past 14 days ([Section 7.7](#)).
- If the subject is eligible for randomization, obtain a randomization code and medication kit number for that subject ([Section 7.4](#)).
- The study evaluator will perform the TNmAS-MAL ([Section 8.1](#)).
- Record vital sign measurements, including BP, heart rate, respiratory rate, and body temperature ([Section 9.2](#)).
- Collect blood and urine samples for hematology, serum chemistry, and urinalysis ([Section 9.5](#)). Subject should be fasting if possible. As per Exclusion Criterion 12, if, in the opinion of the investigator, a subject has clinically significant abnormal laboratory value(s) at Visit 2 (Baseline), they will be excluded from the study.
- Collect a urine sample for pregnancy testing for women of childbearing potential ([Section 7.8](#)).
- Dispense the study medication. The Investigator will explain to the subject how to take the study medication and the regimen to be followed until the next visit ([Section 7.5](#)).
- The site will administer the first daily dose of study medication to the subject.
- Administer the C-SSRS ([Section 9.6.3](#)).
- Administer the EDSS ([Section 8.4](#)).
- Administer the USP questionnaire ([Section 9.6.2](#)).
- Record any adverse events (AEs) that have occurred ([Section 9.7](#)).

- Record all concomitant medications/therapies the subject is currently taking ([Section 7.7](#)).
- Schedule the next study visit.

6.3 Visit 3 – Day 10 (± 3 days)

Assessments/procedures will include the following:

- Review study discontinuation criteria ([Section 12.4](#)).
- Record vital sign measurements, including BP, heart rate, respiratory rate, and body temperature ([Section 9.2](#)).
- Collect blood and urine samples for hematology, serum chemistry, and urinalysis ([Section 9.5](#)).
- Collect a urine sample for pregnancy testing for women of childbearing potential ([Section 7.8](#)).
- Dispense the study medication. The Investigator will explain to the subject how to take the study medication and the regimen to be followed until the next visit ([Section 7.5](#)).
- Collect unused study medication, assess compliance, and study drug accountability ([Section 7.9](#)).
- Administer the C-SSRS ([Section 9.6.3](#)).
- Administer the USP questionnaire ([Section 9.6.2](#)).
- Record any AEs that have occurred ([Section 9.7](#)).
- Record all concomitant medications/therapies the subject is currently taking ([Section 7.7](#)).
- Schedule the next study visit.

6.4 Visit 4 – Day 42 (± 5 days) and Visit 5 – Day 84 (± 5 days)

Assessments/procedures for both visits will include the following:

- Review study discontinuation criteria ([Section 12.4](#)).
- The study evaluator will perform the TNmAS-MAL ([Section 8.1](#)).
- Record vital sign measurements, including BP, heart rate, respiratory rate, and body temperature ([Section 9.2](#)).
- Collect blood and urine samples for hematology, serum chemistry, and urinalysis ([Section 9.5](#)).

- Collect a urine sample for pregnancy testing for women of childbearing potential (Section 7.8).
- Dispense the study medication. The Investigator will explain to the subject how to take the study medication and the regimen to be followed until the next visit (Section 7.5).
- Collect unused study medication, assess compliance, and study drug accountability (Section 7.9).
- Administer the C-SSRS (Section 9.6.3).
- Administer the USP questionnaire (Section 9.6.2).
- Record any AEs that have occurred (Section 9.7).
- Determination of the CGIC by the Investigator (Section 8.2).
- Record all concomitant medications/therapies the subject is currently taking (Section 7.7).
- Schedule the next study visit.

6.5 Visit 6 (Final Visit or Early Termination) – Day 92 (±5 days)

The assessments/procedures listed for Visit 6 (Final Visit) are to be completed by all subjects regardless of whether they complete the entire study or prematurely withdraw from the study. If the Final Visit is performed before Day 92 due to early termination of the subject, every effort should be made to perform the clinical evaluations as follows, especially the blood sampling for hematology, serum chemistry, and urinalysis, and the ECG. Assessments/procedures will include the following:

- Record weight (Section 9.4).
- The study evaluator will perform the TNmAS-MAL (Section 8.1).
- Record vital sign measurements, including BP, heart rate, respiratory rate, and body temperature (Section 9.2).
- Collect blood and urine samples for hematology, serum chemistry, and urinalysis (Section 9.5). Subject should be fasting if possible.
- Perform a standard 12-lead ECG (Section 9.6.1).
- Collect a urine sample for pregnancy testing for women of childbearing potential (Section 7.8).
- Collect unused study medication, assess compliance, and study drug accountability (Section 7.9).

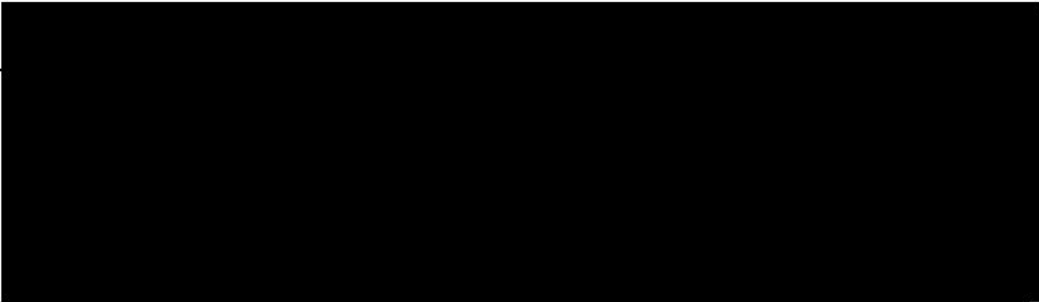
- Administer the C-SSRS (Section 9.6.3).
- Administer the EDSS (Section 8.4).
- Administer the PGIC questionnaire (Section 8.3).
- Administer the USP questionnaire (Section 9.6.2).
- Record any AEs that have occurred (Section 9.7).
- Determination of the CGIC by the Investigator (Section 8.2).
- Record all concomitant medications/therapies the subject is currently taking (Section 7.7).

7 STUDY TREATMENTS

7.1 Treatments Administered

Two doses of AERT, 40 mg (20 mg BID) and 80 mg (40 mg BID), and placebo. The description of study drug kits and treatments is shown below in Table 2.

Table 2: Study Drug Kits and Treatments, Study OS440-3004

Dosage form description:	
Package description:	
Daily dose:	There will be a 9-day titration period, then a 75-day maintenance period, followed by a 7-day taper period. Study tablets will be taken twice daily (BID). All subjects will take two tablets in the AM and 2 tablets in the PM. Post titration all subjects will take either placebo, 40 mg/day AERT, or 80 mg/day AERT.
Cumulative maximal dosage:	3320 mg (40 mg group) or 6580 mg (80 mg group) arbaclofen; 0 mg for placebo.
Manufacturer:	Osmotica Pharmaceutical US, Marietta, Georgia, USA

7.1.1 Treatment Administration

The study medications will be administered orally twice daily (every 12 hours, or BID) without regard to food.

Dose adjustments, except for those specified in the protocol during the titration and taper periods, are not permitted in this study. Subjects who require a dose adjustment or who discontinue study

drug for greater than 5 consecutive days must be withdrawn from the study and followed for safety ([Section 12.4](#)).

7.1.2 Labeling of Study Drug

Double-blind study medication will be provided in blister card wallets. The labels will include all information required by federal and local regulations.

7.1.3 Storage of Study Drug

Arbaclofen extended-release tablets and matching placebo tablets must be stored at 25°C (77°F); excursions permitted to 15-30°C (59-86°F) (see USP Controlled Room Temperature). Study medication should be protected from moisture and humidity. At study sites, all study medication must be stored, secured, and locked in a safe place.

7.2 Study Drug Accountability

The Principal Investigator will have overall responsibility for the use of the study drug. The Principal Investigator or designee will confirm receipt of the study drug by signature and date. A copy of this receipt must be returned to the Sponsor or designee when the contents of the drug shipment have been verified. In addition, an accurate study drug dispensing record that specifies the date and amount dispensed to each subject must be kept in accordance with the study drug accountability form. This inventory record must be available for inspection during an audit (eg, by Sponsor or a regulatory agency). At the conclusion of the study, the Principal Investigator must provide a copy of this record to the Sponsor.

Under no circumstances will the Investigator allow the investigational drugs to be used other than as directed by this protocol. The study medication must be protected from unauthorized access (eg, in a locked storage facility). Qualified study personnel must use the specified randomization system to assign subjects to treatment. Reasons for digression from the expected dispensing regimen must also be recorded.

At the end of the study all medication must be reconciled. Any unused medication will be inventoried by the Investigator or designee and retained by the site until instructed otherwise by Sponsor.

7.3 Handling and Disposal of Study Drug

The study drug must be protected from unauthorized access (eg, in a locked storage facility).

Any unused, partially used, or empty blister card wallets of study drug will be returned to the Sponsor or designee by the time of the site's close-out visit. Receipt, distribution, and return of the study drug must be properly documented on forms provided by the Sponsor or designee.

7.4 Method of Assignment of Study Drug

Two doses of AERT, 40 mg (20 mg BID) and 80 mg (40 mg BID), will be compared with placebo. The treatment groups will be randomized in a 1:1:1 ratio.

After Screening procedures have been completed, authorized site personnel will acknowledge that the applicable subject met all the specified inclusion criteria ([Section 5.1](#)) and none of the exclusion criteria ([Section 5.2](#)) and an enrollment number will be sequentially assigned. After the Screening clinical laboratory test results and other clinical assessments have been completed at Visit 2 (Baseline), assignment to a treatment group will then follow a predetermined list of randomization numbers, with each successive number receiving 1 of the 3 treatments in random order. Authorized site personnel will use the IRT system to assign a kit number that corresponds to the randomization schedule. The kit box with the assigned kit number will be dispensed to the subject.

The randomization code will be provided by the CRO.

7.5 Selection and Timing of Doses in the Study

There will be a 9-day titration period, then a 75-day maintenance period, followed by a 7-day taper period. Figure 2 presents the dosing regimen flowchart, including titration and taper doses, to be used during the study. The dosing schema is presented in Figure 3.

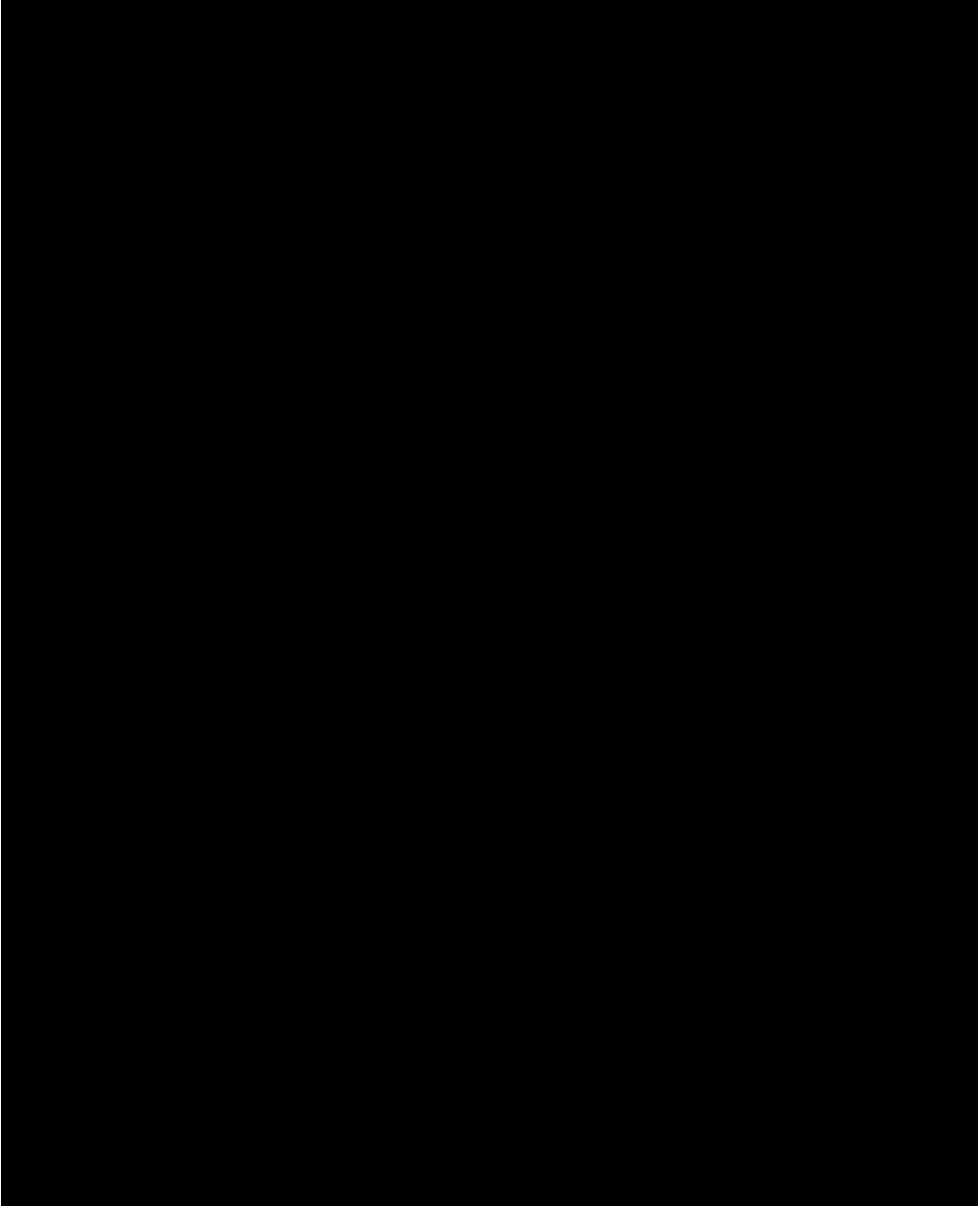
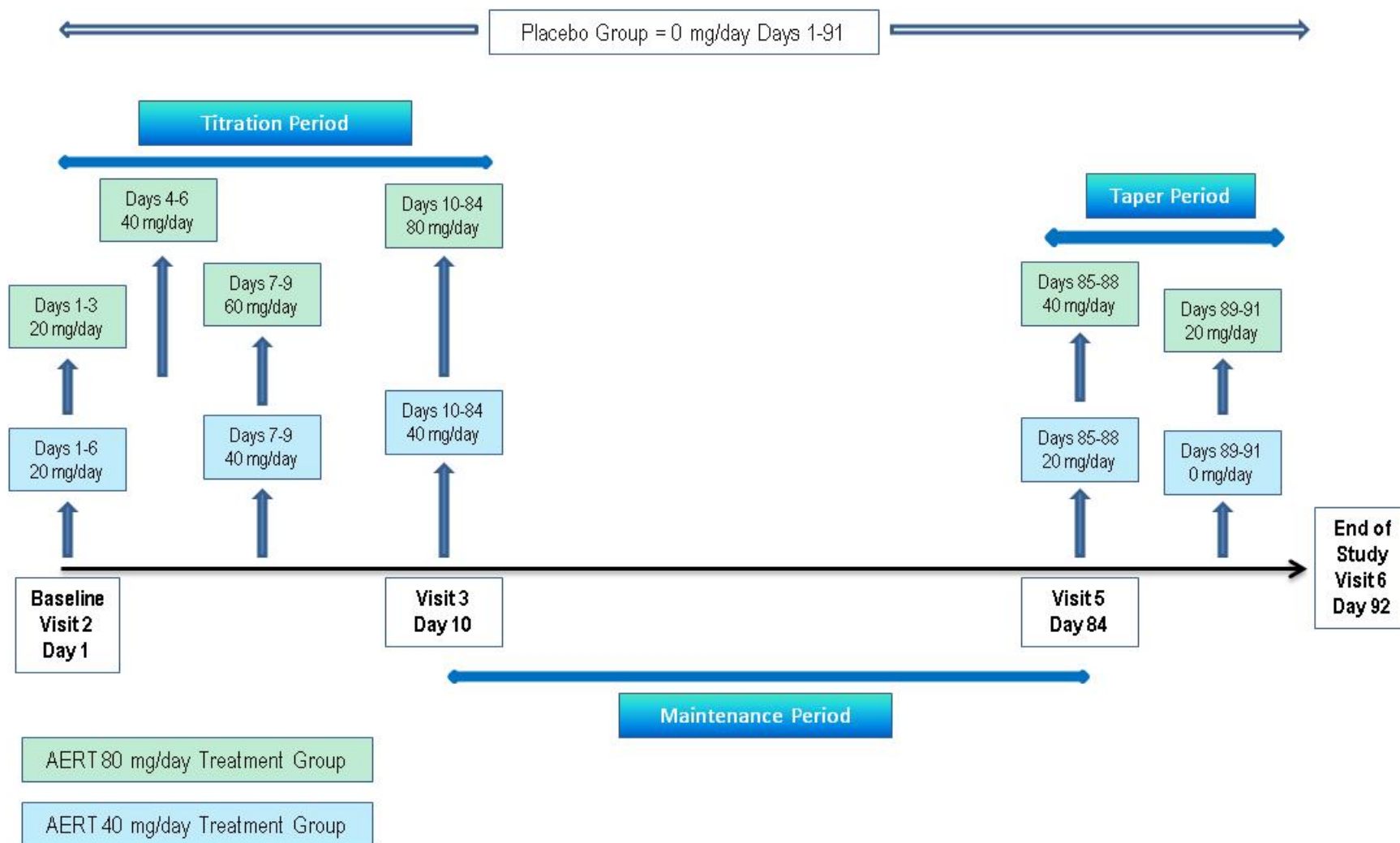


Figure 3: Dosing Schema, Study OS440-3004



7.6 Emergency Unblinding

This is a double-blind study. Every effort will be made to retain the integrity of the blind. The study drug will be identical in appearance for all subjects, regardless of treatment assignment, by using over-encapsulation of the different tablet strengths.

In the event that emergency identification of study drug is required (eg, if the Investigator believes that the information is necessary to properly treat a subject with an AE), the study drug identity can be obtained by the investigator directly accessing the IRT system. The subject should be informed of the treatment assignment.

Every effort must be made to alert the Medical Monitor before requesting that the blind be broken. If this is not possible, the Medical Monitor should be immediately notified of the breaking of the blind. The Investigator will record the unblinding procedures in the subject's source documents.

If unblinding is necessary, the subject will be withdrawn from the study and Visit 6 (Final or Early Termination Visit) procedures will be completed.

The study blind will be broken at study completion once the following are met:

- Database is locked
- The statistical analysis plan (SAP) is finalized

Once the decision for unblinding is reached, the study team will prepare an unblinding memo with signatures from the study director and sponsor biostatistician.

7.7 Prior and Concomitant Therapy

The inclusion and exclusion criteria ([Section 5.1](#) and [Section 5.2](#), respectively) provide details on prohibited medications and the permitted duration since their last use prior to Screening and/or study drug administration. All medications taken within 90 days before Visit 2/Baseline (randomization) are to be recorded in the CRF/eCRF. Eligible patients will undergo up to a 21-day washout period (no drug onboard) for withdrawal of all medications used for anti-spasticity and/or muscle relaxation prior to randomization (see Inclusion Criterion 6). Subjects will be ineligible for randomization if they concomitantly use any of the medications listed in Appendix 6 (see Exclusion Criterion 5). Table 3 presents the half-life, taper period, and washout period for specific anti-spasticity and/or muscle relaxation medications. Tapering of an existing anti-spasticity drug depends on the dose of the drug and other conditions. The investigator should use medical judgment to safely taper the dose. Under most conditions, the taper should take no more than 2 weeks. For anti-spasticity medications not shown in Table 3, please contact the medical monitor for discussions of the washout period.

Table 3: Taper and Washout Periods for Specific Anti-spasticity and/or Muscle Relaxation Medications, Study OS440-3004

Drug	Half-Life (hours)	Taper Period	Washout Period
Baclofen	3 to 5	3 to 14 days	1 day
Clonidine	12 to 16	3 to 14 days	3 days
Dantrolene	8 to 9	3 to 14 days	2 days
Gabapentin	5 to 7	3 to 14 days	2 days
Zanaflex	3	3 to 14 days	1 day
Diazepam	100	3 to 14 days	3 weeks

All conventional medications regularly used for the treatment of MS, other than anti-spasticity medications, and non-pharmacological therapies (intended to alleviate spasticity, eg, physiotherapy) are allowed provided they have been taken/administered for at least 1 month prior to enrollment and no dose adjustments are expected for the duration of this study.

Changes in either the dose or frequency of concomitant medications taken for the treatment of MS should not be made for the duration of this study. In the event a dose adjustment is needed for a concomitant medication, the Investigator will contact the Sponsor to determine if the subject may remain in the study or needs to be withdrawn.

Ancillary therapy for spasticity such as hydrotherapy, massage, and acupuncture are allowed however, the administration and frequency must be consistent for at least 3 months prior to Screening and throughout the duration of participation in the study. Any deviation from this ancillary therapy is grounds for subject withdrawal.

If a subject is receiving disease-modifying medications (especially interferons, see Inclusion Criterion 5), study visits should be scheduled prior to administration and, if possible, at a consistent time point during the study from when these drugs are administered in order to avoid interference with the temporary increase in spasticity that these medications may produce.

Subjects who experience an acute MS exacerbation/relapse (symptoms including but not limited to visual disturbance, dizziness, tingling, or extreme fatigue lasting greater than 24 hours and occurring at least 30 days after a previous relapse) requiring immediate therapy or adjustment in disease-modifying medication dose (eg, oral or intravenous high-dose steroid therapy), will be discontinued from this study.

Other medication that is considered necessary for the subject's safety and well-being may be given at the discretion of the Investigator. The administration of all medication (including investigational products) will be recorded in the appropriate sections of the CRF/eCRF. If there is any question, the Medical Monitor must be contacted.

Data collection for concomitant medications will include indication, dose, route, dosing frequency, start date, stop date, and will continue throughout the study.

The Investigator or study staff will ask the subject at every study visit whether they have taken any new medications or had changes in their current medications/therapies since the last study visit. It is the responsibility of the Investigator to ensure that any change in concomitant medications/therapies during the study is recorded in the source documentation and entered in the CRF/eCRF.

7.8 Use of Contraception and Pregnancy Testing

Prior to study enrollment, females of childbearing potential and female partners of male subjects must be advised of the importance of avoiding pregnancy during study participation and the potential risk factors for an unintentional pregnancy. Females of childbearing potential include any female who has experienced menarche and who has not undergone successful surgical sterilization (hysterectomy, bilateral tubal ligation/occlusion, or bilateral oophorectomy) or is not postmenopausal (defined as amenorrhea >12 consecutive months). Premenopausal women of childbearing potential must have a negative serum pregnancy test within 21 days before Visit 2 (Baseline) and, if they are sexually active or become sexually active during the study, must use an effective method of birth control such as those listed below during the course of the study. Urine pregnancy testing will be done at Visits 2 through 6.

The following is not an all-inclusive list; the subject must discuss with the Investigator the most appropriate form of birth control:

- Hormonal methods
 - Oral contraceptives
 - Implant
 - Injection
 - Transdermal patch
 - Intravaginal ring
- Intrauterine device (hormonal or non-hormonal)
- Barrier methods
 - Condom (male or female) with spermicide
 - Diaphragm with spermicide
- Complete abstinence

7.9 Treatment Compliance

Subject compliance will be based on drug accountability information. Non-compliance will be defined as subjects taking less than 80% or more than 120% of prescribed study medication as

assessed by the amount of study drug returned by the subject. Dose interruption for more than 5 consecutive days during the titration or maintenance periods will require early study withdrawal of the subject.

8 EFFICACY ASSESSMENTS

8.1 Total Numeric-Transformed Modified Ashworth Scale

The TNmAS is considered the primary clinical measure of muscle spasticity in subjects with neurological conditions. It is a useful 6-point rating scale to measure abnormality in tone or the resistance to passive movements, since there is no clinically direct method for measuring spasticity.

When initially developed in the early 1960s ([Ashworth 1964](#)) to estimate the efficacy of anti-spastic drugs in subjects with MS, it was a 5-point scale, with a grade score of 0 to 4. In 1987, the grade “1+” was added and slight changes were proposed on the definitions of each score in order to increase the sensitivity of the measure and facilitate scoring. The new measure was then called the Modified Ashworth Scale (mAS) and it is considered the gold standard for measuring spasticity ([Bohannon and Smith 1987](#)).

Although there are no standardized guidelines for its use, it can be applied to muscles of both the upper or lower body. The rater should extend the client’s limb from a position of maximal flexion to maximal extension until the first soft resistance is felt. Moving a subject’s limb through its full range of motion should be done within 1 second by counting “one thousand and one.”

It is suggested that the testing of the upper limbs should take place while the subject is lying supine, with the upper limbs parallel to the trunk, elbows extended, wrists in a neutral position, and the lower limbs positioned parallel to one another. Exceptions are made for the shoulder extensors, where the arm should be moved from extension to 90 degrees of flexion, and for the shoulder internal rotators, where the arm should be moved from neutral to a maximum external rotation. For the lower limbs, it is recommended that the subject be lying on their side. Specifically for testing the soleus muscle, the hips and knees should be positioned in 45 degrees of flexion and the ankle is moved from maximum plantar flexion to maximum dorsiflexion. For the gastrocnemius muscle, hips should be in 45 degrees of flexion with the knees in maximum extension and the ankle is moved from maximum plantar flexion to maximum dorsiflexion. For the quadriceps femoris muscle, knees and hips should be in maximal extension and the knee is moved from maximum extension to maximum flexion. Throughout testing, the subject should be instructed to remain calm and relaxed, and when repeated testing is undertaken, testing should be initiated at the same time of the day to minimize possible changes in spasticity levels due to medication interaction.

To arrive at the TNmAS-MAL score, the total numerical score of a limb accounts for the sum of the 3 main joint muscular group scores. If two or more limbs tie for “Most Affected” at Visit 2 (Baseline), then the Visit 5 (Day 84) scores for the tied limbs will be assessed and the one with the worst score at Visit 5 will become the MAL in the primary analysis. In the case of a tie at Visit 2 (Baseline) and at Visit 5, then all of the scores from Visit 2 to Visit 5 will be summed and

the highest (worst) total will be flagged as the MAL. If a subject discontinues early, then the early termination visit scores will be used in place of the Visit 5 scores.

The TNmAS-MAL assessment will always be performed by the study evaluator (someone other than the investigator) who has been appropriately trained to perform and assess the TNmAS-MAL, and when possible all TNmAS-MAL assessments should be performed for a particular subject by the same study evaluator throughout the study prior to any scheduled lab draw. The most affected limb will be determined by the study evaluator and the subject. The study evaluator must remain blinded to the subject's overall clinical, safety, and CGIC assessments.

The TNmAS-MAL assessment will be done at the visits specified in Table 1. The mAS and TNmAS-MAL are provided in Appendix 1.

8.2 Clinical Global Impression of Change

The CGIC was developed for use in National Institute of Mental Health (NIMH)-sponsored clinical trials to provide a brief, stand-alone assessment of the clinician's view of the subject's global functioning prior to and after initiating a study medication (Guy 1976). The CGIC scale will be used to measure the overall change in the subject's condition since starting the study.

In clinical research, the CGIC is administered by an experienced clinician who is familiar with the disease under study and the likely progression of treatment. Consequently, the CGIC rater can make an expert clinical global judgment about the severity of the illness across various time points within the context of that clinical experience. The clinician makes a judgment about the total picture of the subject at each visit: the illness severity, the subject's level of distress and other aspects of impairment, and the impact of the illness on functioning. The CGIC is rated without regard to the clinician's belief that any clinical changes are or are not due to medication and without consideration of the etiology of the symptoms.

The investigator will evaluate the subject's status on a -3 to +3 scale judging whether there had been a change from significant worsening to significant improvement relative to Visit 2 (Baseline) and must have access to the TNmAS. The CGIC scale is provided in Appendix 3.

8.3 Patient Global Impression of Change

The PGIC is a standard instrument that is a well validated outcome measure. The 7-point PGIC measures change in the subject's overall status using the following categorical scale:

- 1 = Very much improved
- 2 = Much improved
- 3 = Improved
- 4 = No change
- 5 = Minimally worse

- 6 = Much worse
- 7 = Very much worse

The PGIC will be done at the visits specified in Table 1. The PGIC is provided in Appendix 4.

8.4 Expanded Disability Status Scale

The EDSS is a method of quantifying disability in MS and monitoring changes in the level of disability over time. It is widely used in clinical trials and in the assessment of people with MS. The scale was developed by John Kurtzke in 1983 as an advance from his previous 10-step Disability Status Scale (DSS) (Kurtzke 1983). The EDSS scale ranges from 0 to 10 in 0.5-unit increments that represent higher levels of disability. Scoring is based on an examination by a neurologist.

EDSS steps 1.0 to 4.5 refer to people with MS who are able to walk without any aid and is based on measures of impairment in eight functional systems (FS): pyramidal (weakness or difficulty moving limbs), cerebellar (ataxia, loss of coordination, or tremor), brainstem (problems with speech, swallowing, and nystagmus), sensory (numbness or loss of sensations), bowel and bladder function, visual function, cerebral (or mental) functions, and other. Each FS is scored on a scale of 0 (no disability) to 5 or 6 (more severe disability). EDSS steps 5.0 to 9.5 are defined by the impairment to walking.

The EDSS assessment will be done at the visits specified in Table 1. The EDSS is provided in Appendix 2.

9 SAFETY ASSESSMENTS

Safety will be assessed by the monitoring of TEAEs volunteered, observed, and elicited by general questioning in a non-suggestive manner. Changes in vital signs, clinical laboratory test results, 12-lead electrocardiograms (ECGs), the USP questionnaire, and the C-SSRS will also be assessed.

9.1 Medical/Surgical History

A complete medical and surgical history will be obtained at Visit 1 (Screening), which will record previous respiratory, cardiovascular, gastrointestinal, hepatic, nephro-urologic, metabolic, allergic, infectious, gynecologic, musculoskeletal, endocrine, neurologic, psychiatric, dermatologic, allergic, hematologic, and any other diseases.

9.2 Vital Signs

Heart rate and BP will be measured at all visits. Blood pressure measurements will be made using a sphygmomanometer with an appropriate cuff size for the individual subject.

To evaluate the potential of arbaclofen to trigger orthostatic hypotension, BP and heart rate will be measured twice at each study visit. Orthostatic testing should take place in a quiet room, preferably at a temperature between 20°C and 24°C (68°F to 75°F). Emptying the bladder

before testing is also recommended. The diagnosis of orthostatic hypotension is established by measuring the BP in the supine and then in the standing position, at least 3 minutes apart, and noting a substantial drop accompanied by symptoms of dizziness or syncope. A positive response is considered if systolic BP falls below 20 mmHg and diastolic BP 10 mmHg of baseline. If symptoms occur, the subject should be returned to the supine position immediately.

Vital signs, including BP, heart rate, respiratory rate, and body temperature, will be measured after the subject has been in a supine position quietly for 10 minutes. Then, with the subject in a standing position, BP and heart rate will be measured again after the supine assessment is completed.

9.3 Physical Examination

A physical examination will be performed at Visit 1 (Screening) and will include the following categories: general, head, ears, eyes, nose and throat, neck, heart/cardiovascular, lungs/respiratory, abdomen, breast (performed by palpation), musculoskeletal (back and extremities), neurological, lymph nodes, and skin.

9.4 Weight and Height

Weight will be measured at Visit 1 (Screening) and at Visit 6 (Final Visit or Early Termination). Height will only be measured at Visit 1 (Screening). At each site the same balance will be used for all measurements. Subjects will wear only indoor clothing without shoes.

9.5 Clinical Laboratory Tests

A central laboratory will be used for this study. Blood draws for chemistry and hematology tests and urine samples for urinalyses will be collected and sent to the central laboratory. Table 4 presents the specific clinical laboratory tests to be evaluated.

All laboratory values that are outside of the normal range for that parameter will be so flagged when reported to the site. The investigator will annotate laboratory reports to indicate whether any abnormal laboratory value is considered clinically significant. Any abnormal laboratory value that is considered clinically relevant should be confirmed by a repeated laboratory test when possible. If a clinically significant laboratory abnormality requires treatment or is the reason for a subject being discontinued from the study, the abnormal result must be classified as an AE. If clinically relevant and considered an AE, the event must be followed until resolution or as long as medically necessary and be recorded on the AE page of the eCRF/CRF.

Table 4: Clinical Laboratory Tests, Study OS440-3004

Hematology	Urinalysis	Serum Chemistry
Hematocrit	Bilirubin	Alanine aminotransferase (ALT)
Hemoglobin	Blood	Albumin
Platelet count	Glucose	Alkaline phosphatase
Red blood cell (RBC) count	Ketones	Aspartic acid transaminase (AST)
White blood cell (WBC) count with differential	Leukocytes esterase	Bicarbonate
	Specific gravity	Blood urea nitrogen (BUN)
	Color	Chloride
	pH	Creatinine
	Protein	Creatinine kinase
	Microscopic examination of urine:	Glucose
	• Epithelial cells	Potassium
	• Casts (RBC, WBC, etc.)	Sodium
	• Red blood cells	Total bilirubin (if elevated, obtain direct bilirubin)
	• White blood cells	Uric acid
	Urine pregnancy test (at the site)	

Samples for clinical hematology, serum chemistry, and urinalysis will be obtained for each subject and sent to a central laboratory at the visits specified in Table 1. Site personnel will do a routine urinalysis by dipstick on site and the central laboratory will do a complete microscopic urine examination. Site personnel will also complete a urine pregnancy test for female subjects of childbearing potential on site at the visits specified in Table 1 (see [Section 7.8](#) regarding serum pregnancy testing in premenopausal women of childbearing potential at Screening).

Sample collection kits, requisition slips, and shipping boxes will be supplied by the central laboratory. Sample collection procedures and shipping instructions will be detailed in the laboratory manual. Study centers must be equipped to store the samples according to the laboratory manual procedures before shipping samples to the central laboratory.

9.6 Other Assessments

9.6.1 Electrocardiograms

A standard 12-lead ECG will be performed on subjects in the supine position. Subjects will have rested in the supine position for at least 5 minutes prior to the ECG. The time at which the subject assumed the supine position will be recorded to confirm the rest time. ECGs will be done at the visits specified in Table 1.

9.6.2 Urinary Symptom Profile[®] Questionnaire

The USP is a health-related quality of life questionnaire developed in 2005 by the French Association of Urology and validated in 2008 ([Haab et al 2008](#)). It is composed by 13 items in 3 dimensions to assess urinary symptoms among adults (both men and women) with stress, urge, overactive bladder, or urinary obstructive symptoms. It is administered with a time frame over

the past 4 weeks. The USP is a valuable tool for self-administration by the subject to complement clinical measures and diagnosis due to it being a valid and reliable questionnaire providing comprehensive evaluation of all urinary disorders and their severity. It also allows the pathology screening and contributes to the differential diagnosis of these symptoms. Due to the potential risk of arbaclofen to produce urinary problems, mainly at bladder level (as seen in some animal toxicological studies; see the current arbaclofen Investigator's Brochure [IB]), the utilization of this questionnaire has been implemented in the context of this study to monitor urinary symptomatology and rule out any complication that could be developed during the course of the study. An increase of 4 points in the total USP score from the previous visit will be considered an AE.

The USP questionnaire will be completed by the subject at the visits specified in Table 1. The USP is provided in Appendix 7.

9.6.3 Columbia–Suicide Severity Rating Scale

The C-SSRS will be administered by the investigator or a qualified designee trained in its administration. The C-SSRS is a standardized instrument that was developed to assess the severity of and monitor changes in suicidal ideation and behavior. Four constructs are measured. The first is severity of ideation rated on a 5-point ordinal scale. The second is intensity of ideation, which comprises 5 items (frequency, duration, controllability, deterrents, and reason for ideation) each rated on a 5-point ordinal scale. The third is behavior rated on a nominal scale that includes actual, aborted, and interrupted attempts; preparatory behavior; and non-suicidal self-injurious behavior. The fourth is lethality, which assesses actual attempts; actual lethality is rated on a 6-point ordinal scale, and if actual lethality is zero, potential lethality of attempts is rated on a 3-point ordinal scale.

The C-SSRS assessment will be done at the visits specified in Table 1. The C-SSRS is provided in Appendix 5.

9.7 Adverse Events

9.7.1 Method of Determining Adverse Events

Safety assessments will include recording AEs reported spontaneously by the subject or observed by the Investigator. AEs will be recorded at each visit throughout the study. All AEs will be recorded on the AE log of the CRF/eCRF. Every attempt should be made to describe the AE in terms of a diagnosis. If a clear diagnosis has been made, individual signs and symptoms will not be recorded unless they represent atypical or extreme manifestations of the diagnosis, in which case they should be reported as separate events. If a clear diagnosis cannot be established, each sign and symptom must be recorded individually.

Subjects should be asked whether, since the time of the last observation or visit, they had any of the following:

- Experienced any changes in well-being.
- Used any new medications.

- Changed medication regimens (both prescription and over-the-counter).
- Were admitted to a hospital or had any accidents.

All questions should be of a general nature and should not suggest symptoms.

When an AE is suspected, all relevant evaluations will be performed and appropriate treatment provided. Additional follow-up will be done as necessary (Section 9.7.4) and recorded in the subject's source documents, and the results will be provided to the Sponsor.

9.7.2 Adverse Event Definitions

9.7.2.1 Adverse Events

An AE is any unfavorable and unintended sign, symptom, or disease that appears or worsens in a subject after the subject signs the ICF for a clinical study.

Examples of what may be considered an AE include any of the following:

- A new illness.
- An exacerbation of a sign or symptom of an underlying condition or of a concomitant illness unrelated to participation in the clinical study or an effect of the study drug or comparator drug.

No causal relationship with the study drug is implied by the use of the term "adverse event." An exacerbation of a pre-existing condition/illness is defined as a more frequent occurrence or as an increase in the severity of the pre-existing condition/illness during the study. Planned or elective surgical procedures for pre-existing conditions that have not worsened are not AEs. However, any complication that occurs during a planned or elective surgery is an AE. (If the event meets the criteria for a SAE, such as an extended hospitalization, it will be considered an SAE). Conditions leading to unplanned surgical procedures may also be AEs.

9.7.2.2 Serious Adverse Events

A "serious adverse event" (SAE) is any AE that:

- Results in death.
- Is life-threatening.

(Note: The term "life-threatening" refers to any AE that, as it occurs, puts the subject at immediate risk of death. It does not refer to an AE that hypothetically might have caused death if it were more severe.)

- Results in hospitalization or prolongation of current hospitalization (not including hospitalization for a pre-existing condition that has not increased in severity or frequency from the subject's underlying medical condition prior to entry into the study).

- Results in persistent or significant disability/incapacity.
- Is a congenital anomaly/birth defect in the offspring of a subject.
- Is another serious event (important medical events).

Note: Important medical events may not be immediately life-threatening or result in death or hospitalization but may be considered serious when, based upon appropriate medical judgment, they may jeopardize the subject or require medical or surgical intervention to prevent one of the outcomes listed above. Examples of such medical events include allergic bronchospasm requiring intensive treatment in an emergency room or at home; blood dyscrasias or convulsions that do not result in inpatient hospitalization; or development of drug dependency or drug abuse.

9.7.2.3 Severity of Adverse Events

“Severity” of the AE refers to the extent to which an AE affects the subject’s daily activities and differs from “Serious”, which is a regulatory classification. Severity will be categorized according to the following criteria:

- **Mild:** The symptom has a negligible effect or no impairing effect on the subject’s normal function.
- **Moderate:** The symptom impairs the subject’s normal function to some extent.
- **Severe:** The symptom has an obvious, significantly impairing effect on the subject’s normal function.

9.7.2.4 Relationship of Adverse Events to Study Treatments

“Causality” refers to the relationship of the AE to study drug and will be categorized according to the following criteria:

- **Unlikely:** There is no medical evidence to suggest that the AE may be related to study drug usage, or there is another more probable medical explanation.
- **Possible:** There is medical evidence to suggest that there is a reasonable possibility that the AE may be related to study drug usage. However, other medical explanations cannot be excluded as a possible cause.
- **Probable:** There is strong medical evidence to suggest that the AE is related to study drug usage.

9.7.2.5 Adverse Events Expectedness

Expected AEs are defined as those described in the arbaclofen IB. If an event increases in intensity or severity from that described in the IB, it will be considered unexpected.

9.7.3 Reporting Adverse Events

Adverse events that occur from the time of informed consent through completion of the last study visit should be reported. Any AE that the Investigator becomes aware of that occurs within 30 days of study completion or withdrawal should also be reported.

Any SAEs occurring in a subject receiving study medication must be reported to the Sponsor within 24 hours of the site being informed of the event, even if the event does not appear to be drug-related. This reporting must be done by faxing the appropriate completed form (SAE form or Exposure during Pregnancy form) to the Sponsor. Any pertinent follow-up information should be provided in a similar manner. Contact information is provided below:

[REDACTED]

[REDACTED]

9.7.4 Adverse Event Follow-Up

Adverse events that are ongoing when a subject withdraws from or completes the study will be followed until resolution or stabilization (in the opinion of the Investigator), or for 30 days, whichever is shorter. Investigators and the Sponsor will decide if longer follow-up is appropriate on a case-by-case basis. Subjects who experience any clinically significant AE will remain under medical supervision until the Investigator or the Sponsor's Medical Monitor deems the AE to be resolved, stabilized, or no longer serious enough to warrant follow-up.

Laboratory values that are abnormal and not assessed as AEs may be followed at the discretion of the Investigator or the Sponsor's Medical Monitor until resolved or stabilized.

9.7.5 Pregnancy Reporting

Prior to study enrollment, females of childbearing potential and female partners of male subjects must be advised of the importance of avoiding pregnancy during study participation and the potential risk factors for an unintentional pregnancy. The ICF that the subject signs must document this discussion.

If a subject or Investigator suspects that the subject may be pregnant prior to study drug administration, the study drug must be withheld until the results of laboratory pregnancy testing are available. If pregnancy is confirmed, the subject must not receive study drug and must not be enrolled in the study.

A urine pregnancy test will be performed on all females of childbearing potential as described in [Section 7.8](#).

During the study, all female subjects of childbearing potential should be instructed to contact the Investigator immediately if they suspect they might be pregnant (eg, missed or late menstrual period). If a subject or Investigator suspects that the subject may be pregnant at any time before or during the study, the study drug must be withheld until the results of laboratory pregnancy testing are available. The Sponsor and site monitor must be notified and relevant information collected on the appropriate form. If pregnancy is confirmed, the subject must be withdrawn from the study and the Sponsor and site monitor notified. Additional relevant information about the confirmed pregnancy will be recorded on the appropriate form(s); pregnancy will not be captured as an AE.

The subject should be followed until the outcome of the pregnancy is known.

9.8 Appropriateness of Safety Measurement

The safety assessments to be utilized in this study are standard safety measures in clinical trials.

10 DATA SAFETY MONITORING BOARD

A DSMB will oversee study subject safety with respect to AEs and clinically important lab values. The committee will include three individuals with collective experience and knowledge about clinical trial conduct, study subject safety, MS, and bladder dysfunction, a condition common in MS subjects. DSMB members will be independent of the Sponsor, study sites, and the managing vendors, and will have no other role in the trial. The DSMB will convene after 33%, 66%, and 100% of the trial is enrolled. The role of the DSMB will be governed by a DSMB Charter. The final DSMB Charter, pending review and approval by the DSMB at the initial meeting, is in a separate document.

11 STATISTICAL DESIGN AND ANALYSIS

11.1 Statistical Analysis Plans

A detailed SAP will be finalized prior to breaking of the study blind.

Descriptive statistics (n, mean, median, standard deviation [SD], minimum, and maximum for continuous data; frequencies and percentages for categorical data) will be used to summarize study data. Hypothesis testing will be performed for the co-primary and other selected efficacy endpoints. Unless specified otherwise, all statistical testing will be two-sided and performed using a significance level of 0.05.

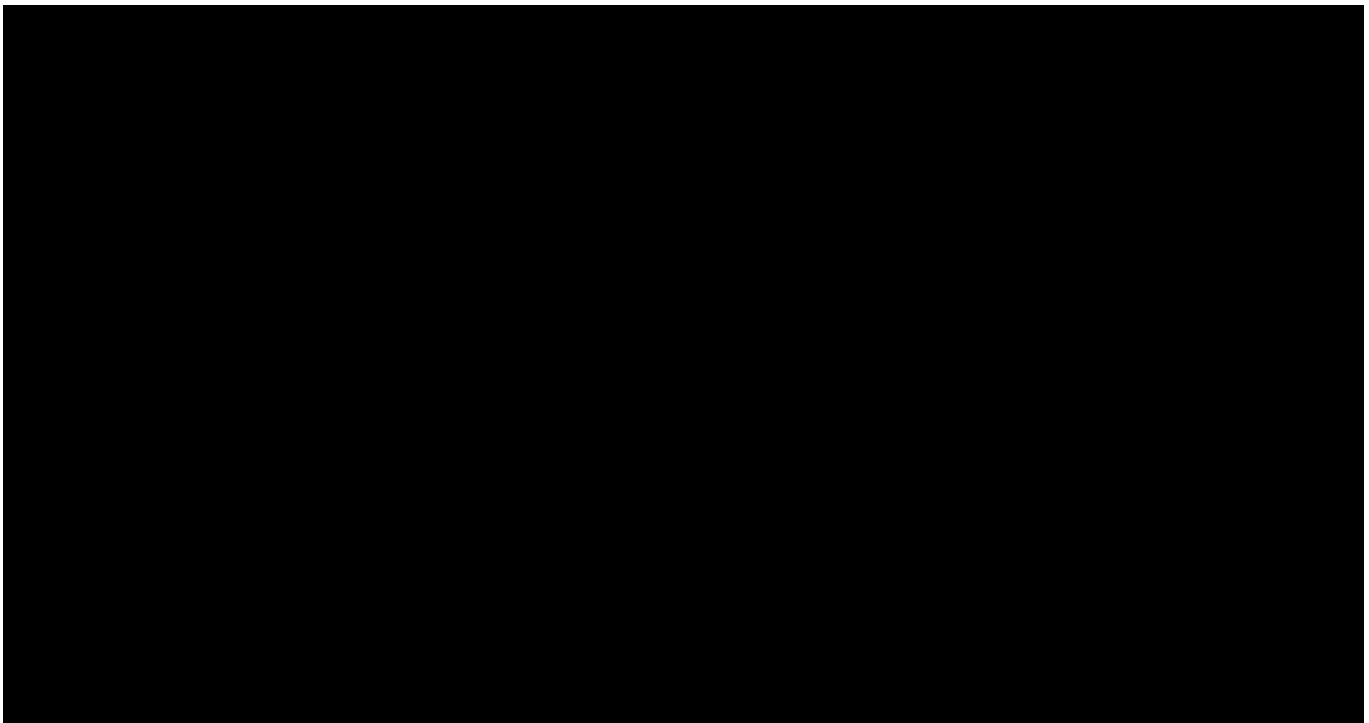
11.2 Analysis Populations

The populations defined for analysis will include the following:

- Intent-to-Treat (ITT) population: Includes all subjects who are randomized. The ITT population will be used for analyses of accountability, demographics, baseline characteristics, and efficacy.

- Modified ITT (mITT) population: Includes the ITT population minus any subjects with MS relapse. This will be a secondary supporting population for the co-primary efficacy analyses.
- Safety population: Includes all subjects who receive at least one dose of double-blind study treatment and have at least one post-dose visit. Subjects will be analyzed according to the treatment received. This population will be used for all safety analyses.
- Per-Protocol (PP) population: Includes all subjects who complete study treatment and have no significant protocol deviations. This will be a secondary supporting population for the co-primary efficacy analyses.

11.3 Determination of Sample Size



11.4 Efficacy Analyses

11.4.1 Co-Primary Efficacy Endpoints

The AERT 40 mg dose will be compared with placebo first (for both TNmAS-MAL and CGIC). If both comparisons are significant at the 0.05 level then the AERT 80 mg dose will be tested at the 0.05 level (both TNmAS-MAL and CGIC). Both co-primary efficacy endpoints need to meet the 0.05 level for the AERT 40 mg dose comparison with placebo for the study to be considered a success. Therefore, no adjustment for multiplicity is needed. The Day 84 comparison is the primary time point for both co-primary endpoints.

Descriptive statistics for each co-primary efficacy variable will be tabulated by study visit and treatment group. CGIC categories will also be summarized by frequencies and percentages by study visit and treatment group.

TNmAS-MAL will be analyzed using a restricted maximum likelihood (REML)-based mixed model for repeated measures (MMRM) with fixed effects for treatment, visit, study center, and the treatment-by-visit interaction; and with baseline score as a covariate. The outcome variable will be change from baseline scores. Study visit will be included in the model as a categorical variable (Visit 4 [Day 42] and Visit 5 [Day 84]) along with the treatment-by-visit interaction. Least squares means (LS means) will be used to compare treatments.

CGIC will also be analyzed using an REML-based MMRM with fixed effects for treatment, visit, study center, and the treatment-by-visit interaction. As the CGIC is a change score, no value is measured at baseline. The outcome variable will be CGIC scores. Study visit will be included in the model as a categorical variable (Visit 4 [Day 42] and Visit 5 [Day 84]) along with the treatment-by-visit interaction. LS means will be used to compare treatments.

For both models, pairwise treatment comparisons between the two AERT doses and placebo will be performed at each visit; however, the primary comparisons will be the contrasts between AERT 40 mg dose and placebo at Day 84. Unstructured covariance matrices will be utilized and study centers may be pooled prior to unblinding.

A number of sensitivity analyses will be performed to assess the robustness of the results of the primary analyses and to test the assumptions of the MMRM model. A complete description of the analyses will be provided in the SAP. Details of statistical methods for these sensitivity analyses are briefly described below:

- The primary efficacy analyses will be repeated using the mITT and PP populations.
- Separate models including treatment-by-study center will be utilized to assess if treatment effects differ by study center.
- To determine if the primary efficacy results are affected by subjects who withdraw early from the trial, the TNmAS-MAL and CGIC scores for subjects who withdraw from the trial early will be compared with the scores for subjects who completed the trial. The last observed TNmAS-MAL and CGIC score captured prior to early termination will be plotted and compared against the average TNmAS-MAL and CGIC scores calculated from subjects who complete the trial.
- To ensure that subjects who withdraw early from the trial with “good” TNmAS-MAL and CGIC scores do not unduly bias the results of the primary efficacy analyses in a positive direction, subjects who withdraw early from the trial will be penalized. In this analysis, subjects will be penalized for withdrawing early from the trial with a “good” TNmAS-MAL or CGIC score and based on the amount of time the subject was in the trial, with subjects who withdraw from the trial being penalized more.
- The impact of missing data will be determined in an analysis using an analysis of covariance (ANCOVA) model based on modified worst observation carried forward (mWOCF) imputed data. For mWOCF imputed data, subjects who withdraw from the trial early due to an AE will have their missing data imputed using WOCF, all other missing data will be imputed using the last observation carried forward (LOCF). The models will include treatment and

study site as fixed effects. The model for TNmAS will also include baseline score as a covariate.

- The primary efficacy analysis model (MMRM) makes the assumption that missing data are “missing at random.” The robustness of this assumption will be tested using a pattern-mixture model (PMM). Pattern-mixture modeling addresses data that may be “missing not at random” by estimating parameters within each pattern and then averaging these parameter estimates across patterns for the final inference.

11.4.2 Secondary Efficacy Endpoints

Secondary efficacy endpoints include:

- EDSS
- PGIC
- TNmAS – Total Limbs

Secondary efficacy endpoints will be summarized descriptively and analyzed using the same type of MMRM analysis used for the co-primary efficacy endpoints. Pairwise comparisons between the AERT doses and placebo will be provided at each visit where data are collected. Additional factors along with interaction terms may be included in the models as sensitivity analyses. Details will be provided in the SAP.

11.5 Safety Endpoints

Safety endpoints will be reported on the Safety population. Subjects will be reported according to the treatment they actually received. Safety assessment will be based on descriptive statistics and individual subject listings. No statistical tests will be performed for any of the safety assessments.

All reported AEs will be mapped to the Medical Dictionary for Regulatory Activities (MedDRA) system organ classifications (SOCs) and preferred terms (PTs). If a subject reports multiple events of a single PT, the greatest severity and strongest investigator assessment of relationship to study treatment will be assigned to that PT. Summaries of TEAEs will include any AEs reported beginning with the first dose of study treatment on Day 1. The occurrence of TEAEs will be summarized by treatment group using SOCs, PTs, and severity. Separate summaries of treatment-emergent SAEs, TEAEs considered related to study treatment, and events leading to the discontinuation of study drug will be generated.

Descriptive summaries of vital signs, clinical laboratory results, USP results, and the C-SSRS results will be presented by study visit and treatment group. The number and percentage of subjects with treatment-emergent clinical laboratory abnormalities will be summarized by treatment group. Normal range clinical laboratory shifts from baseline to end of study will be summarized by treatment group.

Concomitant medications will be coded using the World Health Organization (WHO) dictionary. These data will be summarized by treatment group. Previous and concomitant medications will be presented in a data listing.

Subject disposition will be presented for all subjects. The numbers of subjects who complete the study and who discontinue early from the study will be provided. The reasons for early discontinuation will also be presented.

11.6 Interim Analysis

No interim analysis is planned.

12 STUDY MANAGEMENT

12.1 Monitoring

The Investigator will be responsible for preparing and maintaining adequate and accurate source documents (medical records, ECGs, raw data collection forms, etc.) designed to record all observations and other pertinent data for each subject treated with the study drug. The Investigator will allow representatives of the Sponsor, contract designees, authorized regulatory authority inspectors, and the Institutional Review Board (IRB)/Independent Ethics Committee (IEC) to have direct access to all documents pertaining to the study. The Investigator is to immediately notify the Sponsor of any regulatory authority inspections. The Investigator will be informed about the outcome of any Sponsor audit.

This study will be monitored regularly, by or under supervision of a monitor from the Sponsor. The frequency of monitoring visits will be agreed upon by the Sponsor's representative and the study site.

Monitoring visits will take place on a regular basis according to the enrollment rate and number of subjects enrolled at each investigational site. During these visits, the monitor will check the completion of the CRF/eCRF entries, compliance with the study protocol and with Good Clinical Practice - International Conference on Harmonization (GCP-ICH), and their agreement with the source data. The monitor will also verify the correct use of the study drug. At a final visit, the monitor will check all remaining material including the remaining quantities of the study drug and will organize their return to the Sponsor or designee. At each visit, the Investigator and staff will be expected to cooperate with the Sponsor's representative(s) for the purposes of review and verification of protocol compliance, AE reporting, CRFs/eCRFs, source documents, clinical supplies and inventory records, and any additional records as may have been previously arranged between the Investigator and the Sponsor's representative(s).

The Investigator and/or other designated study personnel are expected to contact the Sponsor with any study concerns and/or questions. Contact information is provided in the Study Reference Manual for the site.

12.2 Protocol Amendments

The Sponsor may propose to amend this protocol at any time.

No change to the protocol will be implemented until the Sponsor and the IRB/IEC have reviewed and approved the amendment.

In the event of an emergency, the Investigator shall implement any medical procedures deemed appropriate for subject safety. All such procedures must have written documentation and be promptly reported to the Sponsor.

12.3 Protocol Deviations

A protocol deviation is any change, divergence, or departure from the IRB/IEC approved protocol (intentional or unintentional). Protocol deviations are to be reported to the IRB/IEC according to the IRB/IEC guidelines.

12.4 Withdrawal of Subjects

Withdrawn subjects are those who do not complete all evaluations and procedures outlined in the protocol. A subject will be considered to have discontinued prematurely if he/she withdraws after being randomized and prior to completing Visit 6 (Final Visit). Subjects who discontinue taking study drug for any reason for greater than 5 consecutive days must also be withdrawn from the study. Subjects may be withdrawn from the study because of any of the following:

- **Adverse Event:** An AE that, in the opinion of the Investigator or Sponsor, suggests that continued participation in the study is not in the subject's best interest for safety reasons (also see [Section 10](#)). All AEs that are present when the subject withdraws from the study will be followed as described in [Section 9.7.4](#).
- **Medical Condition:** Any medical condition that, in the Investigator's judgment, would increase the risk or interfere with the evaluation of study objectives.
- **Lost to Follow-up:** As per the comprehensive lost to follow-up guidance document that will be submitted to the IRB/IEC with the clinical protocol.
- **Subject Request:** Subject requests for any reason to be withdrawn or withdraws his/her consent.
- **Protocol Deviation:** A subject may be withdrawn from the study at the discretion of the Investigator or Sponsor due to poor compliance with protocol requirements that may compromise the study results or subject safety.
- **Enrollment in Another Study:** Enrollment in other protocols involving research drugs, medical devices, or surgeries.
- **Other Anti-spasticity Treatment:** Starting any other pharmacological anti-spasticity treatment during the study.

- **Relapse:** Subjects who experience an acute MS exacerbation/relapse (symptoms including but not limited to visual disturbance, dizziness, tingling, or extreme fatigue lasting greater than 24 hours and occurring at least 30 days after a previous relapse) requiring immediate therapy or adjustment in disease-modifying medication dose (eg, oral or intravenous high-dose steroid therapy). Upon resolution of symptoms, the subject may choose to be assessed for entry into the subsequent open-label extension study (Study OS440-3005).
- **Other:** Other reasons include but are not limited to: Investigator decision that it is in the subject's best interest to be withdrawn, administrative reasons, relocation of subject, etc. If a subject or the partner of a subject becomes pregnant during the study, the subject will be withdrawn from the study and followed through conclusion of the pregnancy (see [Section 9.7.5](#)).

When possible, a decision to discontinue a subject from the study should first be discussed with the Sponsor's Medical Monitor. If a subject is prematurely discontinued after randomization and prior to the final scheduled visit, every effort should be made to perform all of the Visit 6 assessments (Table 1). The reason(s) for early withdrawal must be recorded in the CRF/eCRF. Subjects withdrawn from the study will not be replaced.

12.5 Termination of the Study

The study may be terminated at any time at the request of the Sponsor or a regulatory authority, with proper and timely notification of all parties concerned. The IRB/IEC will be informed promptly and the Sponsor or the Investigator will supply reason(s) for the termination or suspension, as specified by the applicable regulatory requirements. Otherwise, the study is considered terminated upon completion of all subject treatments and evaluations.

12.6 Publication Policy

The data obtained in this study are the property of the Sponsor, who will make reasonable efforts to assure that the results are published in a peer-reviewed journal. As some of the information concerning the investigational product and development activities at the Sponsor may be of a strictly confidential nature, any manuscript or other presentation of data must first be reviewed by the Sponsor before its submission.

13 ETHICS

13.1 Conduct of the Study

This study will be conducted in accordance with the ICH Harmonized Tripartite Guideline for GCP, 1997; the US Title 21 CFR parts 50, 56, and 312; and the ethical principles that have their origin in the Declaration of Helsinki. The study will not begin until all of the requirements of the appropriate regulatory authorities have been fulfilled.

13.2 Institutional Review Boards and/or Independent Ethics Committees

This protocol (and any changes), all consent forms, and subject consent procedures must be reviewed and approved by a properly constituted IRB/IEC. The information presented to the

IRB/IEC at the time initial approval is sought must include any plans for subject recruitment that involve advertising or other direct contact with potential subjects outside of the doctor-subject relationship. A letter of approval issued by the IRB/IEC must be sent to the Sponsor prior to initiation of the study. Any changes made to the protocol must be approved by the IRB/IEC prior to implementation, except where needed to eliminate a potential imminent safety hazard to the subject. In this case, immediate implementation may take place followed by IRB/IEC approval. Review and approval by the IRB/IEC for continuation of the study must take place at least once a year.

13.3 Written Informed Consent

The Investigator or designee will explain the nature of the study, its purpose and associated procedures, the expected duration, and the potential benefits and risks of participation to each subject prior to his/her entry into the study (ie, before examinations and procedures associated with selection for the study are initiated). Each subject will have ample opportunity to ask questions and will be informed about the right to withdraw from the study at any time without any disadvantage and without having to provide reasons for this decision.

Following this informative discussion, the subject will be asked if he/she is willing to sign a statement of informed consent. Only subjects who voluntarily sign the ICF may enter the study. The ICF must be reviewed and approved by the Sponsor and the IRB/IEC prior to its use.

The original signed ICF will remain in the Investigator's files. The Investigator or designee will indicate in each subject's source documents that he/she has informed the subject about the study and its procedures, the subject has signed and dated the ICF, and the subject has been given a copy of the signed ICF. The Investigator or designee will inform subjects of any new information that may be relevant to the subject's willingness to continue in the study.

13.4 Subject Confidentiality

The Sponsor ensures that the following have permission to review all study-related documents: monitor, auditor, IRB/IEC, and regulatory authorities. The subject's identity and study-related records will remain confidential throughout the duration of the study data collection and reporting process.

A unique subject identification code will be assigned to each potential study subject. The identification code protects the subject's identity and is used in lieu of the subject's name when reporting subject data. The data will always maintain the confidentiality of the subject.

The Investigator or designee will review the subject data, which will be referenced using the subject identifier. At the conclusion of the study, the data obtained may be presented to regional regulatory authorities but the subject's identity will not be revealed. In addition, if any clinical data obtained from the study are published in scientific journals or presented at scientific meetings, the subject's identity will not be revealed.

13.5 Records Retention

The Investigator must maintain essential study documents (protocol and amendments, source documentation corresponding to all information contained in the CRFs/eCRFs, signed ICFs, relevant correspondence, and all other supporting documentation) until at least 2 years after the last approval of a marketing application in an ICH region and until there are no pending or contemplated marketing applications in an ICH region, or at least 2 years after the formal discontinuation of clinical development of the investigational product. These documents should be retained for a longer period if required by the applicable regulatory requirements or the hospital, institution, or private practice in which the study is being conducted. Subject identification codes (subject names and corresponding study numbers) will be retained for this same time period. Custody of the records may be transferred to another responsible party, acceptable to the Sponsor, who agrees to abide by the retention policies. Written notice of transfer must be submitted to the Sponsor. The Investigator must contact the Sponsor prior to disposing of any study records.

13.6 Financing

Funding for this study will be agreed between the Investigator and the Sponsor and will be confirmed in writing before the study starts.

Completion of Financial Disclosure Forms will be required before the study starts. Any additions to the primary site personnel will necessitate the completion of new Financial Disclosure Forms. This information will also be collected at site closure and 1 year after the completion of the study.

14 QUALITY CONTROL AND QUALITY ASSURANCE

The Sponsor and Investigator will take all steps possible to ensure the accuracy, consistency, completeness, and reliability of the data, including participating in an Investigator meeting and/or site initiation visit, routine site monitoring, review of CRFs/eCRFs against source documents, and quality control checks.

In addition, a representative from the Sponsor's Clinical Quality Assurance Department may conduct periodic audits of the study processes, including, but not limited to, auditing the clinical site, laboratories, vendors and CROs, the clinical database, and the final study report.

15 DATA HANDLING AND RECORD KEEPING

This study will use web-based, electronic case report forms (eCRFs) developed through a validated, Electronic Records/Electronic Signatures-compliant platform (US Title 21 CFR Part 11). The Sponsor's Clinical Data Management department or designee will create the eCRFs and corresponding clinical database based on the final protocol.

All site personnel who will be using this system will receive formal training on the system, after which each person will be issued a unique username and password. Only the person who owns the username and password will enter the system using that username and password. For data

security reasons and to be in compliance with regulatory guidelines, usernames and passwords are not transferable.

The Investigator is responsible for all data entered via the remote data capture (RDC) system eCRFs and must confirm the accuracy of the data by electronically approving (signing) the eCRFs. This responsibility includes the timely completion and accuracy of the data entered into the eCRFs by their site personnel as well as the review and approval of some data entered directly into the database (eg, clinical laboratory results) by an external vendor. The Sponsor will review the database to identify data errors or inconsistencies, which will be posted in the RDC system as queries for resolution. In addition, the Sponsor may make obvious corrections to the data in the database (eg, obvious errors in dates).

16 REFERENCE LIST

- Ashworth B. Preliminary Trial of Carisoprodol in Multiple Sclerosis. *Practitioner*. 1964;192:540-542.
- Bohannon RW, Smith MB. Inter-rater reliability of a modified Ashworth scale of muscle spasticity. *Physical Therapy*. 1987;67:206-207.
- Guy W. *Assessment Manual for Psychopharmacology-Revised*. Rockville, MD: Department of Health, Education and Welfare Public Health Service, Alcohol, Drug Abuse, and Mental Health Administration, NIMH Psychopharmacology Research Branch, Division of Extramural Research Programs. 1976:218-222.
- Haab F, Richard F, Amarenco G, Coloby P, Arnould B, et al. Comprehensive evaluation of bladder and urethral dysfunction symptoms: development and psychometric validation of the Urinary Symptom Profile (USP) questionnaire. *Urology*. 2008;71(4):646-656. DOI: 10.1016/j.urology.2007.11.100. Epub 2008 Mar 3.
- Kurtzke J. Rating Neurologic Impairment in Multiple Sclerosis: an Expanded Disability Status Scale (EDSS). *Neurology*. 1983;33(11):1444-1452.
- Polman CH, Reingold SC, Banwell B, Clanet M, Cohen JA, et al. Diagnostic criteria for multiple sclerosis: 2010 revisions to the McDonald criteria. *Ann Neurol*. 2011;69(2):292–302.

Appendix 1. Modified Ashworth Scale

Score	Modified Ashworth Scale
0	No increase in muscle tone
1	Slight increase in muscle tone, manifested by a catch and release or by minimal resistance at the end of the range of motion when the affected part(s) is moved in flexion or extension /abduction or adduction, etc.
1+	Slight increase in muscle tone, manifested by a catch, followed by minimal resistance throughout the remainder (less than half) of the ROM (range of movement).
2	More marked increase in muscle tone through most of the ROM, but affected part(s) easily moved.
3	Considerable increase in muscle tone, passive movement difficult.
4	Affected part(s) rigid in flexion or extension (abduction or adduction, etc.)

Source: [Bohannon and Smith 1987](#)

Scoring: (Total Numeric-transformed mAS score)

Ashworth Score	0	1	1+	2	3	4
	↓	↓	↓	↓	↓	↓
Numerical Score	0	1	2	3	4	5

Numerical Score

Upper Extremities:

Shoulder

Elbow

Wrist

Numerical Total:

R	L

Lower Extremities:

Hip

Knee

Ankle

Numerical Total:

R	L

Appendix 2. Expanded Disability Status Score

0.0	Normal neurological exam (all grade 0 in all Functional System [FS] scores*).
1.0	No disability, minimal signs in one FS* (i.e., grade 1).
1.5	No disability, minimal signs in more than one FS* (more than 1 FS grade 1).
2.0	Minimal disability in one FS (one FS grade 2, others 0 or 1).
2.5	Minimal disability in two FS (two FS grade 2, others 0 or 1).
3.0	Moderate disability in one FS (one FS grade 3, others 0 or 1) or mild disability in three or four FS (three or four FS grade 2, others 0 or 1) though fully ambulatory.
3.5	Fully ambulatory but with moderate disability in one FS (one grade 3) and one or two FS grade 2; or two FS grade 3 (others 0 or 1) or five grade 2 (others 0 or 1).
4.0	Fully ambulatory without aid, self-sufficient, up and about some 12 hours a day despite relatively severe disability consisting of one FS grade 4 (others 0 or 1), or combination of lesser grades exceeding limits of previous steps; able to walk without aid or rest some 500 meters.
4.5	Fully ambulatory without aid, up and about much of the day, able to work a full day, may otherwise have some limitation of full activity or require minimal assistance; characterized by relatively severe disability usually consisting of one FS grade 4 (others or 1) or combinations of lesser grades exceeding limits of previous steps; able to walk without aid or rest some 300 meters.
5.0	Ambulatory without aid or rest for about 200 meters; disability severe enough to impair full daily activities (e.g., to work a full day without special provisions); (Usual FS equivalents are one grade 5 alone, others 0 or 1; or combinations of lesser grades usually exceeding specifications for step 4.0).
5.5	Ambulatory without aid for about 100 meters; disability severe enough to preclude full daily activities; (Usual FS equivalents are one grade 5 alone, others 0 or 1; or combination of lesser grades usually exceeding those for step 4.0).
6.0	Intermittent or unilateral constant assistance (cane, crutch, brace) required to walk about 100 meters with or without resting; (Usual FS equivalents are combinations with more than two FS grade 3+).
6.5	Constant bilateral assistance (canes, crutches, braces) required to walk about 20 meters without resting; (Usual FS equivalents are combinations with more than two FS grade 3+).
7.0	Unable to walk beyond approximately 5 meters even with aid, essentially restricted to wheelchair; wheels self in standard wheelchair and transfers alone; up and about in wheelchair some 12 hours a day; (Usual FS equivalents are combinations with more than one FS grade 4+; very rarely pyramidal grade 5 alone).

7.5	Unable to take more than a few steps; restricted to wheelchair; may need aid in transfer; wheels self but cannot carry on in standard wheelchair a full day; May require motorized wheelchair; (Usual FS equivalents are combinations with more than one FS grade 4+).
8.0	Essentially restricted to bed or chair or perambulated in wheelchair, but may be out of bed itself much of the day; retains many self-care functions; generally has effective use of arms; (Usual FS equivalents are combinations, generally grade 4+ in several systems).
8.5	Essentially restricted to bed much of day; has some effective use of arm(s); retains some self-care functions; (Usual FS equivalents are combinations, generally 4+ in several systems).
9.0	Helpless bed patient; can communicate and eat; (Usual FS equivalents are combinations, mostly grade 4+).
9.5	Totally helpless bed patient; unable to communicate effectively or eat/swallow; (Usual FS equivalents are combinations, almost all grade 4+).
10.0	Death due to MS.

FS = Functional System

* Excludes cerebral function grade 1.

Note 1: EDSS steps 1.0 to 4.5 refer to patients who are fully ambulatory and the precise step number is defined by the FS score(s). EDSS steps 5.0 to 9.5 are defined by the impairment to ambulation and usual equivalents in FS scores are provided.

Note 2: EDSS should not change by 1.0 step unless there is a change in the same direction of at least one step in at least one FS.

Appendix 3. Clinical Global Impression of Change Scale

Based on your assessment of the subject since Visit 2 (Baseline), please rate the change in overall global functional performance of the subject as she/he appears today. Your opinion should not be limited to the level of spasticity the subject is experiencing.

In other words, compared to her/his condition at Baseline, how much has she/he changed?

-3	Significantly worse compared to visit 2
-2	Moderately worse compared to visit 2
-1	Slightly worse compared to visit 2
0	No change
+1	Slightly improved compared to visit 2
+2	Moderately improved compared to visit 2
+3	Significantly improved compared to visit 2

Appendix 4. Patient Global Impression of Change Scale

PATIENT'S GLOBAL IMPRESSION OF CHANGE (PGIC) SCALE

Date _____ Patient Name _____ Date of Birth _____

Chief Complaint (Presenting Problem): _____

Since beginning treatment at this clinic, how would you describe the change (if any) in ACTIVITY LIMITATIONS, SYMPTOMS, EMOTIONS, and OVERALL QUALITY OF LIFE, related to your painful condition? Please circle the number below, that matches your degree of change since beginning care at this clinic for the above stated chief complaint.

No change	Almost the same	A little better	Somewhat better	Moderately better	Better	A great deal better
1	2	3	4	5	6	7

Explanation:

- 1 = No change (or condition has got worse)
- 2 = Almost the same, hardly any change at all
- 3 = A little better, but no noticeable change
- 4 = Somewhat better, but the change has not made any real difference
- 5 = Moderately better, and a slight but noticeable change
- 6 = Better, and a definite improvement that has made a real and worthwhile difference
- 7 = A great deal better, and a considerable improvement that has made all the difference

Patient's signature: X _____

Do not write in this box - FOR OFFICE USE ONLY.

NOTE TO HEALTH CARE PROVIDER

A significant, favorable change is a score of 5- 7
No significant change is a 1-4 response.
Note, this is a dichotomous scale (5-7 = yes; 1-4 = no).
A 2-point change is significant from their last reported score.
Reference: Hurst H, Bolton J. Assessing the clinical significance of change scores recorded on subjective outcome measures. Journal of Manipulative Physiological Therapeutics (JMPT) 2004;27:26-35.

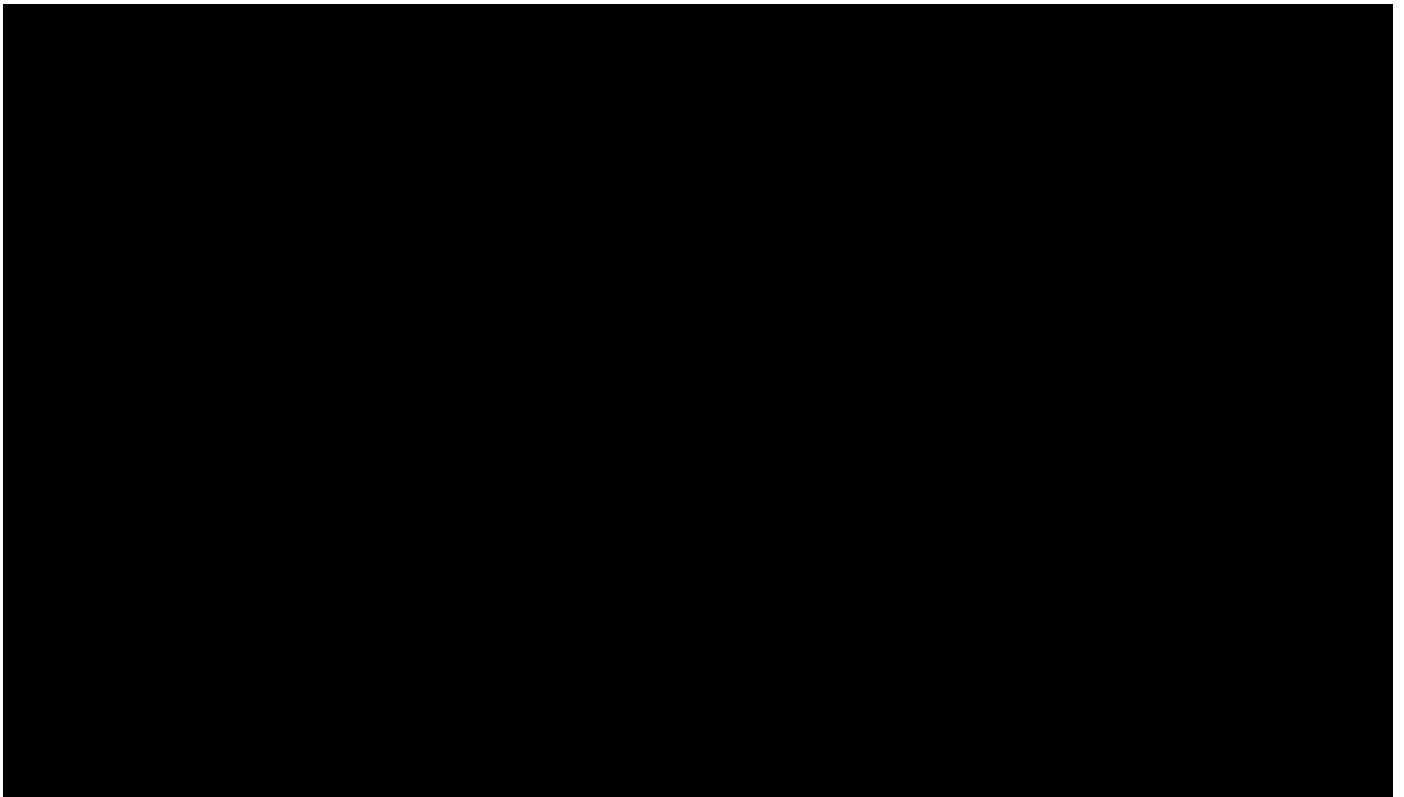
Appendix 5. Columbia–Suicide Severity Rating Scale

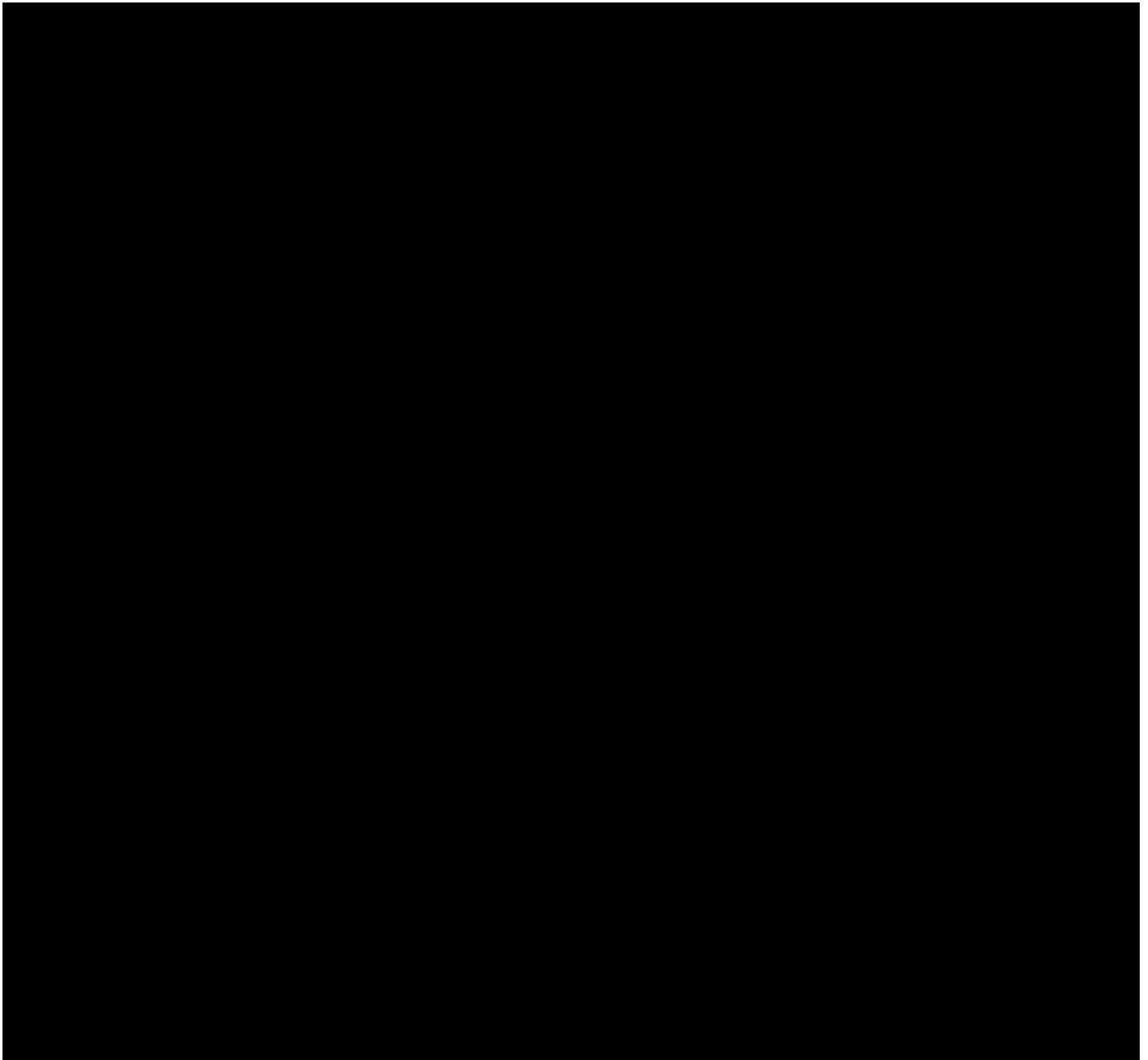
C-SSRS – Baseline/Screening Version

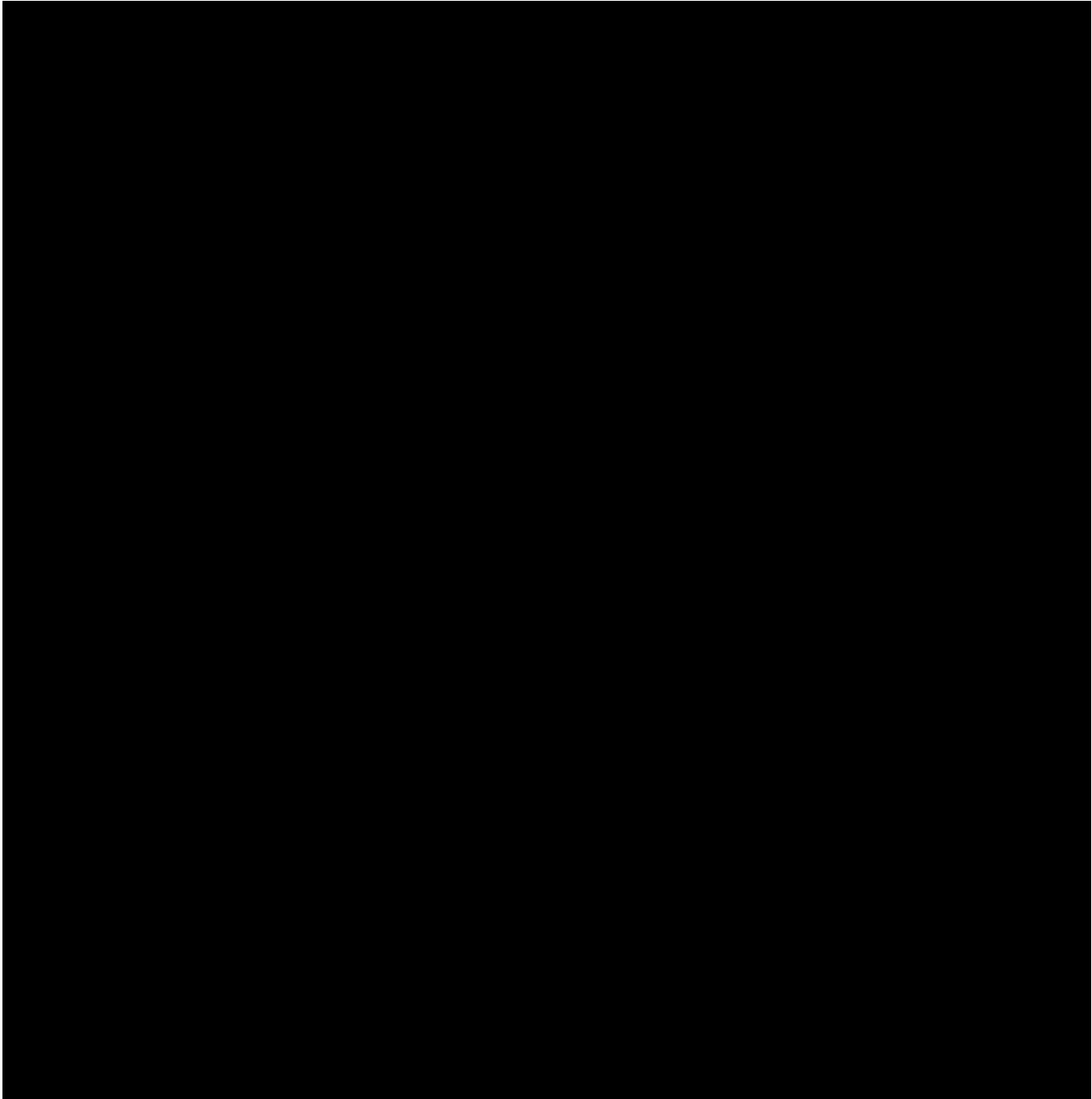
**COLUMBIA-SUICIDE SEVERITY
RATING SCALE
(C-SSRS)**

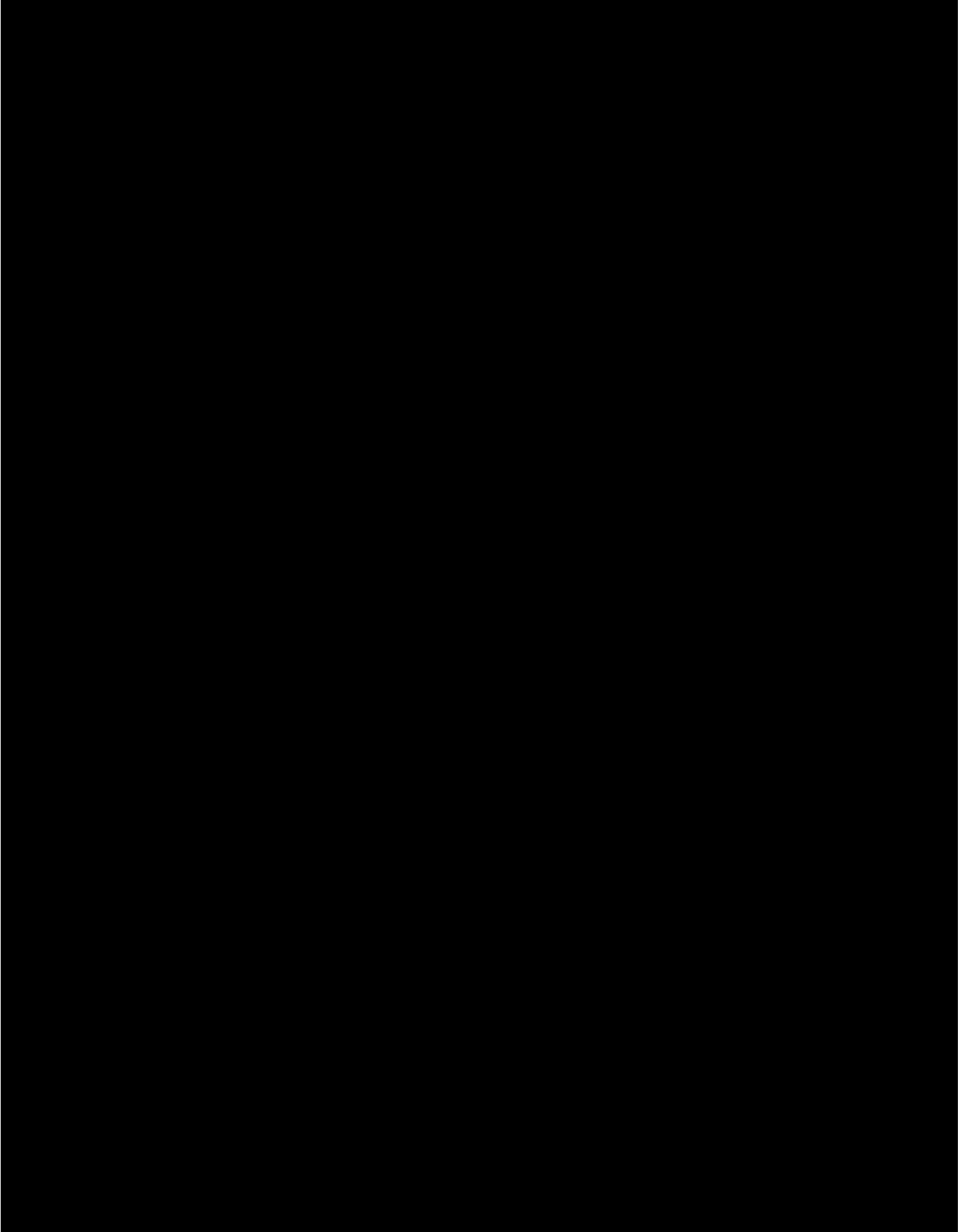
Baseline/Screening Version

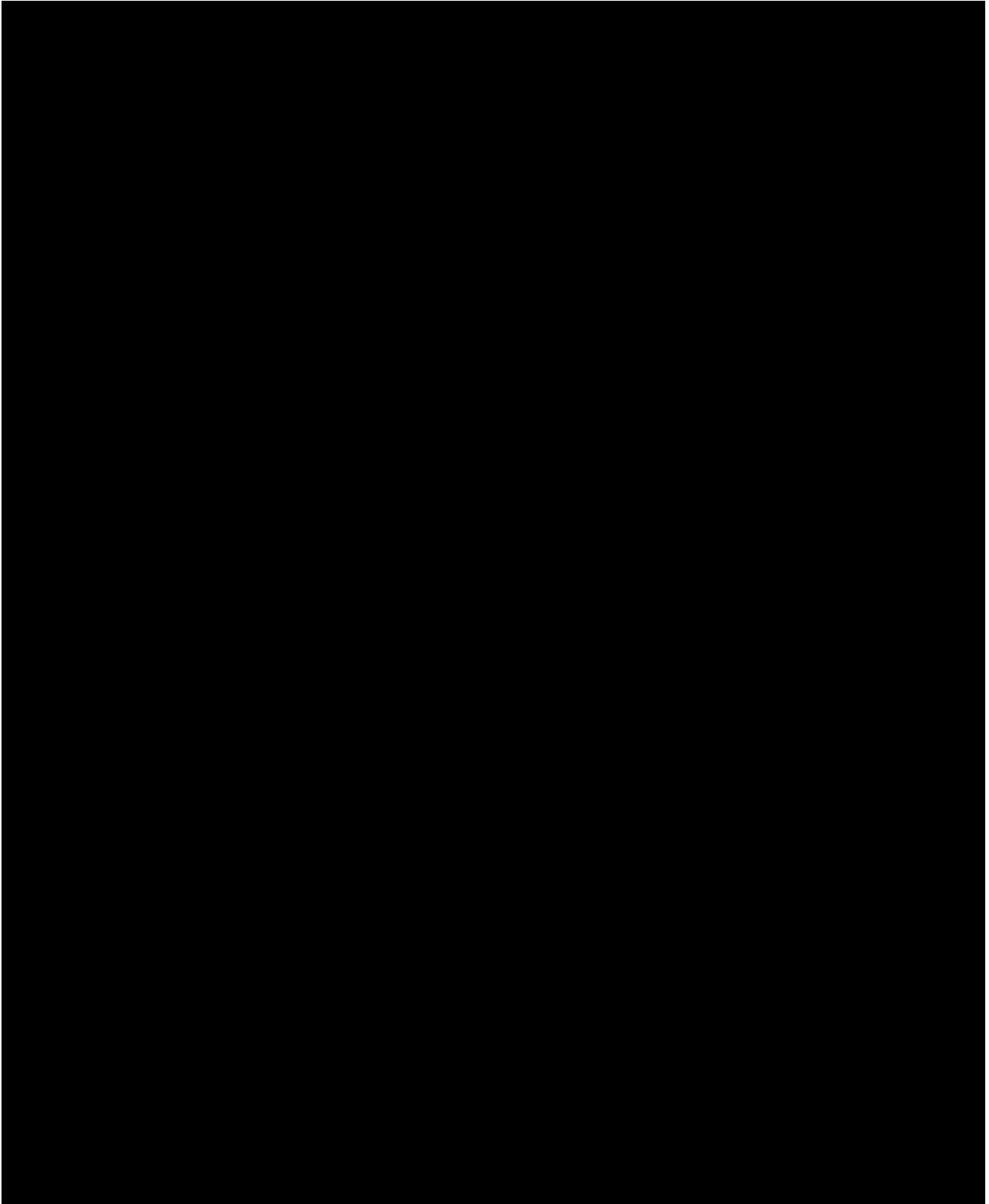
Version 1/14/09







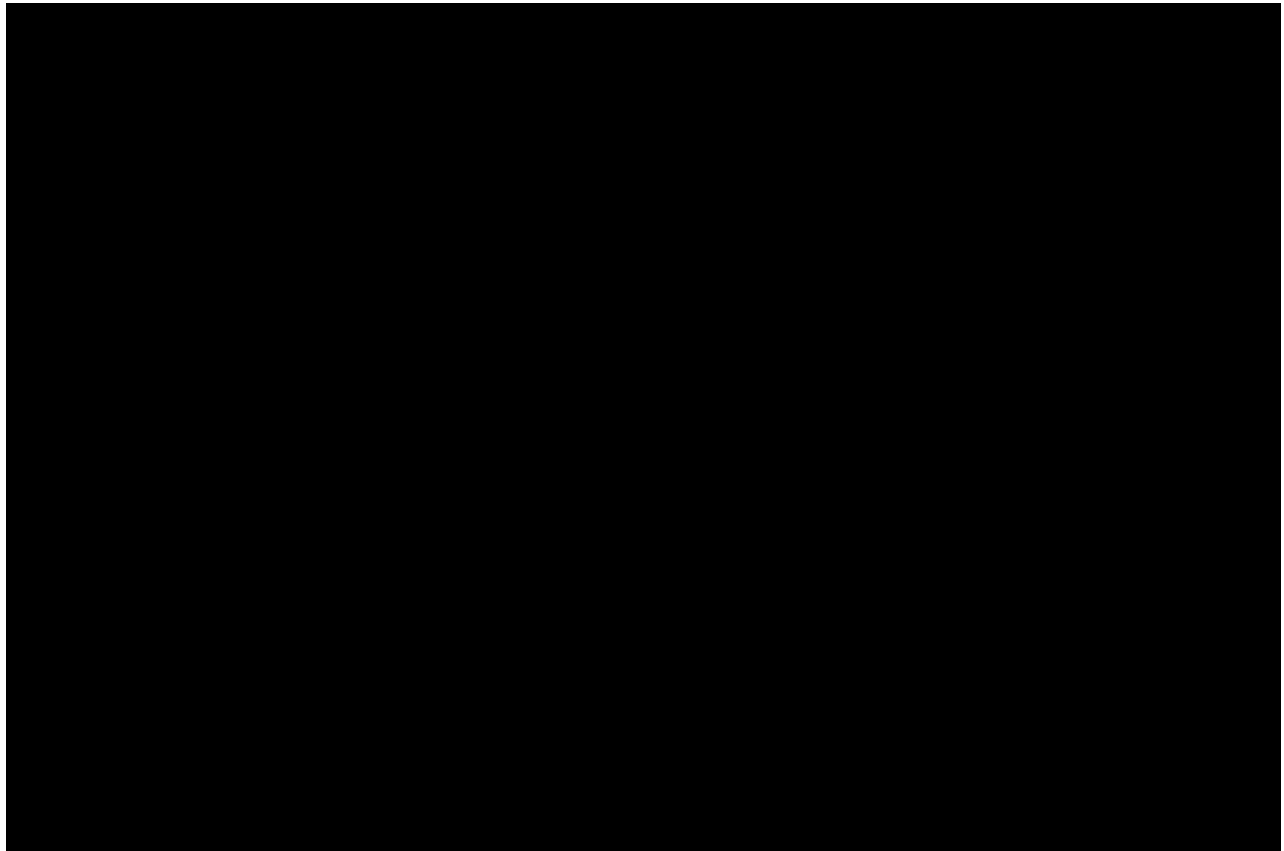


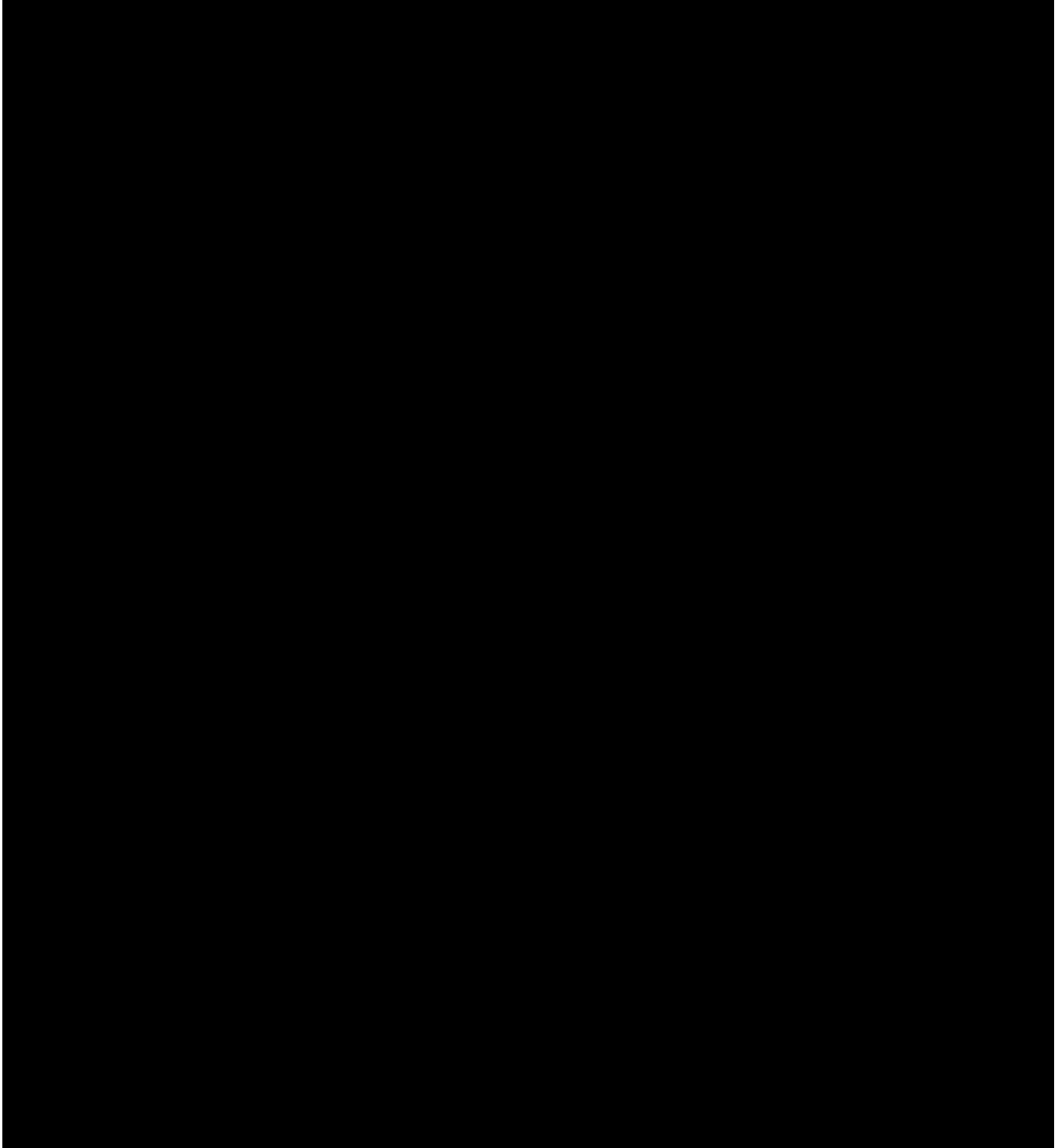


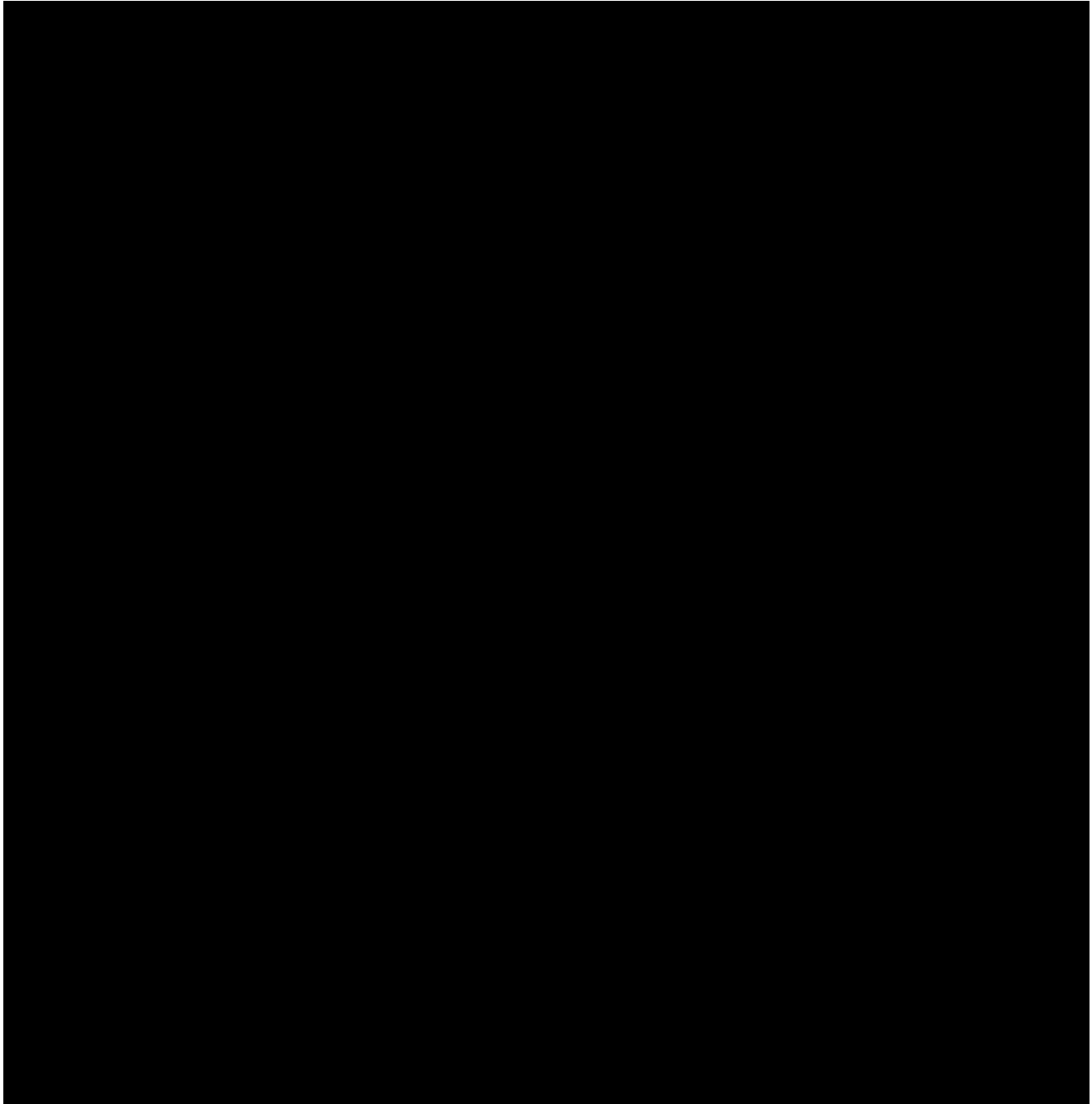
C-SSRS – Since Last Visit Version

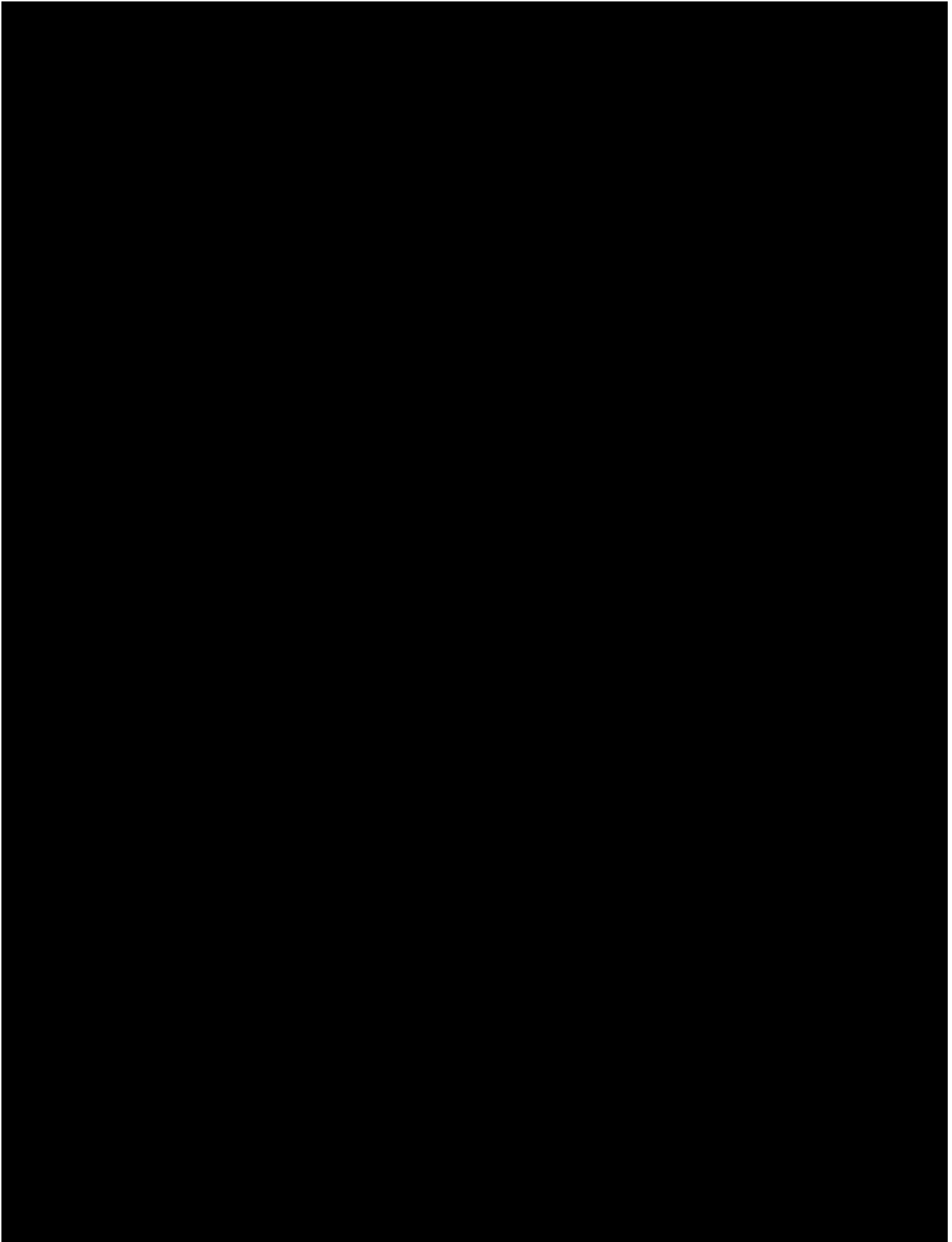
**COLUMBIA-SUICIDE SEVERITY
RATING SCALE
(C-SSRS)**

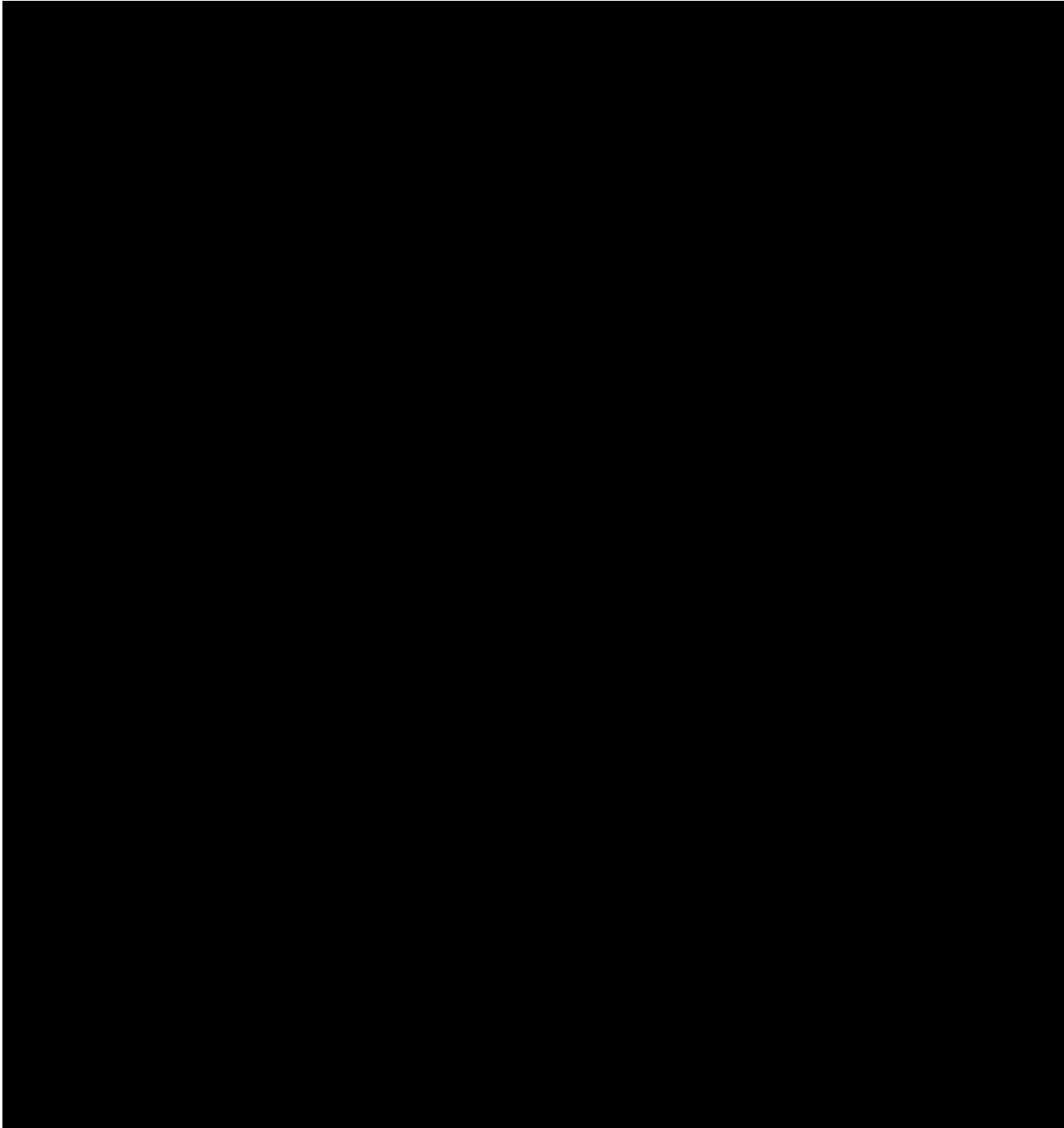
Since Last Visit Version 1/14/09









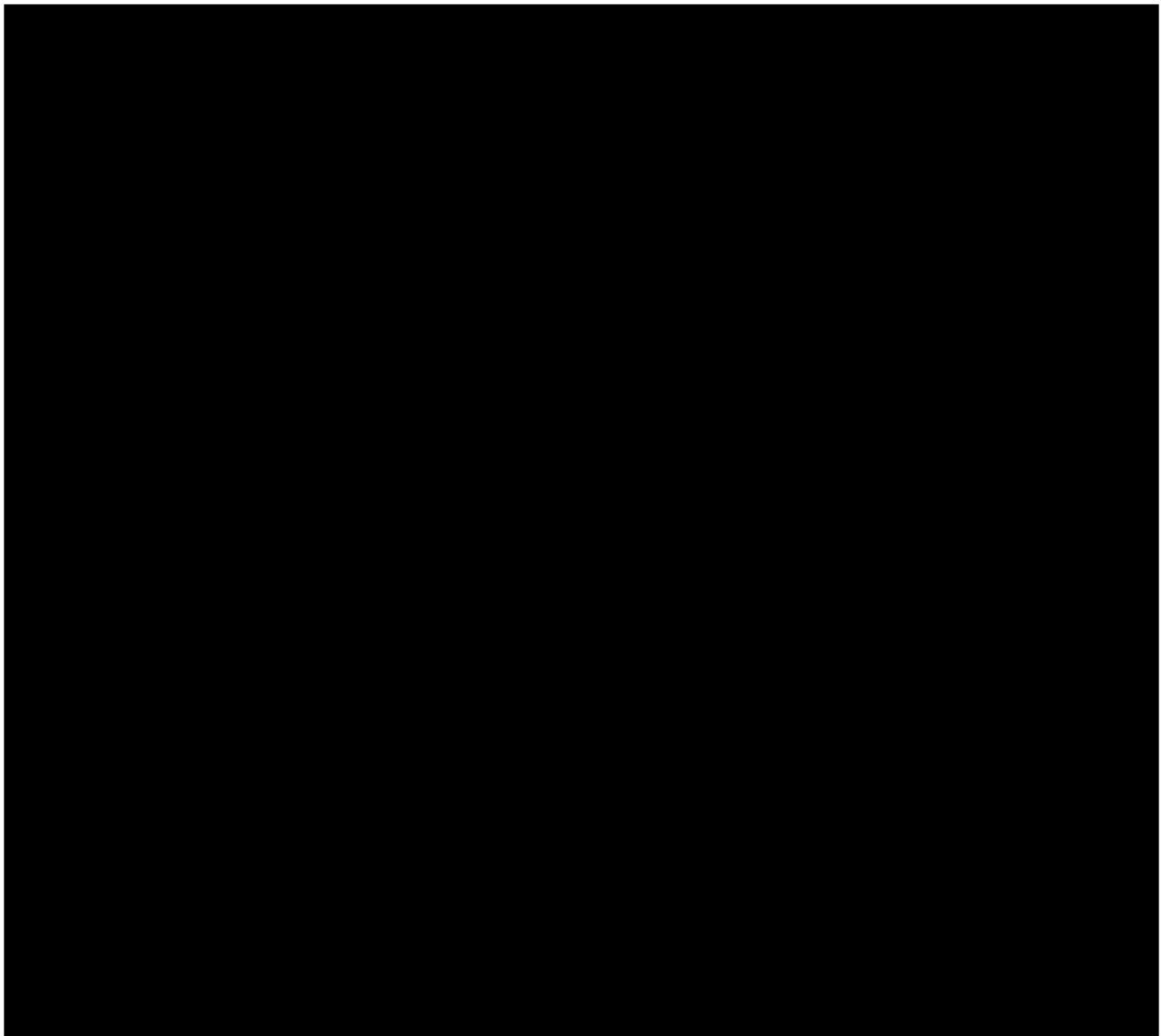


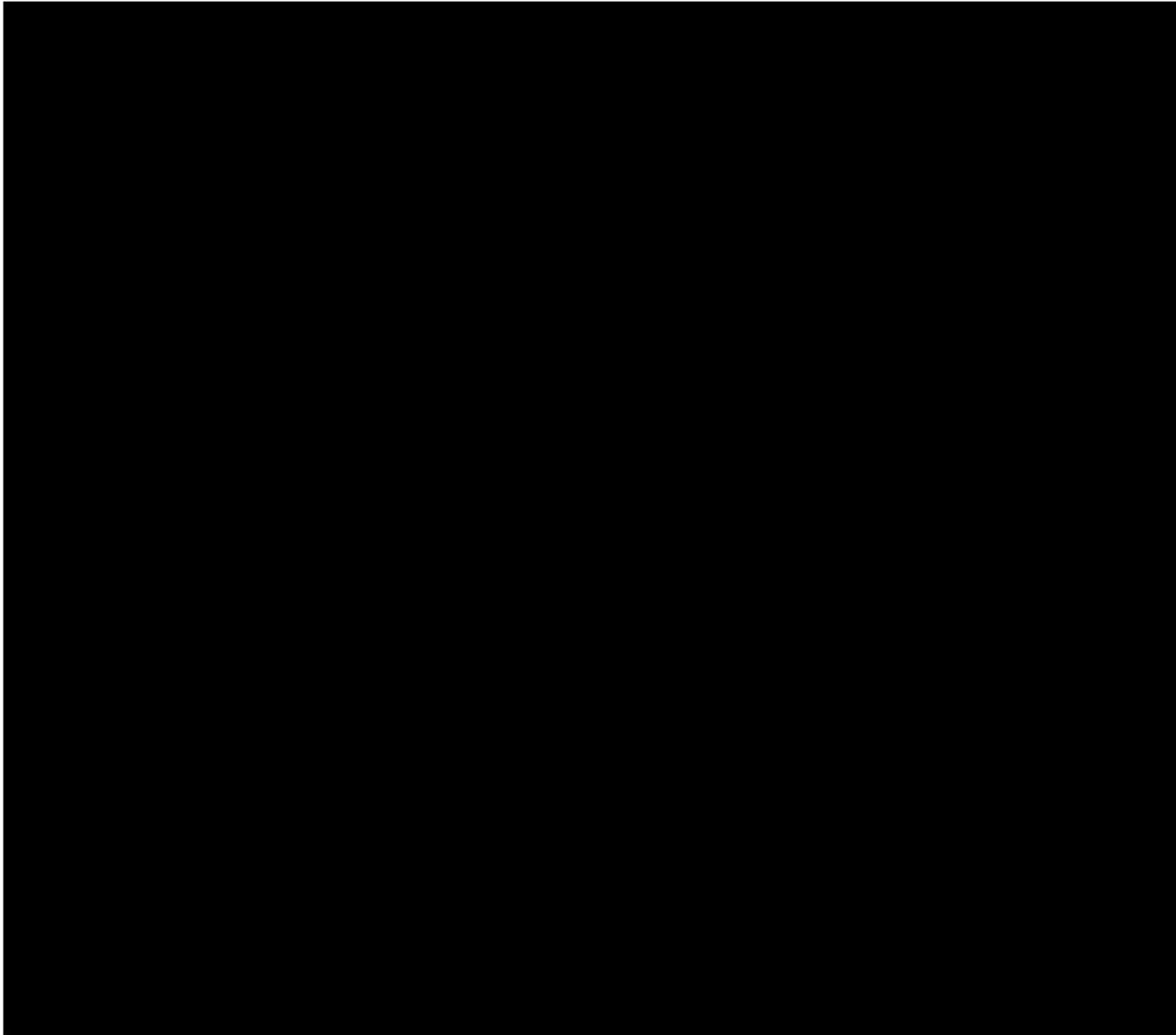
Appendix 6. Prohibited Concomitant Medication List

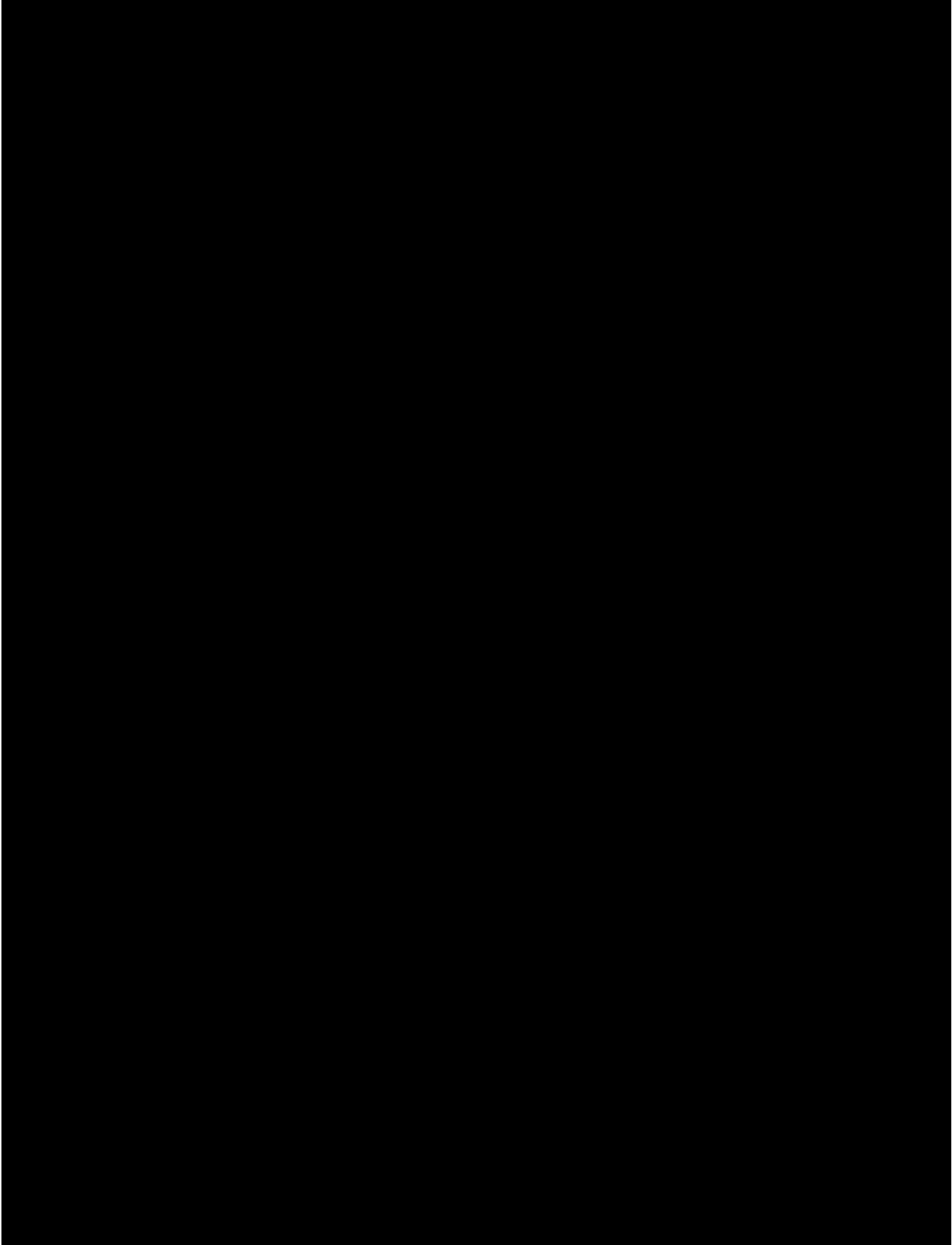
- Aminoglycoside antibiotics
- Baclofen
- Benzodiazepines
- Botulinum toxin therapy of any serotype
- Cannabinoids
- Carisoprodol
- Chlormezanone
- Curariform drugs
- Dalfampridine
- Dantrolene
- Gabapentin for anti-spasticity indication
- Meprobamate
- Methocarbamol
- Neuroleptics such as tricyclic antidepressants and narcotics
- Orphenadrine
- Cyclobenzaprine
- Tizanidine
- Tolperisone

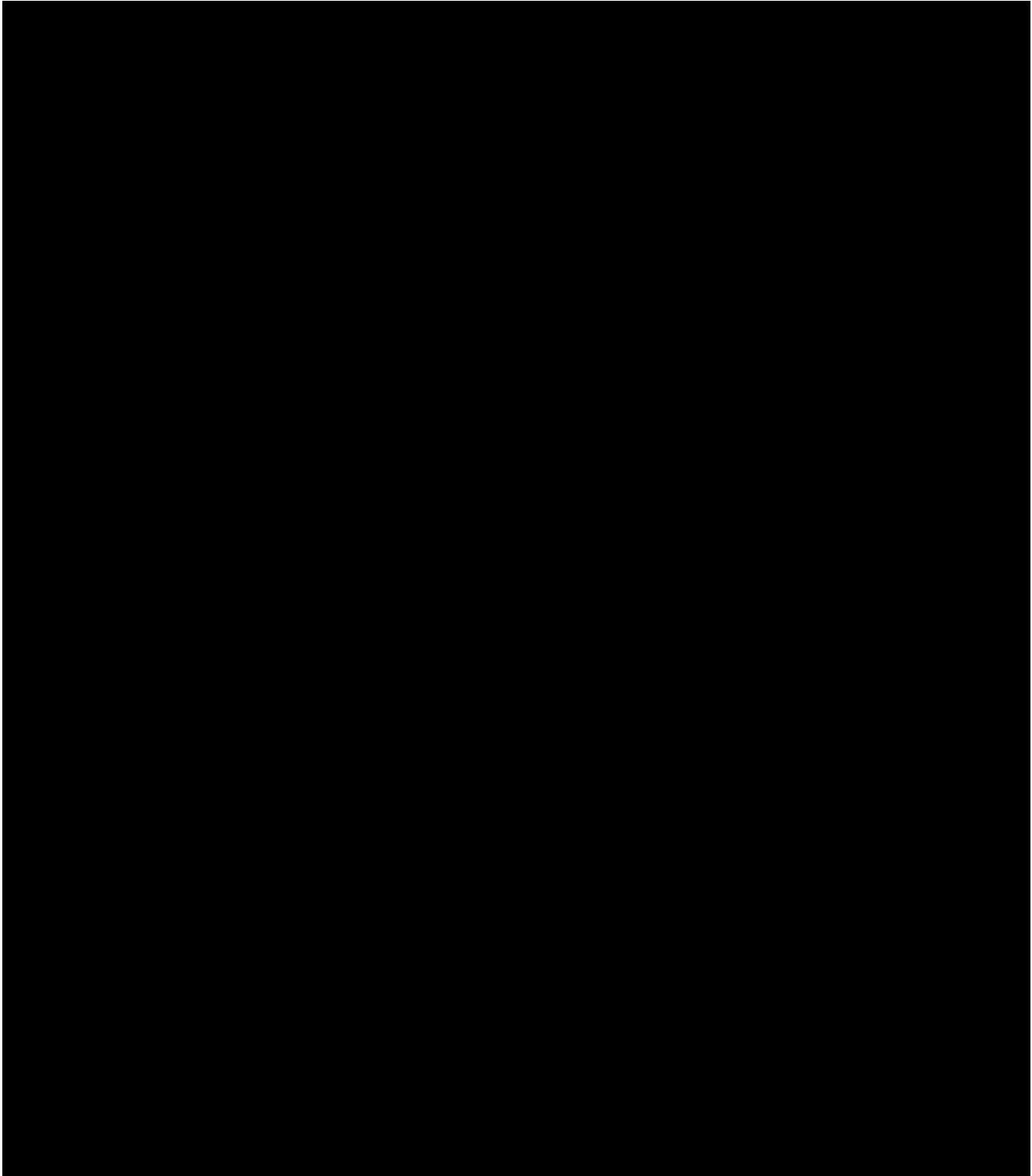
Appendix 7. Urinary Symptom Profile Questionnaire

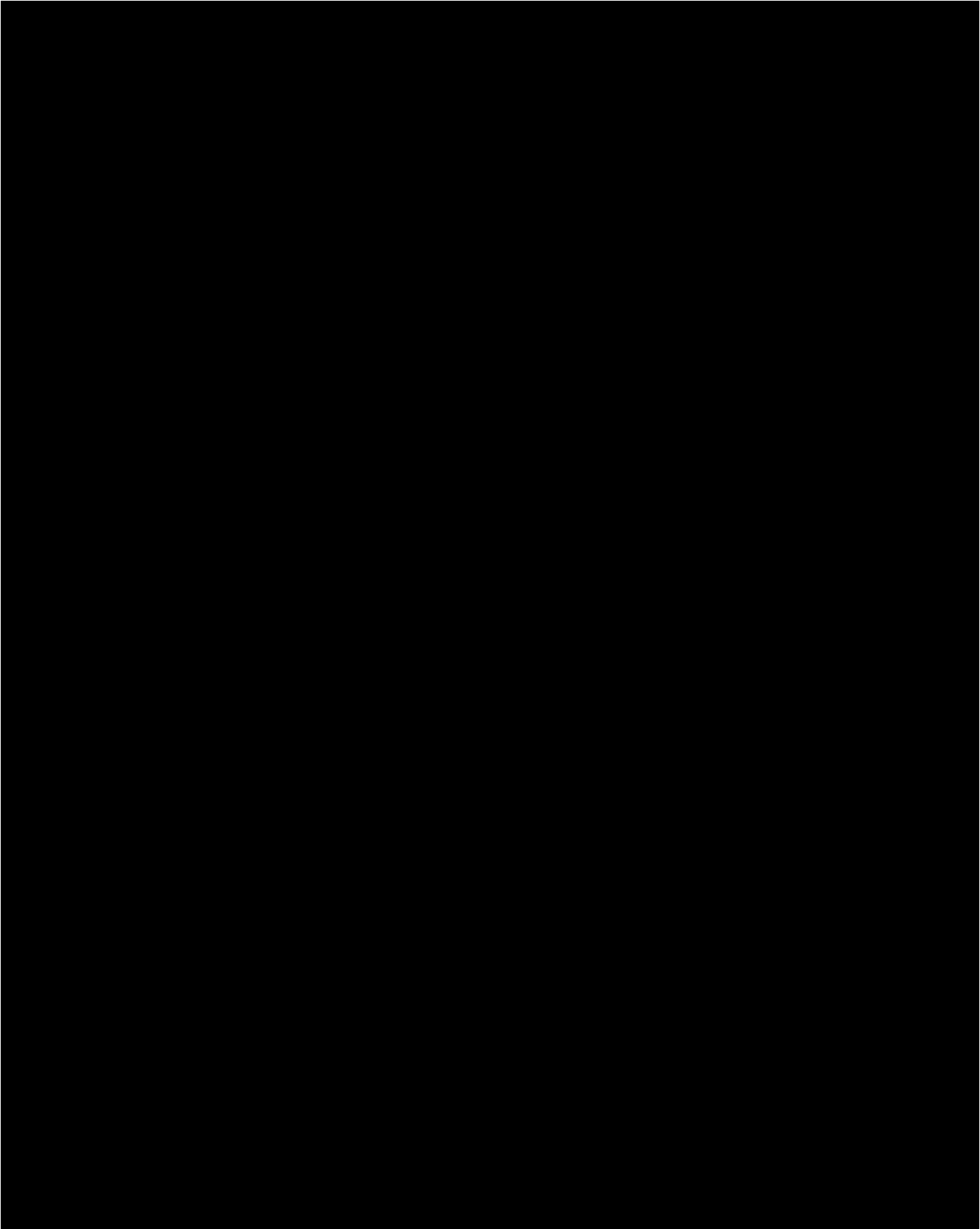
Urinary Symptom Profile - USP[®]



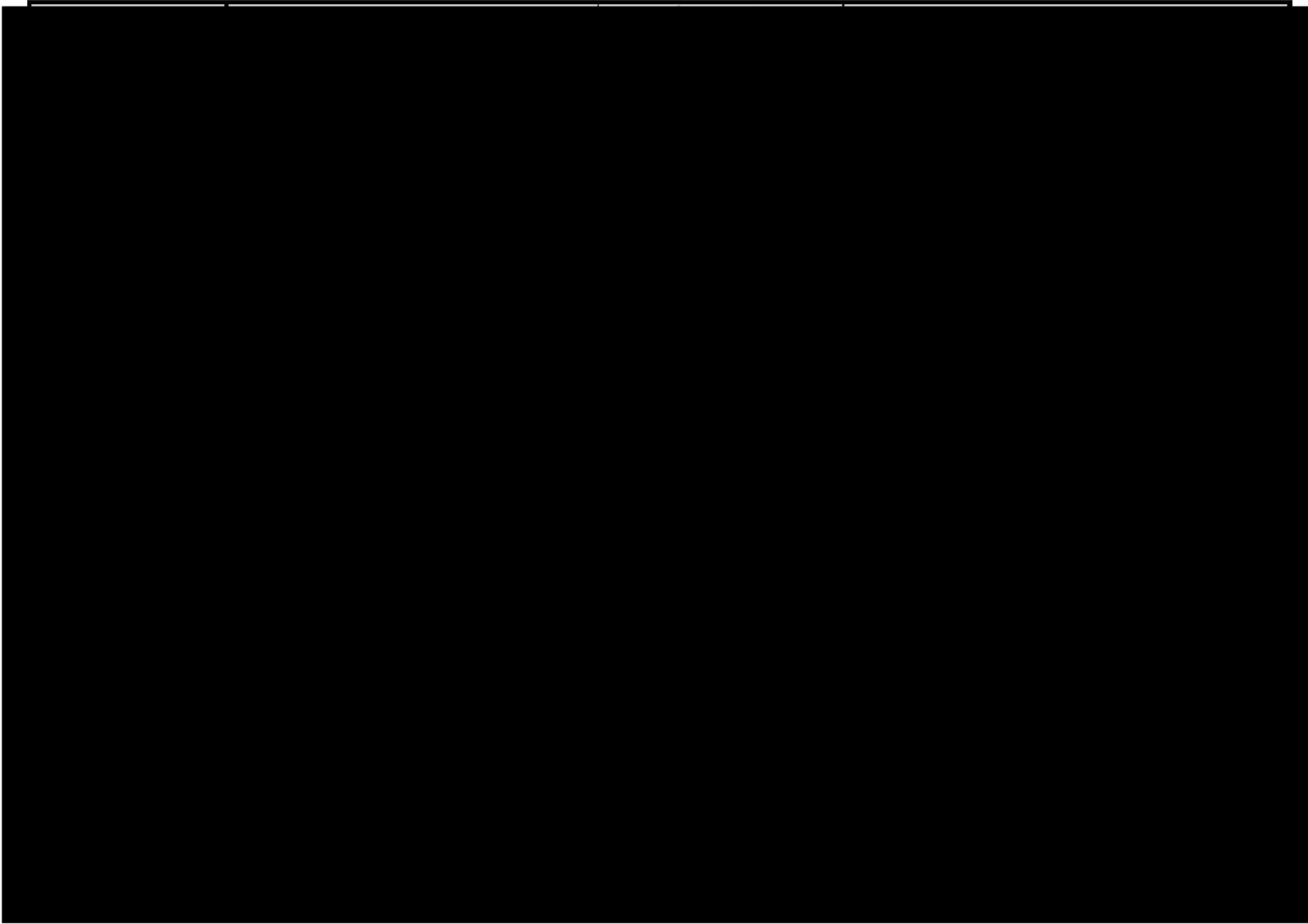


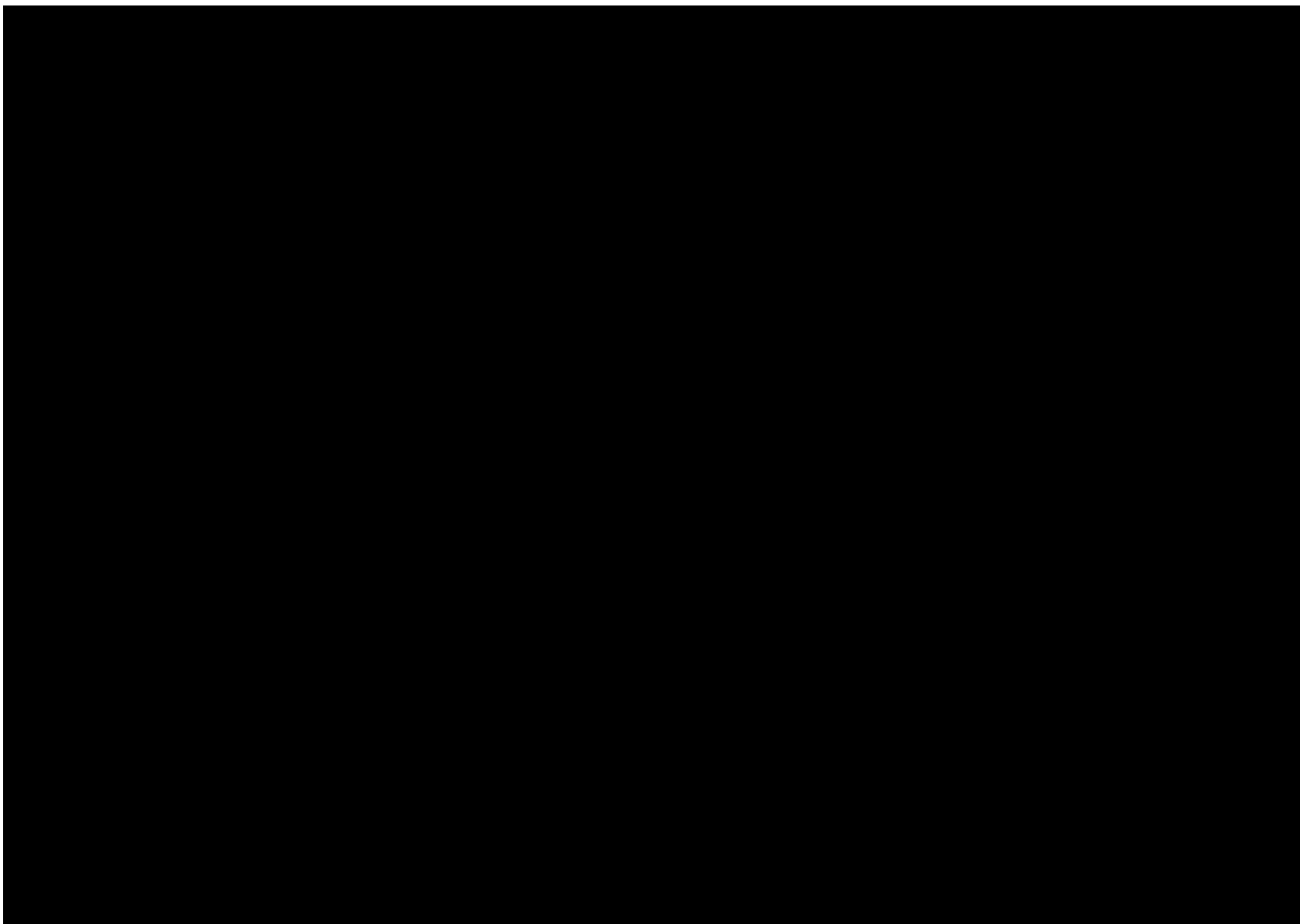


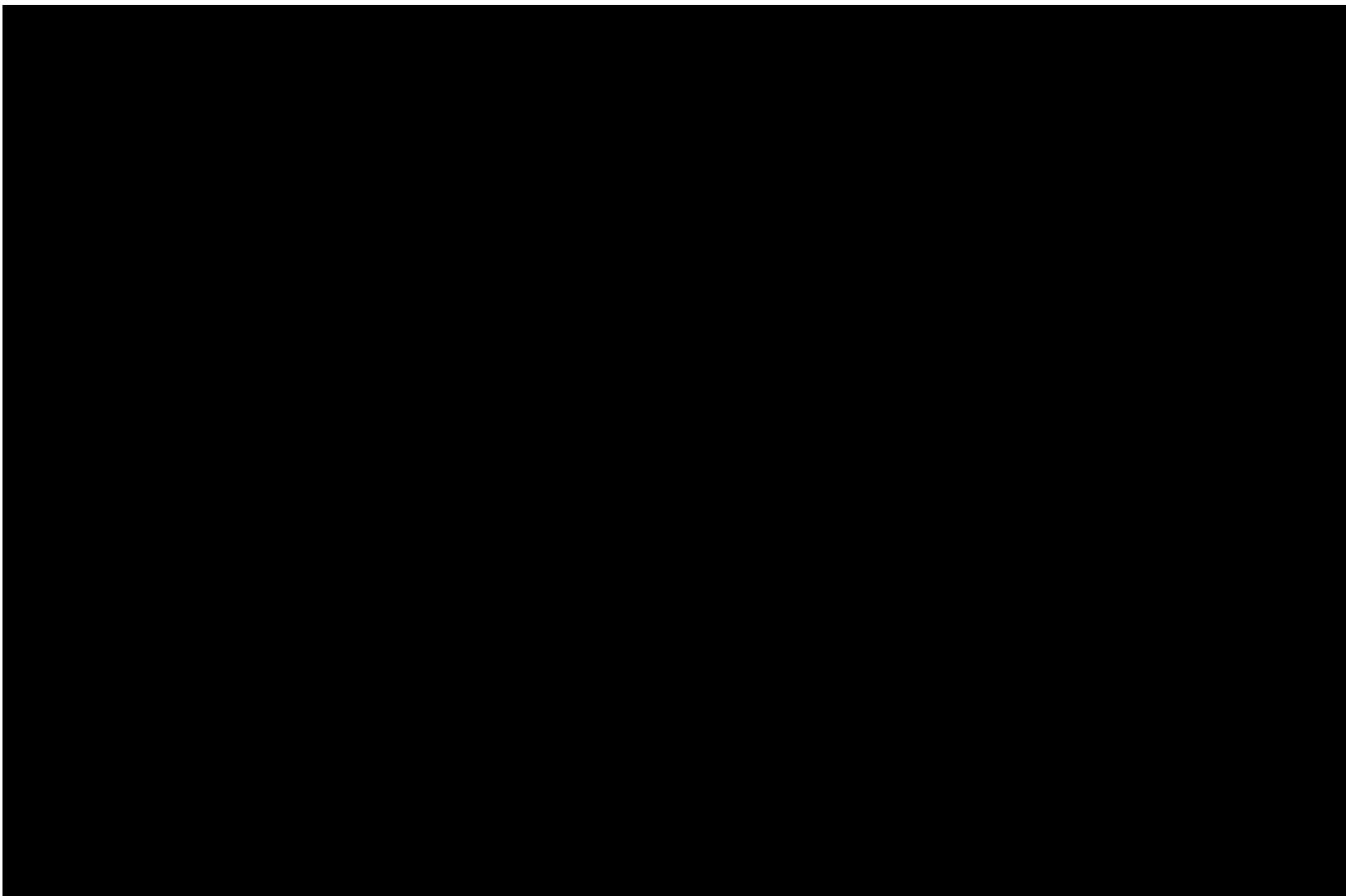




Appendix 8. [REDACTED]







Appendix 9. Summary of Changes

