

Informed Consent to the research protocol

Dr. Stavroula Rakitzi, a clinical psychologist and cognitive behavioral psychotherapist, and Mrs. Polyxeni Georgila, M.D., psychiatrist, apply a group cognitive behavioral rehabilitation psychotherapy, in which the Integrated Psychological Therapy & Metacognitive Training treatments will be implemented. These treatments aim to improve cognitive functions, symptoms, social and problem-solving skills, as well as restructuring of negative thoughts. These groups will start on 28. 11. 2022 and will take place twice a week in one-hour sessions. They will last 60 sessions. Psychological tests will be administered before the start of the treatment, after the intervention and 6 months after the end of the intervention. Up to 5 excused absences are allowed. The goal of these groups is to improve quality of life and rehabilitation. At the same time, the effectiveness of this intervention will be investigated. This means that the test results will be used for statistical analysis in order to investigate the effectiveness of the treatment. Results will be anonymous and no personal data will be displayed from any individual participating in the groups. I will let you know about the results. My participation in these groups is voluntary. I certify that I have been informed of the above and that I agree with them.

Athens,

Name-surname

Signature